

# **Swim Wales Long Course Championships 2018**

Closed event

March 30th - April 2nd 2018

#SWLC18





#### Our Vision

A world leading National Governing Body delivering excellence, **inspiring** our nation to **enjoy**, **participate**, **learn** and **compete** in Welsh aquatics.

#### Ein Gweledigaet

Corff Llywodraethu blaenllaw sy'n cynnig rhagoriaeth, gan **ysbrydoli** cenedl i **fwynhau**, **cymryd rhan**, **dysgu** a **chystadlu** mewn campau dŵr yng Nghymru

# **Meet Summary**

Swim Wales National Long Course Championships is a level 1 Closed Long Course (50m) meet aimed at top ranking swimmers including para-swimmers. There will be no separate multi classification events however there will be entry times allocated for para-swim classifications for integration into event heats.

All meet information can be found at the following webpage:

http://www.swimwales.org/events/swim-wales-long-course-championships-2018

License No: 1WL180090

Venue: Wales National Pool, Swansea, SA2 8QG. Please use the following web link for all information relating to the venue including car parking fees, on site facilities and general venue information

http://www.walesnationalpoolswansea.co.uk/about/eventspoolclosures/

# **Entry Criteria**

Entry will only be accepted from competitors who hold a valid membership of Swim Wales. Entry will be by means of an online system requiring instant payment via PayPal, debit/credit card.

Para swimmer entries must be submitted manually by completing an entry form and emailing to <a href="mailto:events@swimming.org">events@swimming.org</a> these must be received by 4pm Friday 3<sup>rd</sup> March.

Entry will open: 9am 2<sup>nd</sup> February. Entry will close: 4pm 2<sup>nd</sup> March.

All competitors must have equaled or bettered the published qualifying times in a designated or licensed Swim Wales, Swim England or SASA meet. Qualifying times will be accepted from 1<sup>st</sup> April 2017 from Long Course and Short Course events. We will not accept; converted, split or relay times. The times used at the point of entry will be used during the event and we will not amend, update or alter times after the entry process.

In the event of oversubscription of the meet, Swim Wales reserve the right to scratch entries based on times. Entries are not confirmed until the draft entry list is published after close of entries.

#### **Fees**

Individual event: £10.00

Relay event (per team): £18.00

Chaperone passes can be applied for free of charge for swimmers S2-S4 & S11

Coach/Team Manager poolside pass: £20 per application. The deadline for applications 31<sup>st</sup> of March. Applications received after this date will not be processed. Applicants must have a Swim Wales/Swim England/SASA membership number and in-date DBS clearance.

Spectators: £5 per day, weekend pass £15\*

\*Concessionary tickets are available for students, over 60's and disabled spectators. Tickets are non-refundable. Children under 14 are free

### **Event Summary**

### Age Bands

Male and Female: 11/12, 13/14, 15/16, 17 & over (as of 31<sup>st</sup> December 2018) Heats will be swum seeded by time regardless of age. Finals will be swum as double age bands.

# **Qualifying times**

Times will be taken at the point of entry from rankings and will not be updated or amended after entry is submitted. We will not accept; converted, split or relay times. Long course and short course time will be accepted for this meet.

Long course times will be taken as priority, if a swimmer does not have a qualifying LC time, the short course time will be used and converted to LC, which will be published in the draft entry list after close of entries.

It is the swimmers responsibility to check the draft entry list and inform event management of discrepancies or errors. Any discrepancies must be raised within the indicated window. Entries will not be taken on a first come first served basis for this event, all entries that meet the required consideration times will be considered.

In the event of oversubscription of the meet, Swim Wales reserve the right to scratch entries based on times. Entries are not confirmed until the draft entry list is published after close of entries.

Please see separate document for the long course and short course consideration times.

For MC entries please use the manual application form available 'Para Entries':

# **Event Schedule**

Friday	Saturday	Sunday	Monday
Morning heats	Morning heats	Morning heats	Morning heats
15/16, 17+	15/16, 17+	15/16, 17+	15/16, 17+
1) M 50m Breaststroke	17) M 200m Freestyle	33) M 100m Freestyle	51) M 50m Freestyle
2) F 50m Breaststroke	18) F 200m Freestyle	34) F 100m Freestyle	52) F 50m Freestyle
3) M 200m Backstroke	19) M 100m Breaststroke	35) M 200m Butterfly	53) M 200m Breaststroke
4) F 200m Backstroke	20) F 100m Breaststroke	36) F 200m Butterfly	54) F 200m Breaststroke
5) M 100m Butterfly	21) M 100m Backstroke	37) M 50m Backstroke	55) M 50m Butterfly
6) F 100m Butterfly	22) F 100m Backstroke	38) F 50m Backstroke	56) F 50m Butterfly
7) M 400m FC (HDW)	23) M 400m IM (HDW)	39) M 200m IM	57) F 800m Freestyle (HDW)
8) F 400m FC (HDW)	24) F 400m IM (HDW)	40) F 200m IM	
		41) M 1500m Freestyle (HDW)	
Afternoon heats	Afternoon heats	Afternoon heats	Afternoon heats
11/12, 13/14	11/12, 13/14	11/12, 13/14	11/12, 13/14
9) M 50m Breaststroke	25) M 200m Freestyle	42) M 100m Freestyle	58) M 50m Freestyle
10) F 50m Breaststroke	26) F 200m Freestyle	43) F 100m Freestyle	59) F 50m Freestyle
11) M 200m Backstroke	27) M 100m Breaststroke	44) M 200m Butterfly	60) M 200m Breaststroke
12) F 200m Backstroke	28) F 100m Breaststroke	45) F 200m Butterfly	61) F 200m Breaststroke
13) M 100m Butterfly	29) M 100m Backstroke	46) M 50m Backstroke	62) M 50m Butterfly
14) F 100m Butterfly	30) F 100m Backstroke	47) F 50m Backstroke	63) F 50m Butterfly
15) M 400m FC (HDW)	31) M 400m IM (HDW)	48) M 200m IM	64) F 800m Freestyle (HDW)
16) F 400m FC (HDW)	32) F 400m IM (HDW)	49) F 200m IM	
		50) M 1500m Freestyle (HDW)	
Evening finals	Evening finals	Evening finals	Evening finals
All events: 11/12, 13/14, 15/16, 17+			
M 50m Breaststroke	M 200m Freestyle finals	M 100m Freestyle finals	M 50m Freestyle finals
F 50m Breaststroke finals	F 200m Freestyle finals	F 100m Freestyle finals	F 50m Freestyle finals
M 200m Backstroke finals	M 100m Breaststroke finals	M 200m Butterfly finals	M 200m Breaststroke finals
F 200m Backstroke finals	F 100m Breaststroke finals	F 200m Butterfly finals	F 200m Breaststroke finals
M 100m Butterfly finals	M 100m Backstroke finals	M 50m Backstroke finals	M 50m Butterfly finals
F 100m Butterfly finals	F 100m Backstroke finals	F 50m Backstroke finals	F 50m Butterfly finals
		M 200m IM finals	
65) M 11 – 13 yrs 4 x 100m Medley Relay	71) M 11 – 13 yrs 4 x 100m Freestyle Relay	F 200m IM finals	79) M 14 - 16 yrs 4 x 100m Freestyle Relay
66) F 11 – 13 yrs 4 x 100m Medley Relay	72) F 11 – 13 yrs 4 x 100m Freestyle Relay		80) F 14 - 16 yrs 4 x 100m Freestyle Relay
67) M 14 - 16 yrs 4 x 200m Freestyle Relay	73) M 14 - 16 yrs 4 x 100m Medley Relay	77) M 11 – 13 yrs 4 x 200m Freestyle Relay	81) M 17 & over 4 x 100m Medley Relay
68) F 14 - 16 yrs 4 x 200m Freestyle Relay	74) F 14 - 16 yrs 4 x 100m Medley Relay	78) F 11 – 13 yrs 4 x 200m Freestyle Relay	82) F 17 & over 4 x 100m Medley Relay
69) M 17 & over 4 x 100m Freestyle Relay	75) M 17 & over 4 x 200m Freestyle Relay		
70) F 17 & over 4 x 100m Freestyle Relay	76) F 17 & over 4 x 200m Freestyle Relay		

### Medals and awards

Medals will be awarded to swimmers placed first, second and third in each age band (11/12, 13/14, 15/16, 17+) for all individual events.

## **Entry Conditions**

### **Meet Conditions**

- All competitors must have equaled or bettered the entry qualifying time in an event designated or licensed by Swim Wales, Swim England or SASA. Times must be long course or short course and achieved on or after 1<sup>st</sup> April 2017. Converted, split or relay times will not be accepted.
- 2. The most current ranking time will be used at the point of entry and times will not be altered or updated after entry has been accepted.
- 3. The National Administrator may request validation of any stated entry time.
- 4. In the event of over subscription for a particular event, scratches will be made in the order of slowest to fastest entry time and refunds will be issued.

### Relays

Clubs may enter an A and a B relay team per event, but a swimmer is only allowed to swim in either the A or the B team. Relay forms must be submitted by the end of the FIRST warm-up session on the day of the relay events:

65, 66, 67, 68, 69, 70 sign in by 9am Friday

71, 72, 73, 74, 75, 76 sign in by 9 am Saturday

77, 78 sign in by 9am Sunday

79, 80, 81, 82 sign in by 9am Monday

Failure to do so may result in the disqualification of the team. A separate form must be completed for EACH team per event. Swimmers names must be submitted in the swimming order. Relay teams failing to swim in the submitted order will be disqualified. If it can be proved to the referee that a member of a Relay Team is incapacitated through ill health or accident, the referee may use his/her discretion and allow a substitute to swim.

Relay entries must be submitted via the manual form (available online) before the 2<sup>nd</sup> of March at 4pm and will be invoiced for payment.

### General conditions

General meet conditions can be found on the meet webpage. By entering this event you are agreeing to the general and meet specific conditions. Please ensure these are read before entering the meet.

### **Meet Administration**

Coaches/Team Managers will not be allowed on poolside without a valid meet pass. All applicants must hold a current Swim Wales/ Swim England / SASA membership and CRB/DBS check. Annual Coaches Passes issued to Welsh Clubs can be used at this event.

# **Competition Pass costs:**

One pass - £20

An application form can be found on the meet webpage. Closing date for applications is 19<sup>th</sup> March 2018.

### Refunds:

Refunds for entry fees only will be processed on the receipt of a completed medical withdrawal application accompanied with a valid doctor's note (signed by an appropriate consultant/doctor on headed paper). Applications for medical withdrawals must be received before 9am on the 1st of December to qualify for refund. Refunds will not be processed for withdrawals on non-medical grounds.

# Marshalling:

#### Heats:

Swimmers must report to poolside marshalling located adjacent to the changing village entrance. Swimmers should follow the directions given by the marshal. It is the swimmers responsibility to report in good time.

#### Call room:

Call room marshalling for finals is located in the middle of the changing village. It is the swimmer responsibility to report to the call room. Swimmers must report to the call room and wait for their race to be called. Failure to do so will result in a disqualification deemed as a withdrawal. Swimmers who fail to report to the call room or fail to withdraw will be fined £50 as per meet conditions. Swimmers are recommended to attend the call room 6 races before their race. Coaches/Chaperones are not permitted into the call room.

# Swim Wales Film and Photography Policy

Please be advised that photographs and videos may be taken at this event.

Swim Wales are aware of the wide range of devices including mobile telephones which have photographic and filming capabilities. This enables the capture of both static and moving images. Used responsibly, such devices are perfectly safe, but sharing images widely may betray a confidence or identity of a child/children which may present a risk of harm to the child/children concerned. The use of such equipment is difficult to control but we can all be vigilant. If you have any concerns or safeguarding queries, please bring them to the immediate attention of the event management team situated at the enquiries desk. Swim Wales may use photographs taken at this event as promotional material and used across public forums including their website and social media accounts, and possibly the local press and television. Should you wish to refuse photographic permission please contact the event management team on site. The full swim Wales photography guidance policy can be found at the enquiries desk or on the Swim Wales website.

# Polisi Ffotograffiaeth a Ffilmio Nofio Cymru

Er gwybodaeth, gall lluniau a fideos gael eu tynnu yn y gystadleuaeth yma.

Mae Nofio Cymru yn ymwybodol o ddyfeisiau amrywiol gan gynnwys ffonau symudol sy'n gallu tynnu lluniau a ffilmio. Mae hyn yn galluogi tynnu lluniau a delweddau disymud a symudol. Pan maent yn cael eu defnyddio'n gyfrifol, mae'r dyfeisiau o'r fath yn ddiogel iawn, ond gall rhannu lluniau yn llydan ddatgelu gwybodaeth bersonol am y plentyn/plant sy'n gallu achosi perygl o niwed iddynt. Mae defnyddio offer o'r fath yn anodd ei reoli ond gallem i gyd fod yn wyliadwrus. Os oes gennych unrhyw bryder neu ymholiad ynglŷn â diogelwch, dewch â nhw yn uniongyrchol i'r tîm rheoli digwyddiadau sydd wedi ei leoli ar y ddesg ymholiadau. Nofio Cymru ddefnyddio lluniau wedi eu tynnu yn y gystadleuaeth fel deunydd hyrwyddo ac ar draws fforymau cyhoeddus gan gynnwys eu gwefan a chyfrifon cyfryngau cymdeithasol, ac o bosib yn y wasg leol neu deledu. Os nad ydych yn caniatáu tynnu lluniau o'ch plentyn/plant, cysylltwch â'r tîm rheoli digwyddiadau ar y safle. I weld polisi ffotograffiaeth lawn Nofio Cymru, ewch i'r ddesg ymholiadau neu i wefan Nofio Cymru.

### **General Information**

### Car Park:

The Wales National Pool Swansea has a car park facilities on site. This is managed by the WNPS site staff. The car park facility is limited and events can fill the car park quickly. Please be aware that the car park is busy on event days. Swim Wales advises that drop off's and pick up's are arranged where possible to minimize cars on site.

Swim Wales has an allocated car park area for staff and volunteers, including officials. It is important that these spaces are reserved for staff and volunteers to ensure smooth running of the meet. Please do not park in these reserved spaces.

### Social Media:

Swim Wales would like to share your experience with us on social media, tweet and tag us in your photos and results using #SWWC17 @SwimWales

Photos may be used in Swim Wales communications including newsletters, website and social media.

By attending Swim Wales Meets, individuals are agreeing to adhere to the Swim Wales Media policy. This ensures that the use of social media whilst attending the meet is appropriate and safe. Clubs are responsible for the behaviour of their member, swimmers and supporters. Inappropriate behaviour will be dealt with accordingly.

### **Behaviour and Attitude:**

Swim Wales has a zero tolerance policy on negative behaviour at meets. Disrespectful and poor attitude resulting in unacceptable behaviour will not be tolerated. All those on site including swimmers, parents, coaches and clubs are expected to behaviour in an appropriate manner, respectful of officials, volunteers, staff and others. Swim Wales holds the right to ask those behaving inappropriately to leave the event and/or meet if deemed necessary. Refund will not be issued for dismissal from an event. The right to remove swimmers and/or clubs from the meet is held by the meet manager and senior team of officials. We ask that you remind your swimmers of the above policy and remain vigilant throughout the meet. Please report any inappropriate behaviour to a member of staff on site.

## Jewellery:

For safety and security reasons, the wearing of jewellery is not permitted while in the water during warm-ups / swim-downs and / or competition. This includes watches, necklaces, chains, bangles, wrist bands, ear-rings (except studs), and rings (except wedding bands). Swim Wales will not be responsible for any jewellery brought to events and will not be liable if such jewellery is lost or damaged.

### Officials and Volunteers

Swim Wales invites officials and volunteers to support this meet. Official's applications can be found on the event webpage, positions are open to those qualified from Time-keeper to Referee. Volunteer roles include marshalling, announcing, call room duties, front of house and many more. Application forms can be found online. For more information please contact <a href="mailto:events@swimming.org">events@swimming.org</a>

All of our volunteers and officials are provided with event kit, refreshments, meals and expenses claims. The Swim Wales volunteer expenses policy can be found on the website.