



Club Championships

2016

On

1st, 2nd & 4th of October 2016

Licence Number: WL161577, WL161578

(Under FINA Technical Rules & Swim Wales Laws)

SOUTH EAST WALES REGIONAL POOL

**NEWPORT INTERNATIONAL SPORTS VILLAGE**

Velodrome Way

NEWPORT

NP19 4RA

**Closing Date**

**6th of September 2016**

|  |
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| **City of Newport Swimming Club’s Club Championship.**  **1st, 2nd & 4th of October 2016**  (under FINA Technical Rules and SWIM WALES Laws)  **NEWPORT INTERNATIONAL SPORTS VILLAGE** |

**MEET INFORMATION**

**EVENTS (All Events are HDW)**

Ages are as at 4th of October 2016

8 & Under: 25m Freestyle, 25m Backstroke, 25m Breaststroke, 25m Butterfly,

9 & Under: 100m I.M

9 & Over: 50m Freestyle, 50m Backstroke, 50m Breaststroke, 50m Butterfly, 100m Freestyle, 100m Backstroke, 100m Breaststroke, 100m Butterfly, 200m Freestyle, 200m Backstroke, 200m Breaststroke, 200m Butterfly, 400m Freestyle, 800m Freestyle (Girls), 1500m Freestyle (Boys), 200m I.M., 400m I.M.

Pentathlon Qualifying Events.

Girls & Boys 8 & Under 25m Freestyle, 25m Backstroke, 25m Breaststroke, 25m Butterfly, 100m I.M.

Girls & Boys 9 50m Freestyle, 50m Backstroke, 50m Breaststroke, 50m Butterfly, 100m I.M.

Girls & Boys 10 & Over 100m Freestyle, 100m Backstroke, 100m Breaststroke, 100m Butterfly, 200m I.M.

Entry fees: events £3.50 each or all five Pentathlon events £15.00

**MEDALS AND AWARDS**

Age groups for Medal purposes will be: - 8 & Under, 9, 10, 11/12, 13/14, 15 & Over. Medals will be awarded for 1st – 3rd places in all age group categories. Participation medals will be awarded to all 8 & Under swimmers finishing below 3rd place. Additional awards will be made to Best Male, and Best Female (Pentathlon) in each age group (The additional awards will be presented at the presentation evening.).

**SPECTATORS**

Admission charges £3.50 a day

Programmes will be available to purchase £1.50

**CAR PARKING**

There is on-site parking available at the Pool

**REFRESHMENTS**

There is a cafeteria selling snacks and drinks etc. Vending machines are also available. We have no control over these facilities.

The Newport Cricket Club also offers refreshments

**MOBILE PHONES**

Mobile phones **must not** be used in the building.

**ENTRIES**

Qualifying and Consideration times will not be used. Entry times are only to enable accurate seeding of the meet.

Entry times may be submitted as short course or long course times, using the Hy-Tek entry file, but will be converted to short course times using Hy-Tek’s Meet Manager software. Please do not convert long course times manually.

Estimated times are not permitted.

All entries must be completed in full and returned together with the relevant entry fee and summary sheet through your club to Mr Chris Jones,

The promoter reserves the right to reject entries for the following reasons:

* They are received without the relevant fee
* Incorrectly completed
* Received after the closing date of **6th of September 2016**
* Current Registration number not included
* Entry times outside the qualifying criteria

**MEET OFFICE**

A Meet Office will be open for the duration of the Meet.

**SESSION TIMES**

To be confirmed following receipt of entries.

**GENERAL CONDITIONS and MEET PROCEDURE**

**1. THE PROMOTERS.**

a) The Promoter of this event is City of Newport Swimming Club

b) The promoter can be contacted by e mailat christopher.jones@ntlworld.com

c) The Meet will be swum under FINA Technical Rules and Swim Wales Laws and Disciplinary Code

d) No alcohol or tobacco advertising is permitted on any clothing.

e) All decisions made by the Lead Referee will be final and binding.

**2. EVENTS**

a) Events will take place as shown on the attached programme of events.

b) The Promoters reserve the right to amend the programme of events, to restrict/reject entries if the Meet is

oversubscribed. Should these changes be necessary, prior notice will be given.

c) Time trials will not be permitted.

**3. ENTRIES**

a) All entries shall be returned to your coach or Chris Jones or sent to christopher.jones@ntlworld.com

by the relevant closing date, accompanied by the appropriate entry fee.

c) The promoters may request validation of any stated entry time.

d) Long Course Entry Times will be converted to Short Course by Hy-Tek.

**4. WITHDRAWALS**

a) Competitors who wish to withdraw from an event must do so by notifying either their coach or Chris Jones

by e-mail to christopher.jones@ntlworld.com or during the meet at the Meet Office.

**5. TROPHIES AND MEDALS**

a) Placing of competitors shall be determined from performances following all HDW events.

b) Medals will be awarded for 1st – 3rd places in all age group categories.

c) There will be awards for Top Male and Top Female over the weekend based on FINA points, (Awards to be presented at the presentation evening).

**6. PRESENTATIONS**

a) The Lead Referee may decide to carry out presentations during the session.

b) Competitors must report to the Presentation Marshall immediately after announcements have been made.

c)Appropriate clothing, e.g. tracksuit, T-shirt and suitable footwear must be worn for the presentation.

d) Awards may not be presented if a swimmer is inappropriately dressed.

**7. OFFICIALS and VOLUNTEER HELPERS**

a) Meals and refreshments will be provided.

b) Officials will be required to follow the protocol which can be downloaded from the Swim Wales web site

**8. HEATS**

a) Events will be swum in heats, slowest to fastest, with every heat spearheaded

b) A Meet Programme will be available at the start of the Meet to Coaches and Team Managers

c) Coaches should ensure swimmers make themselves available for marshalling at least 2 events prior to the

event in which they are competing. Please do not rely on the public address system.

**9. STARTS**

a) Over the top starts will, where necessary or appropriate, be used during the Meet.

**10. HEALTH & SAFETY**

a) All competitors are required to ensure that they observe all safety announcements and conduct themselves

with safety in mind at all times.

b) It is the responsibility of the swimmer and/or parent/guardian/coach to declare to the referee any disability or

medical condition that could present a health or safety risk.

c) If such a disability or medical condition exists, swimmers must produce a medical note confirming that their

participation presents no health or safety problems.

d) Footwear MUST be worn on poolside, on the Balcony and throughout the building.

e) Swimmers are advised not to use the elevators without an adult.

f) Stairways on the spectator’s area are to be kept CLEAR at ALL TIMES and should not be used to sit on.

Anyone sitting or leaving bags in the stairways will be asked to move.

g) An anticlockwise one-way system will be in force on the poolside

h) The health, safety and wellbeing of all swimmers, officials, volunteers, spectators and visitors is paramount –

all Health and Safety rules / regulations/ requirements must be complied with at all times.

i) A full risk assessment must be carried out in accordance with the Swim Wales Meet License Report Pack.

j) A copy of the Pool Operating Procedures and / or the Normal Operating Procedures & Emergency Action Plan for the facility being hired for a meet is available from the duty manager throughout the duration of the Meet

All swimmers, officials, volunteers, spectators, and visitors are required, at all times, to abide by the rules set out in the Pool Operating Procedures and / or the Normal Operating Procedures & Emergency Action Plan for the facility hired for the meet.

k) Unacceptable Behaviour:

Behaviour becomes “unacceptable” when it is considered “Offensive” to others; this includes, but is not limited to, the following:

Theft, willful damage to property and / or equipment, acts of vandalism, abuse of alcohol and / or drugs, bullying, offensive language, aggressive / violent acts, threatening behavior, all breaches of safety practices, failure to comply with instructions / directions, actions that bring the sport of swimming into disrepute.

l) Competitive Start Award:

Swimmers must have attained the standard of the Competitive Start Award in order to start from the blocks; (this is the responsibility of the club coach).

Swimmers who have not attained the standard of the Competitive Start Award must lower themselves into over the side into the water, on the long whistle of the Referee before starting at an appropriate place.

m) Jewellery:

For safety and security reasons, the wearing of jewellery is not permitted while in the water during warm-ups / swim-downs and / or competition. This includes watches, necklaces, chains, bangles, wrist bands, ear-rings (except studs), and rings (except wedding bands).

Swim Wales will not be responsible for any jewellery brought to events and will not be liable if such jewellery is lost or damaged.

**11. CAMERA USE**

a) The use of **all** photographic equipment is controlled at this Meet and everyone is reminded that such equipment

should not be used without a pass.

b) Passes can be obtained (free of charge) from the entry desk upon proof of identity.Acceptable forms of ID are:

Photographic driving licence, passport, household bill for proof of address.You will be issued with a tag for your

photographic equipment and this must remain attached to the equipment within the Pool building. Equipment being

used without a pass will be removed. The records of camera use will be retained by City of Newport Swimming

Club.

c) Video and Photography:

When a competition involves children under the age of 18 years of age it is a mandatory meet license requirement that all persons (including competitors / officials / volunteers / spectators), wishing to engage in any kind of photographic activity including video, zoom, close range photography, irrespective of the nature of the device / equipment used for taking / recording such images must register their details with the event management in advance of taking any images.

This includes; but is not limited to:

Still cameras

Cine Cameras

Video cameras

Camera / video enabled mobile phones

Camera enabled PDA’s

Proof of identity is required to register any photographic / video equipment.

**12. DATA PROTECTION**

a) The Promoters, along with the Governing Body, may use computers to record entry times and results.

b) By submitting entries you are accepting the conditions and consent is hereby given for holding personal

information relating to the sport of Swimming as required by the current Data Protection Act.

**13. THE ORGANISERS**

a) reserves the right to return entries in the event of the competition being oversubscribed

b) reserves the right to remove any person found to be in contravention of 10 (k) above.

c) reserves the right to amend these conditions later if necessary, without notice,

d) reserves the right to cancel the event if the meet is undersubscribed



**Club Championships 2016**

**1st, 2nd & 4th of October 2016**

PROGRAMME OF EVENTS

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Saturday 1st of October** | |  | **Sunday 2nd of October** | |
| **Session 1 - Warm up TBC** | | **Session 3 - Warm up TBC** | |
| **Event** |  | **Event** |  |
| **1** | 9 & Over 400m Front Crawl Girls | **21** | 9 & Over 400m I.M. Girls |
| **2** | 9 & Over 400m Front Crawl Boys | **22** | 9 & Over 400m I.M. Boys |
| **3** | 9 & Over 100m Breast Girls | **23** | 9 years & under 100m IM Girls |
| **4** | 9 & Over 100m Breast Boys | **24** | 9 years & under 100m IM Boys |
| **5** | 9 & Over 50m Fly Girls | **25** | 9 & Over 50m Front Crawl Girls |
| **6** | 9 & Over 50m Fly Boys | **26** | 9 & Over 50m Front Crawl Boys |
| **7** | 9 & Over 200m Back Girls | **27** | 9 & Over 100m Back Girls |
| **8** | 9 & Over 200m Back Boys | **28** | 9 & Over 100m Back Boys |
| **9** | 8 years & under 25m Front Crawl Girls | **29** | 8 years & under 25m Breast Girls |
| **10** | 8 years & under 25m Front Crawl Boys | **30** | 8 years & under 25m Breast Boys |
| **Session 2 – Warm up TBC** | | **Session 4 – Warm up TBC** | |
| **11** | 8 years & under 25m Back Girls | **31** | 8 years & under 25m Fly Girls |
| **12** | 8 years & under 25m Back Boys | **32** | 8 years & under 25m Fly Boys |
| **13** | 9 & Over 200m Breast Girls | **33** | 9 & Over 200m IM Girls |
| **14** | 9 & Over 200m Breast Boys | **34** | 9 & Over 200m IM Boys |
| **15** | 9 & Over 100m Fly Girls | **35** | 9 & Over 50m Breast Girls |
| **16** | 9 & Over 100m Fly Boys | **36** | 9 & Over 50m Breast Boys |
| **17** | 9 & Over 50m Back Girls | **37** | 9 & Over 200m Fly Girls |
| **18** | 9 & Over 50m Back Boys | **38** | 9 & Over 200m Fly Boys |
| **19** | 9 & Over 200m Front Crawl Girls | **39** | 9 & Over 100m Front Crawl Girls |
| **20** | 9 & Over 200m Front Crawl Boys | **40** | 9 & Over 100m Front Crawl Boys |
|  |  | **Tuesday 4th of October** | |
|  |  | **Session 5 -Warm up TBC** | |
|  |  | **41** | 9 & Over 800m Front Crawl Girls |
|  |  |  | **42** | 9 & Over 1500m Front Crawl Boys |
|  |  |  |  |  |
|  |  |  |  |  |

**A short mid-session break might be inserted into sessions depending on entry levels, to allow swimmers adequate time between races.**

**City of Newport Swimming Club’s Club Championships.**

**1st, 2nd & 4th of October 2016**

**ENTRY FORM**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Last Name |  | | | First Name |  | | |
| Preferred Name | |  | | Email Address | |  | |
| WASA No |  | | D.O.B. |  | M/F | |  |
| Age (on 4th Oct 2016) | | |  | Tel |  | | |

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| |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | EVENT | EVENT NO: | ENTRY TIME\* | LC  √ | SC  √ | EVENT | EVENT NO: | ENTRY TIME\* | LC  √ | SC  √ | | Age 8 & Under | | | | | | | | | | | 25m Free |  |  |  |  | 25m Back |  |  |  |  | | 25m Breast |  |  |  |  | 25m Fly |  |  |  |  | | 100m I.M. |  |  |  |  |  |  |  |  |  | | Age 9 Only | | | | | | | | | | | 100m I.M. |  |  |  |  |  |  |  |  |  | | Age 9 & Over | | | | | | | | | | | 50m Free |  |  |  |  | 50m Breast |  |  |  |  | | 100m Free |  |  |  |  | 100m Breast |  |  |  |  | | 200m Free |  |  |  |  | 200m Breast |  |  |  |  | | 400m Free |  |  |  |  | 50m Fly |  |  |  |  | | 800m Free (Girls Only) |  |  |  |  | 100m Fly |  |  |  |  | | 1500m Free (Boys only) |  |  |  |  | 200m Fly |  |  |  |  | | 50m Back |  |  |  |  | 200m I.M. |  |  |  |  | | 100m Back |  |  |  |  | 400m I.M. |  |  |  |  | | 200m Back |  |  |  |  |  |  |  |  |  |   \* Please indicate Short Course (SH) or Long Course (LC) times. |

Pentathlon Qualifying Events.

Girls & Boys 8 & Under 25m Freestyle, 25m Backstroke, 25m Breaststroke, 25m Butterfly, 100m I.M.

Girls & Boys 9 50m Freestyle, 50m Backstroke, 50m Breaststroke, 50m Butterfly, 100m I.M.

Girls & Boys 10 & Over 100m Freestyle, 100m Backstroke, 100m Breaststroke, 100m Butterfly, 200m I.M.

Total number of swims ………Total Payable £…………

Events £3.50 each or all 5 **Pentathlon** events £15.00

**(Payment should be made to your Club**. Cheques to be made payable to City of Newport Swimming Club)

To be completed by the competitor:

I declare that the above information is correct and agree to abide by the Meet conditions.

I accept there will be no refund of entry fees, unless the Meet is oversubscribed.

Signature of Competitor/Parent:………………………………….. Date:……………….

Completed forms to be returned through your club to:

Chris Jones

**Closing Date: 6th of September 2016**

**City of Newport Swimming Club’s Club Championships.**

**1st, 2nd & 4th of October 2016**

WITHDRAWAL FORM

Name: ……………………………………………………………..…….

I wish to withdraw from the following events:

|  |  |  |  |
| --- | --- | --- | --- |
| Event number | Stroke | Distance | Reason |
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|  |  |  |  |

Signed: …………………………………………………

Date: ……………………………………………………

Received by: …………………………

Date: ………………………….. Time: ……………………………..

This form is to be sent to Chris Jones, at christopher.jones@ntlworld.com

or

handed into the Meet Office by the athlete or coach.

No refunds will be given.





Club Championships

2016

On

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Licence Number: WL161577, WL161578

(Under FINA Technical Rules & Swim Wales Laws)

SOUTH EAST WALES REGIONAL POOL

**NEWPORT INTERNATIONAL SPORTS VILLAGE**

Velodrome Way

NEWPORT

NP19 4RA

**Meet Programme**