



Open Water 'Big Bala Bash' Timeline

(Draft subject to change)

Registration will be open from Friday, you must register before your race briefing. **Registration is located in the Bala Rugby Club.**

Briefing is located in the leisure centre outbuilding. Briefing must be attended; non-attendance will result in no swim.

- 5 and 3km briefing 10.30 am
- 5 and 3km warm up 11am
- 5 and 3km race start 11.30am
- 5 and 3km race end 1pm

- 2km briefing 12 midday
- 2km warm up 1pm
- 2km race start 1.30pm
- 2km race end 2.45

- Open race briefing 1.45pm
- Open race warm up 2.15pm
- Open race starts 2.45pm
- Open race end 4.45pm