

**Elite Consideration Times (Long Course)**  
**Age Consideration 14 & Over (Age at 31st Dec)**

BOYS						Girls				
14	15	16	17/18	19 +	Event	14	15	16	17/18	19 +
27.8	27.1	26.6	25.5	24.8	50m Free	29.5	29.3	29.0	28.5	28.2
60.47	58.8	57.7	55.4	54.3	100m Free	01:03.6	01:02.8	01:02.4	01:01.4	01:00.6
02:11.8	02:08.3	02:06.4	02:01.5	01:59.6	200m Free	02:17.6	02:15.9	02:15.2	02:12.6	02:11.3
04:40.0	04:33.0	04:29.6	04:20.0	04:17.8	400m Free	04:49.3	04:47.6	04:46.1	04:39.7	04:38.3
09:39.9	09:34.9	09:30.2	09:18.9	09:17.1	800m Free	09:55.5	09:50.6	09:49.6	09:38.8	09:35.7
18:23.1	18:04.4	17:49.1	17:27.9	17:24.6	1500m Free	18:36.3	18:27.4	18:25.4	18:05.3	18:01.7
35.4	34.2	33.6	32.0	31.2	50m Breast	37.2	37.0	36.7	36.0	36.0
01:17.2	01:15.5	01:13.7	01:10.2	01:08.2	100m Breast	01:21.3	01:20.6	01:19.9	01:18.2	01:17.6
02:47.3	02:43.5	02:40.7	02:33.1	02:29.4	200m Breast	02:54.6	02:53.9	02:53.0	02:49.4	02:49.0
30.0	29.1	28.5	27.5	26.7	50m Fly	31.5	31.2	30.9	30.3	30.1
01:06.6	01:04.4	13:12.0	01:00.3	00:58.6	100m Fly	01:09.9	01:09.2	01:08.2	01:06.9	01:06.3
02:29.3	02:24.9	02:21.7	02:15.1	02:13.2	200m Fly	02:34.9	02:34.6	02:32.7	02:28.9	02:33.3
32.0	30.9	30.4	29.3	28.9	50m Back	33.6	33.2	33.1	32.3	32.0
01:08.6	01:06.3	01:05.4	01:02.4	01:01.2	100m Back	01:11.5	01:10.7	01:10.3	01:08.7	01:08.3
02:28.0	02:23.9	02:20.6	02:16.2	02:16.0	200m Back	02:33.7	02:32.4	02:31.5	02:28.2	02:27.8
02:28.8	02:25.2	02:22.6	02:17.6	02:15.6	200m IM	02:35.8	02:34.2	02:33.1	02:30.3	02:30.0
05:16.4	05:11.4	05:05.4	04:56.2	04:56.1	400m IM	05:30.0	05:28.4	05:27.4	05:19.9	05:17.1

**Elite Consideration Times (Short Course)**  
**Age Consideration 14 & Over (Age at 31st Dec)**

BOYS						GIRLS				
14	15	16	17/ 18	19 +	Event	14	15	16	17/ 18	19 +
27.01	26.3	25.8	24.8	24.1	50m Free	28.7	28.4	28.2	27.7	27.3
58.74	57.1	56.0	53.8	52.7	100m Free	01:01.8	01:01.0	01:00.7	59.7	58.9
02:08.0	02:04.7	02:02.8	01:58.0	01:56.1	200m Free	02:13.7	02:12.1	02:11.3	02:08.8	02:07.5
04:32.0	04:25.2	04:21.9	04:12.6	04:10.4	400m Free	04:41.1	04:39.3	04:37.9	04:31.7	04:30.3
09:23.3	09:18.5	09:13.9	09:02.9	09:01.2	800m Free	09:38.4	09:33.7	09:32.7	09:22.3	09:19.2
17:51.6	17:33.4	17:18.6	16:57.9	16:54.8	1500m Free	18:04.4	17:55.7	17:53.8	17:34.3	17:30.8
34.3	33.2	32.6	31.1	30.3	50m Breast	36.1	36.0	35.6	35.0	34.9
01:15.0	01:13.3	01:11.6	01:08.2	01:06.2	100m Breast	01:19.0	01:18.3	01:17.7	01:15.9	01:15.4
02:42.5	02:38.9	02:36.1	02:28.7	02:25.1	200m Breast	02:49.6	02:48.9	02:48.1	02:44.5	02:44.2
29.1	28.3	27.7	26.7	26.0	50m Fly	30.6	30.3	30.1	29.4	29.2
01:04.7	01:02.6	07:40.8	00:58.6	00:56.9	100m Fly	01:07.9	01:07.2	01:06.3	01:05.0	01:04.4
02:25.0	02:20.7	02:17.7	02:11.2	02:09.4	200m Fly	02:30.5	02:30.2	02:28.3	02:24.6	02:28.9
31.1	30.0	29.6	28.5	28.1	50m Back	32.6	32.3	32.2	31.4	31.1
01:06.7	01:04.4	01:03.5	01:00.6	00:59.4	100m Back	01:09.5	01:08.7	01:08.3	01:06.7	01:06.4
02:23.8	02:19.8	02:16.6	02:12.3	02:12.1	200m Back	02:29.3	02:28.0	02:27.2	02:24.0	02:23.6
02:24.5	02:21.1	02:18.5	02:13.7	02:11.7	200m IM	02:31.4	02:29.8	02:28.7	02:26.0	02:25.7
05:07.3	05:02.5	04:56.7	04:47.7	04:47.7	400m IM	05:20.5	05:19.0	05:18.0	05:10.7	05:08.1

**Performance Green Consideration Times (Long Course)**  
**Age Consideration 11-15 years (Age at 31st Dec)**

BOYS						Girls				
11	12	13	14	15	Event	11	12	13	14	15
36.2	34.3	32.9	31.6	29.9	50m Free	36.2	34.8	33.8	33.3	32.1
01:19.0	01:14.4	01:10.9	01:07.4	0	100m Free	01:18.5	01:14.7	01:12.8	01:11.7	01:09.3
02:49.3	02:40.8	02:33.2	02:27.8	02:21.3	200m Free	02:48.9	02:40.6	02:36.1	02:34.0	02:28.6
05:53.7	05:35.7	05:21.3	05:11.4	04:57.4	400m Free	05:53.4	05:36.3	05:28.1	05:23.6	05:12.7
11:40.2	11:40.2	11:03.0	10:39.6	10:08.7	800m Free	11:36.8	11:36.8	11:13.6	11:03.3	10:44.0
22:09.6	22:09.6	21:12.3	20:33.4	19:41.2	1500m Free	22:18.6	22:18.6	21:21.5	20:44.4	20:23.9
48.8	45.2	42.5	41.0	38.4	50m Breast	47.5	45.2	43.6	42.8	41.3
01:42.4	01:36.3	01:30.6	01:27.3	01:21.8	100m Breast	01:42.4	01:37.2	01:33.7	01:31.2	01:27.7
03:39.1	03:26.8	03:15.5	03:07.6	02:58.9	200m Breast	03:38.8	03:27.6	03:19.4	03:16.0	03:10.4
40.6	38.7	36.8	35.4	32.9	50m Fly	40.6	38.5	37.6	36.9	34.9
01:29.5	01:24.0	01:19.4	01:15.1	01:10.9	100m Fly	01:29.9	01:24.6	01:22.2	01:20.2	01:16.8
03:14.7	03:04.0	02:54.2	02:47.2	02:37.0	200m Fly	03:16.7	03:04.8	02:59.5	02:54.3	02:48.0
42.2	40.3	38.1	36.9	34.3	50m Back	42.2	40.6	39.5	38.6	37.0
01:29.6	01:24.7	01:20.0	01:16.8	01:11.8	100m Back	01:28.5	01:24.0	01:21.3	01:19.9	01:17.0
03:09.8	03:00.0	02:50.8	02:44.1	02:36.2	200m Back	03:07.1	02:58.5	02:56.1	02:53.1	02:46.1
03:13.8	03:04.0	02:55.5	02:48.2	02:40.5	200m IM	03:12.4	03:02.9	02:58.5	02:55.2	02:51.0
06:51.1	06:27.6	06:10.2	05:55.6	05:41.0	400m IM	06:48.6	06:27.9	06:12.3	06:06.2	05:59.0

**Performance Green Consideration Times (Short Course)**  
**Age Consideration 11-15 years (Age at 31st Dec)**

BOYS						GIRLS				
11	12	13	14	15	Event	11	12	13	14	15
35.6	33.7	32.1	30.9	29.3	50m Free	35.6	33.9	33.2	32.7	31.4
01:17.8	01:13.2	01:09.5	01:06.0	01:02.9	100m Free	01:17.4	01:13.4	01:11.5	01:10.5	01:07.9
02:47.0	02:38.3	02:30.7	02:25.2	02:18.6	200m Free	02:46.6	02:38.2	02:33.7	02:31.5	02:26.0
05:49.3	05:31.1	05:16.5	05:06.4	04:52.1	400m Free	05:49.0	05:31.7	05:23.4	05:18.8	05:07.6
11:26.8	11:26.8	10:49.5	10:26.1	09:55.2	800m Free	11:27.5	11:27.5	11:04.0	10:53.6	10:34.0
21:52.4	21:52.4	20:54.2	20:14.9	19:21.8	1500m Free	21:53.4	21:53.4	20:56.3	20:19.2	19:58.7
47.1	44.4	41.7	40.1	37.5	50m Breast	46.7	44.4	42.7	42.0	40.4
01:41.0	01:34.8	01:29.0	01:25.7	01:20.1	100m Breast	01:41.0	01:35.8	01:32.2	01:29.7	01:26.1
03:36.4	03:24.0	03:12.5	03:04.5	02:55.7	200m Breast	03:36.1	03:24.8	03:16.5	03:13.0	03:07.3
40.1	38.2	36.2	34.8	32.2	50m Fly	40.1	38.0	37.0	36.3	34.2
01:28.5	01:23.0	01:18.3	01:13.9	01:09.7	100m Fly	01:28.9	01:23.7	01:21.2	01:19.2	01:15.7
03:12.9	03:02.1	02:52.2	02:45.1	02:34.8	200m Fly	03:14.9	03:02.9	02:57.6	02:52.3	02:45.9
41.7	39.8	37.5	36.2	33.7	50m Back	41.7	40.1	38.9	38.0	36.3
01:28.5	01:23.7	01:18.9	01:15.6	01:10.6	100m Back	01:27.6	01:23.0	01:20.2	01:18.9	01:15.8
03:07.8	02:57.9	02:48.6	02:41.9	02:33.8	200m Back	03:05.1	02:56.4	02:54.0	02:51.0	02:43.9
03:11.5	03:01.5	02:52.9	02:45.6	02:37.8	200m IM	03:10.0	03:00.5	02:56.1	02:52.7	02:48.5
06:46.4	06:22.5	06:05.0	05:50.2	05:35.3	400m IM	06:43.7	06:22.8	06:07.1	06:00.9	05:53.5

**Performance Blue Consideration Times (Long Course)**  
**Age Consideration 11-15 years (Age at 31st Dec)**

BOYS				Event	GIRLS			
15	16	17	18+		15	16	17	18+
29.9	29.2	28.8	28.2	50m Free	32.1	31.6	31.3	30.7
01:04.4	01:02.5	01:01.4	01:00.2	100m Free	01:09.3	01:07.9	01:07.4	01:06.3
02:21.3	02:17.3	02:15.2	02:12.8	200m Free	02:28.6	02:26.2	02:24.1	02:21.4
04:57.4	04:49.6	04:44.0	04:38.9	400m Free	05:12.7	05:08.8	05:04.5	04:59.1
10:08.7	09:50.9	09:40.5	09:29.6	800m Free	10:44.0	10:34.8	10:28.9	10:17.8
19:41.2	19:07.2	18:48.2	18:28.0	1500m Free	20:23.9	19:59.7	19:48.0	19:25.6
38.4	37.2	36.5	35.8	50m Breast	41.3	40.6	40.1	39.4
01:21.8	01:19.5	01:18.0	01:16.5	100m Breast	01:27.7	01:26.5	01:24.9	01:23.9
02:58.9	02:54.4	02:50.4	02:47.5	200m Breast	03:10.4	03:08.2	03:05.5	03:02.4
32.9	32.0	31.3	30.8	50m Fly	34.9	34.4	34.1	33.5
01:10.9	01:09.3	01:07.4	01:06.3	100m Fly	01:16.8	01:15.8	01:14.4	01:13.1
02:37.0	02:33.7	02:29.1	02:26.6	200m Fly	02:48.0	02:45.6	02:43.0	02:40.0
34.3	33.2	32.8	32.2	50m Back	37.0	36.2	35.8	35.0
01:11.8	01:09.9	01:08.4	01:07.2	100m Back	01:17.0	01:16.0	01:15.1	01:13.8
02:36.2	02:32.1	02:29.8	02:27.1	200m Back	02:46.1	02:43.5	02:41.1	02:38.2
02:40.5	02:36.7	02:33.6	02:31.1	200m IM	02:51.0	02:48.6	02:46.3	02:43.4
05:41.0	05:31.0	05:24.8	05:20.1	400m IM	05:59.0	05:55.1	05:49.4	05:43.4

**Performance Blue Consideration Times (Short Course)**  
**Age Consideration 11-15 years (Age at 31st Dec)**

BOYS				Event	GIRLS			
15	16	17	18+		15	16	17	18+
29.3	28.5	27.9	27.4	50m Free	31.4	30.9	30.6	29.9
01:02.9	01:01.0	55:12.0	00:58.7	100m Free	01:07.9	01:06.6	01:06.0	01:04.9
02:18.6	02:14.5	02:12.4	02:09.9	200m Free	02:26.0	02:23.5	02:21.4	02:18.7
04:52.1	04:44.2	04:38.6	04:33.3	400m Free	05:07.6	05:03.8	04:59.4	04:53.9
09:55.2	09:37.5	09:27.1	09:16.2	800m Free	10:34.0	10:24.7	10:18.8	10:07.4
19:21.8	18:47.3	18:27.9	18:07.3	1500m Free	19:58.7	19:34.5	19:22.8	19:00.4
37.5	36.2	35.6	34.9	50m Breast	40.4	39.8	39.3	38.5
01:20.1	01:17.7	01:16.2	01:14.8	100m Breast	01:26.1	01:24.9	01:23.3	01:22.2
02:55.7	02:51.0	02:47.0	02:44.0	200m Breast	03:07.3	03:05.0	03:02.4	02:59.1
32.2	31.4	30.7	30.0	50m Fly	34.2	33.8	33.5	32.8
01:09.7	01:08.0	01:06.1	01:05.0	100m Fly	01:15.7	01:14.7	01:13.3	01:11.9
02:34.8	02:31.4	02:26.8	02:24.2	200m Fly	02:45.9	02:43.5	02:40.8	02:37.8
33.7	32.4	32.0	31.5	50m Back	36.3	35.6	35.2	34.3
01:10.6	01:08.7	01:07.1	01:05.8	100m Back	01:15.8	01:14.9	01:13.9	01:12.6
02:33.8	02:29.7	02:27.3	02:24.6	200m Back	02:43.9	02:41.2	02:38.8	02:35.9
02:37.8	02:33.8	02:30.8	02:28.2	200m IM	02:48.5	02:46.0	02:43.7	02:40.6
05:35.3	05:25.1	05:18.8	05:14.1	400m IM	05:53.5	05:49.7	05:43.9	05:37.7

**Potential Green Consideration Times (Short Course)**  
**Age Consideration 9-14 years (Age at 31st Dec)**

	BOYS					
Event	9	10	11	12	13	14
50m Free	40.6	39.6	37.7	35.6	33.7	31.9
100m Free	01:32.9	01:26.9	01:21.7	01:16.9	01:12.3	0
200m Free	03:13.8	03:09.5	02:57.2	02:47.1	02:37.6	02:29.6
400m Free	06:39.9	06:28.9	06:11.0	05:50.7	05:32.2	05:20.4
800m Free	14:32.0	13:50.1	13:05.8	12:16.2	11:34.9	11:03.9
1500m Free	27:03.1	26:31.6	25:02.0	23:07.8	21:55.4	20:55.3
50m Breast	54.5	53.4	48.8	45.9	42.7	40.5
100m Breast	01:58.4	01:56.3	01:45.1	01:38.5	01:31.8	01:26.8
200m Breast	04:06.2	04:01.9	03:45.9	03:32.6	03:19.0	03:07.8
50m Fly	45.4	44.3	41.6	39.4	37.1	35.1
100m Fly	01:40.7	01:38.6	01:32.0	01:26.1	01:20.5	01:15.9
200m Fly	03:43.0	03:39.0	03:21.3	03:09.8	02:58.0	02:48.1
50m Back	47.6	46.3	43.3	41.0	38.3	36.5
100m Back	01:30.1	01:37.9	01:32.0	01:26.6	01:21.2	01:16.7
200m Back	03:32.3	03:28.7	03:16.2	03:05.3	02:54.2	02:44.9
200m IM	03:58.0	03:50.6	03:20.5	03:09.5	02:58.9	02:48.7
400m IM	08:23.9	08:09.6	07:05.8	06:39.9	06:18.4	05:57.6

	GIRLS					
Event	9	10	11	12	13	14
50m Free	41.9	40.8	38.3	36.4	35.0	34.0
100m Free	01:32.1	01:29.4	01:22.6	01:18.0	01:15.1	01:13.0
200m Free	03:15.8	03:09.0	02:58.1	02:47.9	02:41.3	02:37.1
400m Free	06:39.2	06:34.0	06:10.5	05:49.7	05:36.5	05:28.1
800m Free	14:21.5	14:00.5	12:46.0	12:03.8	11:31.2	11:12.8
1500m Free	27:37.3	27:18.0	24:38.1	23:16.5	22:13.6	21:54.3
50m Breast	54.9	53.7	49.0	46.2	44.2	42.8
100m Breast	01:59.9	01:57.8	01:45.2	01:39.1	01:34.3	01:30.8
200m Breast	04:11.8	04:07.0	03:45.6	03:32.5	03:22.4	03:16.0
50m Fly	47.1	46.0	42.1	39.8	38.2	37.0
100m Fly	01:42.4	01:40.3	01:32.4	01:26.5	01:23.0	01:20.1
200m Fly	03:45.5	03:40.5	03:21.5	03:09.7	03:01.2	02:55.0
50m Back	48.2	47.1	43.5	41.3	39.6	38.3
100m Back	01:40.6	01:38.2	01:32.5	01:26.8	01:23.2	01:20.8
200m Back	03:45.6	03:30.1	03:15.6	03:05.1	02:58.1	02:53.0
200m IM	03:59.3	03:51.1	03:21.0	03:09.6	03:02.5	02:57.1
400m IM	08:25.6	08:10.2	07:03.8	06:38.9	06:22.1	06:11.5

**Potential Blue Consideration Times (Short Course)**  
**Age Consideration 9-14 years (Age at 31st Dec)**

BOYS				GIRLS		
14	15	16/ 17	Event	14	15	16/ 17
30.4	29.3	28.3	<b>50m Free</b>	32.4	32.0	31.3
01:05.4	01:03.2	01:01.2	<b>100m Free</b>	01:09.5	01:08.6	01:07.1
02:22.5	02:17.2	02:13.2	<b>200m Free</b>	02:29.6	02:27.6	02:24.6
05:05.1	04:48.5	04:42.1	<b>400m Free</b>	05:12.5	05:08.1	05:03.1
10:32.3	10:02.5	09:51.2	<b>800m Free</b>	10:40.8	10:32.2	10:23.5
19:55.5	19:00.6	18:40.6	<b>1500m Free</b>	20:51.7	20:15.9	20:03.0
38.6	36.8	35.6	<b>50m Breast</b>	40.8	40.1	39.4
01:22.7	01:18.6	01:16.6	<b>100m Breast</b>	01:26.5	01:25.9	01:24.3
02:58.9	02:50.5	02:47.0	<b>200m Breast</b>	03:06.7	03:04.6	03:01.6
33.4	31.9	30.9	<b>50m Fly</b>	35.2	34.8	34.0
01:12.3	01:09.3	01:07.3	<b>100m Fly</b>	01:16.3	01:15.8	01:14.1
02:40.1	02:32.3	02:28.3	<b>200m Fly</b>	02:46.7	02:44.2	02:41.2
34.8	32.9	31.9	<b>50m Back</b>	36.5	36.0	35.3
01:13.0	01:09.8	01:07.8	<b>100m Back</b>	01:17.0	01:15.9	01:14.4
02:37.0	02:30.7	02:26.5	<b>200m Back</b>	02:44.8	02:40.7	02:38.7
02:40.7	02:34.6	02:30.3	<b>200m IM</b>	02:48.7	02:45.4	02:43.4
05:40.6	05:24.8	05:18.1	<b>400m IM</b>	05:53.8	05:48.6	05:42.6

**Development Green Considerations Times (Short Course)**  
**Age Consideration 8 – 13 years (Age at 31st December)**

BOYS						GIRLS				
8/9	10	11	12	13	Event	8/9	10	11	12	13
42.6	41.5	39.5	37.3	35.3	50m Free	43.9	42.8	40.2	38.2	36.6
01:37.4	01:31.1	01:25.6	01:20.5	01:15.8	100m Free	01:36.5	01:33.6	01:26.6	01:21.7	01:18.6
03:23.1	03:18.5	03:05.7	02:55.0	02:45.1	200m Free	03:25.1	03:18.0	03:06.6	02:55.9	02:49.0
06:59.0	06:47.4	06:28.6	06:07.4	05:48.0	400m Free	06:58.2	06:52.7	06:28.2	06:06.3	05:52.6
15:13.5	14:29.7	13:43.2	12:51.2	12:08.0	800m Free	15:02.6	14:40.6	13:22.5	12:38.2	12:04.1
28:20.4	27:47.4	26:13.5	24:13.9	22:58.1	1500m Free	28:56.2	28:36.0	25:48.5	24:23.0	23:17.1
57.1	56.0	51.2	48.1	44.8	50m Breast	57.5	56.2	51.4	48.4	46.3
02:04.1	02:01.9	01:50.1	01:43.2	01:36.1	100m Breast	02:05.6	02:03.4	01:50.2	01:43.8	01:38.8
04:17.9	04:13.4	03:56.6	03:42.8	03:28.5	200m Breast	04:23.8	04:18.7	03:56.4	03:42.6	03:32.1
47.5	46.4	43.6	41.3	38.8	50m Fly	49.4	48.2	44.1	41.7	40.0
01:45.5	01:43.3	01:36.4	01:30.2	01:24.4	100m Fly	01:47.3	01:45.1	01:36.8	01:30.6	01:26.9
03:53.6	03:49.5	03:30.9	03:18.9	03:06.4	200m Fly	03:56.3	03:51.0	03:31.1	03:18.8	03:09.9
49.8	48.5	45.3	42.9	40.2	50m Back	50.5	49.4	45.5	43.2	41.5
01:34.4	01:42.5	01:36.4	01:30.8	01:25.0	100m Back	01:45.4	01:42.8	01:36.9	01:31.0	01:27.1
03:42.4	03:38.7	03:25.6	03:14.1	03:02.5	200m Back	03:56.4	03:40.1	03:24.9	03:13.9	03:06.6
04:09.4	04:01.6	03:30.1	03:18.5	03:07.4	200m IM	04:10.7	04:02.1	03:30.5	03:18.7	03:11.2
08:47.9	08:32.9	07:26.0	06:59.0	06:36.4	400m IM	08:49.7	08:33.6	07:24.0	06:57.9	06:40.3

**Development Blue Consideration Times (Short Course)**  
**Age Consideration 9-14 years (Age at 31st Dec)**

BOYS					GIRLS			
12	13	14	15	Event	12	13	14	15
37.3	35.3	33.4	32.2	50m Free	38.2	36.6	35.6	35.2
01:20.5	01:15.8	01:11.9	01:09.5	100m Free	01:21.7	01:18.6	01:16.5	01:15.5
02:55.0	02:45.1	02:36.7	02:30.9	200m Free	02:55.9	02:49.0	02:44.6	02:42.4
06:07.4	05:48.0	05:35.6	05:17.4	400m Free	06:06.3	05:52.6	05:43.8	05:38.9
12:51.2	12:08.0	11:35.5	11:02.8	800m Free	12:38.2	12:04.1	11:44.9	11:35.4
24:13.9	22:58.1	21:55.0	20:54.7	1500m Free	24:23.0	23:17.1	22:56.9	22:17.5
48.1	44.8	42.5	40.5	50m Breast	48.4	46.3	44.9	44.1
01:43.2	01:36.1	01:31.0	01:26.5	100m Breast	01:43.8	01:38.8	01:35.2	01:34.5
03:42.8	03:28.5	03:16.8	03:07.5	200m Breast	03:42.6	03:32.1	03:25.4	03:23.1
41.3	38.8	36.7	35.1	50m Fly	41.7	40.0	38.7	38.3
01:30.2	01:24.4	01:19.5	01:16.2	100m Fly	01:30.6	01:26.9	01:23.9	01:23.4
03:18.9	03:06.4	02:56.1	02:47.5	200m Fly	03:18.8	03:09.9	03:03.4	03:00.6
42.9	40.2	38.3	36.2	50m Back	43.2	41.5	40.2	39.6
01:30.8	01:25.0	01:20.3	01:16.8	100m Back	01:31.0	01:27.1	01:24.7	01:23.5
03:14.1	03:02.5	02:52.7	02:45.8	200m Back	03:13.9	03:06.6	03:01.3	02:56.8
03:18.5	03:07.4	02:56.8	02:50.1	200m IM	03:18.7	03:11.2	03:05.6	03:01.9
06:59.0	06:36.4	06:14.7	05:57.3	400m IM	06:57.9	06:40.3	06:29.2	06:23.5