# Swimmer's Reserved Seeting.

| | | |
|---|---|---|
| Newport | HVSC | Aber tillery |

| Control Room | First Aid Room |
|---|---|

Changing Village

Marshalling

| Merthyr | Cwmbran |
|---|---|
| Stratford | Tredegar |

| Monnow | Swansea | Severnside |
|---|---|---|
| | Lydney | |

Cardiff