



Torfaen Long Course Meet 17th-18th June 2017.

The organisers are pleased to say there are no scratches but they have had to make one small amendment in order to ensure the sessions don't run for too long.

The 100m Butterfly (event 10 and 25) was meant to be in the second session of the day. They have been forced to move it to the start of the third session otherwise they would have had to take a break in session 2 which they didn't want to do. They fully understand this doesn't suit everyone so if any swimmer wishes to withdraw prior to the meet they will receive a full refund.

Please check your entries carefully as any amendments received by our club after Friday 2nd June will not be able to be processed by the organisers.

Warm up times are as follows:

Saturday 17 th June	
Session 1	
Warm Up 08.00	Session Starts 08.45
Session 2	
Warm Up 10.45	Session Starts 11.30
Session 3	
Warm Up 14.15	Session Starts 15.00
Estimated Finish Time – 17.30	
Sunday 18 th June	
Session 4	
Warm Up 08.00	Session Starts 08.45
Session 5	
Warm Up 10.45	Session Starts 11.30
Session 6	
Warm Up 14.15	Session Starts 15.00
Estimated Finish Time – 17.15	