



City of Newport Swimming & Waterpolo Club

Elite Consideration Times										
Age Consideration 14 & Over (Age at 31st Dec)										
Male					Long Course	Female				
14	15	16	17/18	19 +	Event	14	15	16	17/18	19 +
00:27.7	00:27.0	00:26.6	00:24.5	00:24.9	50 Free	00:29.4	00:29.3	00:29.0	00:28.6	00:28.2
01:00.4	00:58.7	00:57.6	00:55.4	00:54.3	100 Free	01:03.6	01:02.8	01:02.4	01:01.5	01:00.8
02:11.9	02:08.2	02:06.1	02:01.6	01:59.6	200 Free	02:17.8	02:16.0	02:15.0	02:12.6	02:11.7
04:39.9	04:32.6	04:29.2	04:20.4	04:18.1	400 Free	04:49.9	04:47.5	04:45.7	04:40.2	04:44.0
09:43.1	09:27.1	09:24.8	09:06.6	09:29.6	800 Free	09:55.4	09:50.2	09:48.2	09:41.4	09:51.2
18:24.7	18:01.8	17:50.5	17:24.8	17:29.7	1500 Free	19:11.9	19:08.7	18:57.4	19:07.8	20:55.9
00:35.2	00:34.1	00:33.5	00:32.0	00:31.2	50 Breast	00:37.1	00:37.0	00:36.5	00:36.0	00:35.8
01:17.0	01:15.3	01:13.7	01:10.1	01:08.1	100 Breast	01:21.1	01:20.3	01:20.0	01:18.2	01:17.7
02:47.1	02:43.3	02:41.0	02:33.1	02:29.4	200 Breast	02:54.1	02:53.6	02:52.8	02:49.8	02:50.0
00:29.9	00:29.0	00:28.5	00:27.4	00:26.7	50 Fly	00:31.4	00:31.1	00:30.9	00:30.2	00:30.1
01:06.5	01:04.3	01:02.9	01:00.4	00:58.7	100 Fly	01:09.8	01:09.2	01:08.4	01:06.9	01:06.6
02:28.9	02:24.4	02:21.6	02:15.5	02:13.1	200 Fly	02:35.1	02:34.5	02:32.9	02:29.0	02:33.4
00:31.8	00:30.9	00:30.3	00:29.3	00:28.9	50 Back	00:33.5	00:33.2	00:33.0	00:32.3	00:32.6
01:08.5	01:06.4	01:05.1	01:02.4	01:01.4	100 Back	01:11.5	01:10.7	01:10.1	01:08.7	01:08.6
02:27.7	02:23.9	02:20.8	02:16.1	02:16.6	200 Back	02:33.5	02:32.7	02:31.2	02:28.2	02:28.8
02:28.6	02:25.0	02:22.7	02:17.7	02:15.7	200 IM	02:35.8	02:34.0	02:33.1	02:30.5	02:30.8
05:16.2	05:10.4	05:05.7	04:56.5	04:56.4	400 IM	05:29.7	05:28.0	05:26.9	05:20.7	05:32.7

Elite Consideration Times										
Age Consideration 14 & Over (Age at 31st Dec)										
Male					Short Course	Female				
14	15	16	17/18	19 +	Event	14	15	16	17/18	19 +
00:27.2	00:26.5	00:26.1	00:24.0	00:24.4	50 Free	00:28.8	00:28.7	00:28.4	00:28.0	00:27.7
00:59.2	00:57.6	00:56.5	00:54.4	00:53.3	100 Free	01:02.4	01:01.6	01:01.2	01:00.4	00:59.6
02:09.4	02:05.8	02:03.7	01:59.3	01:57.3	200 Free	02:15.1	02:13.4	02:12.5	02:10.1	02:09.2
04:34.6	04:27.4	04:24.1	04:15.4	04:13.2	400 Free	04:44.4	04:42.0	04:40.3	04:34.9	04:38.6
09:32.0	09:16.3	09:14.0	08:56.2	09:18.8	800 Free	09:44.0	09:39.0	09:37.0	09:30.3	09:39.9
18:03.7	17:41.2	17:30.1	17:04.8	17:09.7	1500 Free	18:49.9	18:46.8	18:35.7	18:45.9	20:32.0
00:34.5	00:33.5	00:32.9	00:31.4	00:30.6	50 Breast	00:36.4	00:36.3	00:35.8	00:35.3	00:35.1
01:15.5	01:13.9	01:12.3	01:08.8	01:06.8	100 Breast	01:19.5	01:18.8	01:18.5	01:16.7	01:16.2
02:43.9	02:40.2	02:37.9	02:30.2	02:26.6	200 Breast	02:50.8	02:50.3	02:49.5	02:46.6	02:46.8
00:29.4	00:28.4	00:27.9	00:26.9	00:26.2	50 Fly	00:30.8	00:30.5	00:30.3	00:29.7	00:29.6
01:05.2	01:03.0	01:01.7	00:59.2	00:57.6	100 Fly	01:08.5	01:07.9	01:07.1	01:05.6	01:05.3
02:26.1	02:21.6	02:18.9	02:12.9	02:10.6	200 Fly	02:32.1	02:31.5	02:30.0	02:26.2	02:30.5
00:31.2	00:30.3	00:29.8	00:28.7	00:28.3	50 Back	00:32.9	00:32.5	00:32.3	00:31.7	00:31.9
01:07.2	01:05.1	01:03.9	01:01.2	01:00.3	100 Back	01:10.1	01:09.3	01:08.8	01:07.4	01:07.3
02:24.9	02:21.1	02:18.1	02:13.5	02:14.0	200 Back	02:30.6	02:29.8	02:28.3	02:25.3	02:26.0
02:25.7	02:22.2	02:20.0	02:15.0	02:13.1	200 IM	02:32.9	02:31.1	02:30.2	02:27.6	02:27.9
05:10.1	05:04.5	04:59.8	04:50.9	04:50.8	400 IM	05:23.4	05:21.8	05:20.6	05:14.6	05:26.4



City of Newport Swimming & Waterpolo Club

Performance Green Consideration Times Age Consideration 11-15 years (Age at 31st Dec)

Male					Long Course	Female				
11	12	13	14	15	Event	11	12	13	14	15
00:36.2	00:34.3	00:32.9	00:31.6	00:29.9	50m Free	00:36.2	00:34.8	00:33.8	00:33.3	00:32.1
01:19.0	01:14.4	01:10.9	01:07.4	01:04.4	100m Free	01:18.5	01:14.7	01:12.8	01:11.7	01:09.3
02:49.3	02:40.8	02:33.2	02:08.9	02:21.3	200m Free	02:48.9	02:40.6	02:36.1	02:34.0	02:28.6
05:53.7	05:35.7	05:21.3	05:11.4	04:57.4	400m Free	05:53.4	05:36.3	05:28.1	05:23.6	05:12.7
11:40.2	11:40.2	11:03.0	10:39.6	10:08.7	800m Free	11:36.8	36:00.0	11:13.6	11:03.3	10:44.0
22:09.6	22:09.6	21:12.3	20:33.4	19:41.3	1500m Free	22:18.6	22:18.6	21:21.5	20:44.4	20:23.9
00:47.9	00:45.2	00:42.5	00:41.0	00:38.4	50m Breast	00:47.5	00:45.2	00:43.6	00:42.8	00:41.3
01:42.4	01:36.3	01:30.6	01:27.3	01:21.8	100m Breast	01:42.4	01:37.2	01:33.7	01:31.2	01:27.7
03:39.1	03:26.8	03:15.5	03:07.6	02:58.9	200m Breast	03:38.8	03:27.6	03:19.4	03:16.0	03:10.4
00:40.6	00:38.7	00:36.8	00:35.4	00:32.9	50m Fly	00:40.6	00:38.5	00:37.6	00:36.9	00:34.9
01:29.5	01:24.0	01:19.4	01:15.1	01:10.9	100m Fly	01:29.9	01:24.6	01:22.2	01:20.2	01:16.8
03:14.7	03:04.0	02:54.2	02:47.2	02:37.0	200m Fly	03:16.7	03:04.8	02:59.5	02:54.3	02:48.0
00:42.2	00:40.3	00:38.1	00:36.9	00:34.3	50m Back	00:42.2	00:40.6	00:39.5	00:38.6	00:37.0
01:29.6	01:24.7	01:20.0	01:16.8	01:11.8	100m Back	01:28.5	01:24.0	01:21.3	01:19.9	01:17.0
03:09.8	03:00.0	02:50.8	02:44.1	02:36.2	200m Back	03:07.1	02:58.5	02:56.1	02:53.1	02:46.1
03:13.8	03:04.0	02:55.5	02:48.2	02:40.5	200m IM	03:12.4	03:02.9	02:58.5	02:55.2	02:51.0
06:51.1	06:27.6	06:10.2	05:55.6	05:41.0	400m IM	06:48.6	06:27.9	06:12.3	06:06.2	05:59.0

Performance Green Consideration Times Age Consideration 11-15 years (Age at 31st Dec)

Male					Short Course	Female				
11	12	13	14	15	Event	11	12	13	14	15
00:35.6	00:33.7	00:32.1	00:30.9	00:29.3	50m Free	00:35.6	00:33.9	00:33.2	00:32.7	00:31.4
01:17.8	01:13.2	01:09.5	01:06.0	01:02.9	100m Free	01:17.4	01:13.4	01:11.5	01:10.5	01:07.9
02:46.9	02:38.3	02:30.7	02:25.2	02:18.6	200m Free	02:46.6	02:38.2	02:33.7	02:31.5	02:26.0
05:49.3	05:31.1	05:16.5	05:06.4	04:52.1	400m Free	05:49.0	05:31.7	05:23.4	05:18.8	05:07.7
11:26.8	11:26.8	10:49.5	10:26.1	09:55.2	800m Free	11:27.5	11:27.5	11:04.0	10:53.6	10:34.0
21:52.4	21:52.4	20:54.2	20:14.9	19:21.8	1500m Free	21:53.4	21:53.4	20:56.3	20:19.2	19:58.7
00:47.1	00:44.4	00:41.7	00:40.1	00:37.5	50m Breast	00:46.7	00:44.4	00:42.7	00:42.0	00:40.4
01:41.0	01:34.8	01:29.0	01:25.7	01:20.1	100m Breast	01:41.0	01:35.8	01:32.2	01:29.7	01:26.1
03:36.4	03:24.0	03:12.5	03:04.5	02:55.7	200m Breast	03:36.1	03:24.8	03:16.5	03:13.0	03:07.3
00:40.1	00:38.2	00:36.2	00:34.8	00:32.2	50m Fly	00:40.1	00:38.0	00:37.0	00:36.3	00:34.2
01:28.5	01:23.0	01:18.3	01:13.9	01:09.7	100m Fly	01:28.9	01:23.7	01:21.2	01:19.2	01:15.7
03:12.9	03:02.1	02:52.2	02:45.1	02:34.8	200m Fly	03:14.9	03:02.9	02:57.6	02:52.3	02:45.9
00:41.7	00:39.8	00:37.5	00:36.2	00:33.7	50m Back	00:41.7	00:40.1	00:38.8	00:38.0	00:36.3
01:28.5	01:23.7	01:18.9	01:15.6	01:10.6	100m Back	01:27.6	01:23.0	01:20.2	01:18.9	01:15.8
03:07.8	02:57.9	02:48.6	02:41.9	02:33.8	200m Back	03:05.1	02:56.4	02:54.0	02:51.0	02:43.9
03:11.5	03:01.5	02:52.9	02:45.6	02:37.8	200m IM	03:10.0	03:00.5	02:56.1	02:52.7	02:48.5
06:46.4	06:22.5	06:05.0	05:50.2	05:35.3	400m IM	06:43.7	06:22.8	06:07.1	06:00.9	05:53.5



City of Newport Swimming & Waterpolo Club

Performance Blue Consideration Time								
Age Consideration 15-18 years (Age at 31st Dec)								
Male				Long Course	Female			
15	16	17	18+	Event	15	16	17	18+
00:29.9	00:29.2	00:28.8	00:28.2	50m Free	00:32.1	00:31.6	00:31.3	00:30.7
01:04.4	01:02.5	01:01.4	01:00.2	100m Free	01:09.3	01:07.9	01:07.4	01:06.3
02:21.3	02:17.3	02:15.2	02:12.8	200m Free	02:28.6	02:26.2	02:24.1	02:21.4
04:57.4	04:49.6	04:44.0	04:38.9	400m Free	05:12.7	05:08.8	05:04.5	04:59.1
10:08.7	09:50.9	09:40.5	09:29.6	800m Free	10:44.0	10:34.8	10:29.0	10:17.8
19:41.3	19:07.2	18:48.2	18:28.0	1500m Free	20:23.9	19:59.7	19:48.0	19:25.6
00:38.4	00:37.2	00:36.5	00:35.8	50m Breast	00:41.3	00:40.6	00:40.1	00:39.4
01:21.8	01:19.5	01:18.0	01:16.5	100m Breast	01:27.7	01:26.5	01:24.9	01:23.9
02:58.9	02:53.4	02:50.4	02:47.5	200m Breast	03:10.4	03:08.2	03:05.5	03:02.4
00:32.9	00:32.0	00:31.3	00:30.8	50m Fly	00:34.9	00:34.4	00:34.1	00:33.5
01:10.9	01:09.3	01:07.4	01:06.3	100m Fly	01:16.8	01:15.8	01:14.4	01:13.1
02:37.0	02:33.7	02:29.1	02:26.6	200m Fly	02:48.0	02:45.6	02:43.0	02:40.0
00:34.3	00:33.2	00:32.8	00:32.2	50m Back	00:37.0	00:36.2	00:35.8	00:35.0
01:11.8	01:09.9	01:08.4	01:07.2	100m Back	01:17.0	01:16.0	01:15.1	01:13.8
02:36.2	02:32.1	02:29.8	02:27.1	200m Back	02:46.1	02:43.5	02:41.1	02:38.2
02:40.5	02:36.7	02:33.6	02:31.1	200m IM	02:51.0	02:48.6	02:46.3	02:43.4
05:41.0	05:31.0	05:24.8	05:20.1	400m IM	05:59.0	05:55.1	05:49.4	05:43.4

Performance Blue Consideration Times								
Age Consideration 15-18 years (Age at 31st Dec)								
Male				Short Course	Female			
15	16	17	18+	Event	15	16	17	18+
00:29.3	00:28.5	00:27.9	00:27.4	50m Free	00:31.4	00:30.9	00:30.6	00:29.9
01:02.9	01:01.0	01:00.0	00:58.7	100m Free	01:07.9	01:06.6	01:06.0	01:04.9
02:18.6	02:14.5	02:12.4	02:09.9	200m Free	02:26.0	02:22.5	02:21.4	02:18.7
04:52.1	04:44.2	04:38.6	04:33.3	400m Free	05:07.7	05:03.8	04:59.4	04:53.9
09:55.2	09:37.5	09:27.1	09:16.2	800m Free	10:34.0	10:24.8	10:18.8	10:07.4
19:21.8	18:47.3	18:27.9	18:07.3	1500m Free	19:58.7	19:34.5	19:22.8	19:00.4
00:37.5	00:36.2	00:35.6	00:34.9	50m Breast	00:40.4	00:39.8	00:39.3	00:38.5
01:20.1	01:17.7	01:16.2	01:14.8	100m Breast	01:26.1	01:24.9	01:23.3	01:22.2
02:55.7	02:51.0	02:46.9	02:44.0	200m Breast	03:07.3	03:05.0	03:02.4	02:59.1
00:32.2	00:31.4	00:30.7	00:30.0	50m Fly	00:34.2	00:33.8	00:33.5	00:32.8
01:09.7	01:08.0	01:06.1	01:05.0	100m Fly	01:15.7	01:14.7	01:13.3	01:11.9
02:34.8	02:31.4	02:26.8	02:24.2	200m Fly	02:45.9	02:43.5	02:40.8	02:37.8
00:33.7	00:32.4	00:32.0	00:31.5	50m Back	00:36.3	00:35.6	00:35.2	00:34.3
01:10.6	01:08.7	01:07.1	01:05.8	100m Back	01:15.8	01:14.9	01:13.9	01:12.6
02:33.8	02:29.7	02:27.3	02:24.6	200m Back	02:43.9	02:41.2	02:38.8	02:35.9
02:37.8	02:33.8	02:30.8	02:28.2	200m IM	02:48.5	02:46.0	02:43.7	02:40.6
05:35.3	05:25.1	05:47.1	05:14.1	400m IM	05:53.5	05:49.7	05:43.9	05:37.7



City of Newport Swimming & Waterpolo Club

Potential Green Consideration Time						
Age Consideration 9-14 years (Age at 31st Dec)						
Short Course	Male					
Event	9	10	11	12	13	14
50m Free	00:42.7	00:39.9	00:37.7	00:35.6	00:33.7	00:31.9
100m Free	01:36.1	01:27.0	01:21.7	01:16.9	01:12.3	01:08.7
200m Free	03:25.5	03:08.3	02:57.2	02:47.1	02:37.6	02:29.6
400m Free	07:26.3	06:36.9	06:11.0	05:50.7	05:32.2	05:16.6
800m Free	15:35.8	14:06.4	13:05.8	12:16.2	11:34.9	11:02.9
1500m Free	29:36.1	27:12.5	25:02.0	23:07.8	21:55.4	20:55.3
50m Breast	00:55.9	00:52.1	00:48.8	00:45.9	00:42.7	00:40.5
100m Breast	02:05.7	01:53.5	01:45.1	01:38.5	01:31.8	01:26.8
200m Breast	04:21.7	04:02.8	03:45.9	03:32.6	03:19.0	03:07.8
50m Fly	00:48.2	00:44.5	00:41.6	00:39.4	00:37.1	00:35.1
100m Fly	01:55.6	01:40.7	01:32.0	01:26.1	01:20.5	01:15.9
200m Fly	04:12.0	03:40.9	03:21.3	03:09.8	02:58.0	02:48.1
50m Back	00:49.2	00:45.8	00:43.3	00:41.0	00:38.3	00:36.5
100m Back	01:48.5	01:39.4	01:32.0	01:26.6	01:21.2	01:16.7
200m Back	03:47.5	03:29.7	03:16.2	03:05.3	02:54.2	02:44.9
200m IM	03:52.8	03:35.4	03:20.5	03:09.5	02:58.9	02:48.7
400m IM	08:22.5	07:42.2	07:05.8	06:39.9	06:18.4	05:57.6
100m IM	01:49.0	01:41.0	01:35.4	01:30.3	01:24.7	01:19.8

Potential Green Consideration Times						
Age Consideration 9-14 years (Age at 31st Dec)						
Short Course	Female					
Event	9	10	11	12	13	14
50m Free	00:43.2	00:40.4	00:38.3	00:36.4	00:35.0	00:34.0
100m Free	01:37.5	01:28.8	01:22.6	01:18.0	01:15.1	01:13.0
200m Free	03:27.5	03:09.4	02:58.1	02:47.9	02:41.3	02:37.1
400m Free	07:33.0	06:41.3	06:10.5	05:49.7	05:36.5	05:28.1
800m Free	15:32.6	14:17.5	12:46.0	12:03.8	11:30.9	11:12.8
1500m Free	29:59.5	27:34.7	24:38.1	23:16.5	22:13.6	21:54.3
50m Breast	00:56.9	00:52.5	00:49.0	00:46.2	00:44.2	00:42.8
100m Breast	02:06.2	01:54.2	01:45.2	01:36.1	01:34.3	01:30.8
200m Breast	04:24.3	04:03.1	03:45.6	03:32.5	03:22.4	03:16.0
50m Fly	00:48.8	00:44.5	00:42.1	00:39.8	00:38.2	00:37.0
100m Fly	01:57.0	01:40.8	01:32.4	01:26.5	01:23.0	01:20.1
200m Fly	04:15.8	03:43.4	03:23.6	03:09.7	03:01.2	02:55.0
50m Back	00:49.7	00:46.0	00:43.5	00:41.3	00:39.6	00:38.3
100m Back	01:50.5	01:40.0	01:32.5	01:26.8	01:23.2	01:20.8
200m Back	03:49.7	03:31.9	03:15.6	03:05.1	02:58.1	02:53.0
200m IM	03:55.2	03:35.9	03:21.0	03:09.6	03:02.5	02:57.1
400m IM	08:19.9	07:41.7	07:03.8	06:38.9	06:22.1	06:11.5
100m IM	01:50.6	01:39.9	01:35.9	01:30.7	01:26.7	01:24.6



City of Newport Swimming & Waterpolo Club

Potential Blue Consideration Times								
Age Consideration 14-17 years (Age at 31st Dec)								
Male				Short Course	Female			
14	15	16	17	Event	14	15	16	17
00:31.9	00:30.6	00:29.7	00:29.2	50m Free	00:34.0	00:33.3	00:32.9	00:32.9
01:08.7	01:06.3	01:04.3	01:03.1	100m Free	01:13.0	01:11.7	01:10.5	01:10.2
02:29.6	02:24.1	02:19.9	02:17.7	200m Free	02:37.1	02:33.9	02:31.8	02:30.4
05:16.6	05:04.6	04:56.2	04:50.5	400m Free	05:28.1	05:21.5	05:18.3	05:15.5
11:02.9	10:38.8	10:20.8	10:09.2	800m Free	11:12.8	11:02.2	10:54.7	10:51.7
20:55.3	20:11.5	19:36.6	19:17.0	1500m Free	21:54.3	21:23.7	21:03.2	20:57.6
00:40.5	00:38.6	00:37.4	00:36.8	50m Breast	00:42.8	00:41.8	00:41.4	00:41.1
01:26.8	01:23.1	01:20.4	01:18.9	100m Breast	01:30.8	01:29.4	01:28.5	01:27.3
03:07.8	03:00.1	02:55.3	02:51.2	200m Breast	03:16.0	03:12.7	03:10.7	03:09.2
00:35.1	00:33.3	00:32.4	00:31.6	50m Fly	00:37.0	00:36.1	00:35.7	00:35.6
01:15.9	01:12.5	01:10.7	01:08.9	100m Fly	01:20.1	01:18.9	01:17.8	01:17.0
02:48.1	02:39.4	02:35.7	02:31.1	200m Fly	02:55.0	02:51.2	02:49.3	02:47.3
00:36.5	00:34.8	00:33.5	00:33.1	50m Back	00:38.3	00:37.7	00:37.1	00:36.9
01:16.7	01:13.3	01:11.2	01:09.6	100m Back	01:20.8	01:19.1	01:18.1	01:17.7
02:44.9	02:37.9	02:33.8	02:31.2	200m Back	02:53.0	02:49.2	02:46.6	02:45.1
02:48.7	02:42.0	02:37.8	02:34.7	200m IM	02:57.1	02:53.8	02:51.6	02:50.1
05:57.6	05:42.7	05:34.0	05:27.8	400m IM	06:11.5	06:04.7	05:59.7	05:57.6
01:19.8	01:16.5	01:13.8	01:12.5	100m IM	01:24.6	01:23.1	01:21.5	01:21.1



City of Newport Swimming & Waterpolo Club

Development Green Considerations Times										
Age Consideration 9 – 13 years (Age at 31st December)										
Male					Short Course	Female				
9	10	11	12	13	Event	9	10	11	12	13
00:44.8	00:41.8	00:39.5	00:37.3	00:35.3	50m Free	00:45.2	00:42.4	00:40.2	00:38.2	00:36.6
01:40.7	01:31.2	01:25.6	01:20.5	01:15.8	100m Free	01:42.2	01:33.1	01:26.6	01:21.7	01:18.7
03:35.3	03:17.2	03:05.7	02:55.0	02:45.1	200m Free	03:37.4	03:18.4	03:06.6	02:55.9	02:49.0
07:47.5	06:55.8	06:28.6	06:07.4	05:48.0	400m Free	07:54.5	07:00.4	06:28.2	06:06.3	05:52.6
16:20.3	14:46.7	13:43.2	12:51.2	12:08.0	800m Free	16:17.0	14:58.4	13:22.5	12:38.2	12:03.8
31:00.7	28:30.3	26:13.6	24:13.9	22:58.1	1500m Free	31:25.2	28:53.5	25:48.5	24:23.0	23:17.1
00:58.5	00:54.6	00:51.2	00:48.1	00:44.8	50m Breast	00:59.6	00:55.0	00:51.4	00:48.4	00:46.3
02:11.7	01:58.9	01:50.1	01:43.2	01:36.1	100m Breast	02:12.2	01:59.7	01:50.2	00:37.8	01:38.8
04:34.1	04:14.3	03:56.6	03:42.8	03:28.5	200m Breast	04:36.9	04:14.7	03:56.4	03:42.6	03:32.1
00:50.5	00:46.6	00:43.6	00:41.3	00:38.8	50m Fly	00:51.2	00:46.6	00:44.1	00:41.7	00:40.0
02:01.1	01:45.5	01:36.4	01:30.2	01:24.4	100m Fly	02:02.5	01:45.6	01:36.8	01:30.6	01:26.9
04:24.0	03:51.4	03:30.9	03:18.9	03:06.5	200m Fly	04:28.0	03:54.1	03:33.3	03:18.8	03:09.9
00:51.6	00:48.0	00:45.3	00:42.9	00:40.2	50m Back	00:52.0	00:48.2	00:45.5	00:43.2	00:41.5
01:53.6	01:44.2	01:36.4	01:30.8	01:25.0	100m Back	01:55.7	01:44.7	01:36.9	01:31.0	01:27.1
03:58.4	03:39.7	03:25.6	03:14.2	03:02.5	200m Back	04:00.7	03:42.0	03:24.9	03:13.9	03:06.6
04:03.9	03:45.6	03:30.1	03:18.6	03:07.4	200m IM	04:06.4	03:46.2	03:30.5	03:18.7	03:11.2
08:46.5	08:04.2	07:26.1	06:59.0	06:36.4	400m IM	08:43.7	08:03.7	07:24.0	06:57.9	06:40.3
01:54.2	01:45.8	01:40.0	01:34.6	01:28.8	100m IM	01:55.8	01:44.6	01:40.4	01:35.0	01:30.9



City of Newport Swimming & Waterpolo Club

Development Blue Consideration Times								
Age Consideration 12-15 years (Age at 31st Dec)								
Male				Short Course	Female			
12	13	14	15	Event	12	13	14	15
00:37.3	00:35.3	00:33.4	00:32.0	50m Free	00:38.2	00:36.6	00:35.6	00:34.9
01:20.5	01:15.8	01:11.9	01:09.4	100m Free	01:21.7	01:18.7	01:16.5	01:15.1
02:55.0	02:45.1	02:36.8	02:30.9	200m Free	02:55.9	02:49.0	02:44.6	02:41.3
06:07.4	05:48.0	05:31.6	05:19.1	400m Free	06:06.3	05:52.6	05:43.8	05:36.8
12:51.2	12:08.0	11:34.4	11:09.2	800m Free	12:38.2	12:03.8	11:44.9	11:33.8
24:13.9	22:58.1	21:55.0	21:09.2	1500m Free	24:23.0	23:17.1	22:56.9	22:24.9
00:48.1	00:44.8	00:42.5	00:40.5	50m Breast	00:48.4	00:46.3	00:44.9	00:43.8
01:43.2	01:36.1	01:31.0	01:27.0	100m Breast	00:37.8	01:38.8	01:35.2	01:33.6
03:42.8	03:28.5	03:16.8	03:08.7	200m Breast	03:42.6	03:32.1	03:25.4	03:21.8
00:41.3	00:38.8	00:36.7	00:34.9	50m Fly	00:41.7	00:40.0	00:38.7	00:37.8
01:30.2	01:24.4	01:19.5	01:15.9	100m Fly	01:30.6	01:26.9	01:23.9	01:22.6
03:18.9	03:06.5	02:56.1	02:47.0	200m Fly	03:18.8	03:09.9	03:03.4	02:59.3
00:42.9	00:40.2	00:38.3	00:36.4	50m Back	00:43.2	00:41.5	00:40.2	00:39.5
01:30.8	01:25.0	01:20.3	01:16.8	100m Back	01:31.0	01:27.1	01:24.7	01:22.8
03:14.2	03:02.5	02:52.7	02:45.4	200m Back	03:13.9	03:06.6	03:01.3	02:57.2
03:18.6	03:07.4	02:56.8	02:49.7	200m IM	03:18.7	03:11.2	03:05.6	03:02.1
06:59.0	06:36.4	06:14.7	05:59.0	400m IM	06:57.9	06:40.3	06:29.2	06:22.0
01:34.6	01:28.8	01:23.6	01:20.2	100m IM	01:35.0	01:30.9	01:28.7	01:27.0