



CITY OF SWANSEA SWIM CLUB  
Clwb Nofio Dinas Abertawe  
(Affiliated to Swim Wales)  
[www.swansea-aquatics.co.uk](http://www.swansea-aquatics.co.uk)

**VENUE Wales National Pool, Sketty Lane, Swansea, SA2 8QG**

**Welcome to our 2023 SPRING OPEN LONG COURSE MEET**

**SESSION TIMES**

Date	Session	Warm-up Time	Start Time	Estimated Finish Time
Saturday 11th March	1	7.30am	8.30am	11.20am
	2	11.30am	12.35pm	3.35pm
	3	3.45pm	4.55pm	6.40pm
Sunday 12th March	4	7.30am	8.30am	11.40am
	5	11.50am	12.55pm	3.40pm
	6	4.00pm	5.00pm	6.45pm

**OFFICIALS:**

Officials who are available to attend the meet please fill in the attached form and return to [officials.swanseaaquatics@gmail.com](mailto:officials.swanseaaquatics@gmail.com)



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**WARM UP :** Please refer to the schedule (to follow) where allocated lanes and times have been provided.

- Coaches must ensure that their teams are supervised during warm up.
- Coaches and swimmers disregarding health and safety instructions, will be excluded from warm up.
- Dry side warm up may be limited. Clubs to perform dry side before their actual warm up.

Please ensure your swimmers exit the pool at the side and do not climb over the timing pads as this can cause damage to the pads and lead to delays to the meet.

**SWIM DOWN POOL :**

The four-lane tank may be used by swimmers to swim /cool down as instructed by club coaches. Swimmers will only be allowed in, numbers permitting and may, at times have to wait to enter the tank. Any misbehaviour in the tank will result in the tank being closed.

**MARSHALLING :**

Swimmers will be called to marshalling. It is the responsibility of the swimmer/coaches to ensure that they attend marshalling once called.

**SPECTATORS :**

- Day tickets cost £10 for Saturday and £10 for Sunday.
- Session tickets are available at £3.50 per session.
- Children age 12 years and under are free of charge.
- Tickets are available to purchase upon arrival payable by card or with cash.



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**CAR PARKING :**

Car parking facilities are available as a pay and display. We regret that City of Swansea Aquatics are not responsible for setting the price of parking nor do we receive any money from the use of the car park. There is an ANPR camera at the car park and an allowance of 20 minutes is given to drop off and collect.

Please contact the City of Swansea Aquatics regarding any matter not covered here. The Meet Pack contains the promotor's conditions.

We look forward to seeing you and wish you all a successful Meet.

On behalf of  
City of Swansea Aquatics