

Individual Meet Results

South East Wales Regional Championships 03-Feb-17 to 12-Feb-17 [Ageup: 31/12/2017] SC Meters
Location: Newport International Pool

Time	F/P/S	Event	Place	Points	Improv	
Connor Acland (21) M						
26.44S	F # 14C	Male 17 & Over 50 Fly	NWMY	2	---	0.19
27.06S	P # 14C	Male 17 & Over 50 Fly	NWMY	2	---	0.81
24.73S	P # 29C	Male 17 & Over 50 Free	NWMY	2	---	0.33
24.82S	F # 29C	Male 17 & Over 50 Free	NWMY	1	---	0.42
59.14S	F # 37C	Male 17 & Over 100 Fly	NWMY	1	---	0.32
	27.31	59.14				
	(27.31)	(31.83)				
1:01.12S	P # 37C	Male 17 & Over 100 Fly	NWMY	2	---	2.30
	28.38	1:01.12				
	(28.38)	(32.74)				
53.71S	F # 59C	Male 17 & Over 100 Free	NWMY	1	---	1.25
	25.70	53.71				
	(25.70)	(28.01)				
54.71S	P # 59C	Male 17 & Over 100 Free	NWMY	3	---	2.25
	26.26	54.71				
	(26.26)	(28.45)				
Megan Allison (15) F						
2:23.62S	F # 28B	Female 15-16 200 Back	NWMY	1	---	-1.42
	33.52	1:09.47 1:46.74 2:23.62				
	(33.52)	(35.95) (37.27) (36.88)				
27.47S	F # 40B	Female 15-16 50 Free	NWMY	1	---	-0.26
27.51S	P # 40B	Female 15-16 50 Free	NWMY	1	---	-0.22
2:26.80S	F # 43B	Female 15-16 200 IM	NWMY	2	---	1.14
	30.66	1:07.36 1:53.83 2:26.80				
	(30.66)	(36.70) (46.47) (32.97)				
4:30.53S	F # 55B	Female 15-16 400 Free	NWMY	1	---	2.79
	30.60	1:04.10 1:37.94 2:12.02 2:46.45 3:20.96 3:55.91 4:30.53				
	(30.60)	(33.50) (33.84) (34.08) (34.43) (34.51) (34.95) (34.62)				
NS	P # 60B	Female 15-16 100 Breast	NWMY	---	---	---
Eva Barry (15) F						
1:17.60S	P # 11B	Female 15-16 100 Fly	NWMY	15	---	1.00
	34.79	1:17.60				
	(34.79)	(42.81)				
1:09.59S	P # 21B	Female 15-16 100 Free	NWMY	36	---	-0.04
	33.14	1:09.59				
	(33.14)	(36.45)				
1:23.85S	P # 36B	Female 15-16 100 Back	NWMY	28	---	4.90
	40.73	1:23.85				
	(40.73)	(43.12)				
32.21S	P # 40B	Female 15-16 50 Free	NWMY	30	---	0.30
2:49.53S	F # 43B	Female 15-16 200 IM	NWMY	28	---	3.04
	36.37	1:20.25 2:10.03 2:49.53				
	(36.37)	(43.88) (49.78) (39.50)				
34.32S	P # 52B	Female 15-16 50 Fly	NWMY	13	---	0.16

Individual Meet Results

South East Wales Regional Championships 03-Feb-17 to 12-Feb-17 [Ageup: 31/12/2017] SC Meters
Location: Newport International Pool

Time	F/P/S	Event		Place	Points	Improv
Sophie Blake (16) F						
1:08.54S	P # 11B	Female 15-16 100 Fly	NWMY	6	---	-7.15
	31.34	1:08.54				
	(31.34)	(37.20)				
1:09.96S	F # 11B	Female 15-16 100 Fly	NWMY	5	---	-5.73
	32.05	1:09.96				
	(32.05)	(37.91)				
2:16.83S	F # 18B	Female 15-16 200 Free	NWMY	10	---	-0.02
	31.93	1:06.86	1:41.94	2:16.83		
	(31.93)	(34.93)	(35.08)	(34.89)		
2:26.70S	F # 28B	Female 15-16 200 Back	NWMY	3	---	-3.98
	33.73	1:10.71	1:48.75	2:26.70		
	(33.73)	(36.98)	(38.04)	(37.95)		
1:08.29S	P # 36B	Female 15-16 100 Back	NWMY	2	---	0.41
	32.99	1:08.29				
	(32.99)	(35.30)				
1:08.80S	F # 36B	Female 15-16 100 Back	NWMY	2	---	0.92
	33.65	1:08.80				
	(33.65)	(35.15)				
29.49S	P # 40B	Female 15-16 50 Free	NWMY	9	---	1.07
30.74S	F # 52B	Female 15-16 50 Fly	NWMY	3	---	0.10
30.90S	P # 52B	Female 15-16 50 Fly	NWMY	3	---	0.26
Aidan Bryce (17) M						
1:04.30S	P # 5C	Male 17 & Over 100 Back	NWMY	4	---	0.25
	30.86	1:04.30				
	(30.86)	(33.44)				
1:04.81S	F # 5C	Male 17 & Over 100 Back	NWMY	3	---	0.76
	31.50	1:04.81				
	(31.50)	(33.31)				
2:18.30S	F # 23C	Male 17 & Over 200 Back	NWMY	2	---	0.62
29.80S	P # 51C	Male 17 & Over 50 Back	NWMY	3	---	---
29.92S	F # 51C	Male 17 & Over 50 Back	NWMY	3	---	0.12
57.26S	P # 59C	Male 17 & Over 100 Free	NWMY	9	---	-0.24
	27.61	57.26				
	(27.61)	(29.65)				
57.58S	F # 59C	Male 17 & Over 100 Free	NWMY	6	---	0.08
	27.61	57.58				
	(27.61)	(29.97)				

Individual Meet Results
South East Wales Regional Championships 03-Feb-17 to 12-Feb-17 [Ageup: 31/12/2017] SC Meters
Location: Newport International Pool

Time	F/P/S	Event	Place	Points	Improv	
Kameron Clarke (15) M						
1:03.02S	P # 5B	Male 15-16 100 Back	NWMY	2	---	-2.16
	30.69	1:03.02				
	(30.69)	(32.33)				
1:04.73S	F # 5B	Male 15-16 100 Back	NWMY	4	---	-0.45
	31.39	1:04.73				
	(31.39)	(33.34)				
27.87S	P # 14B	Male 15-16 50 Fly	NWMY	1	---	0.02
28.11S	F # 14B	Male 15-16 50 Fly	NWMY	3	---	0.26
4:36.77S	F # 17B	Male 15-16 400 Free	NWMY	6	---	17.30
	31.26	1:05.68	1:39.64	2:14.48	2:50.58	3:25.81
	(31.26)	(34.42)	(33.96)	(34.84)	(36.10)	(35.23)
						(35.94) (35.02)
NS	F # 23B	Male 15-16 200 Back	NWMY	---	---	---
1:16.97S	F # 26B	Male 15-16 100 Breast	NWMY	4	---	0.91
	36.20	1:16.97				
	(36.20)	(40.77)				
1:18.26S	P # 26B	Male 15-16 100 Breast	NWMY	4	---	2.20
	36.88	1:18.26				
	(36.88)	(41.38)				
25.18S	F # 29B	Male 15-16 50 Free	NWMY	1	---	0.35
25.33S	P # 29B	Male 15-16 50 Free	NWMY	1	---	0.50
1:01.63S	F # 37B	Male 15-16 100 Fly	NWMY	4	---	0.31
	28.80	1:01.63				
	(28.80)	(32.83)				
1:03.45S	P # 37B	Male 15-16 100 Fly	NWMY	6	---	2.13
	29.37	1:03.45				
	(29.37)	(34.08)				
34.34S	F # 41B	Male 15-16 50 Breast	NWMY	3	---	-1.83
34.57S	P # 41B	Male 15-16 50 Breast	NWMY	3	---	-1.60
2:21.03S	F # 44B	Male 15-16 200 IM	NWMY	4	---	0.69
	29.30	1:05.83	1:49.76	2:21.03		
	(29.30)	(36.53)	(43.93)	(31.27)		
NS	F # 48B	Male 15-16 200 Free	NWMY	---	---	---
29.94S	P # 51B	Male 15-16 50 Back	NWMY	3	---	-1.02
30.59S	F # 51B	Male 15-16 50 Back	NWMY	3	---	-0.37
53.91S	F # 59B	Male 15-16 100 Free	NWMY	2	---	-0.20
	26.29	53.91				
	(26.29)	(27.62)				
54.65S	P # 59B	Male 15-16 100 Free	NWMY	1	---	0.54
	26.82	54.65				
	(26.82)	(27.83)				

Individual Meet Results
South East Wales Regional Championships 03-Feb-17 to 12-Feb-17 [Ageup: 31/12/2017] SC Meters
Location: Newport International Pool

Time	F/P/S	Event	Place	Points	Improv	
Harrison Coppen (12) M						
1:21.77S	P # 10B	Male 12-12 100 Free	NWMY	16	---	2.66
	38.69	1:21.77				
	(38.69)	(43.08)				
1:31.58S	F # 20B	Male 12-12 100 Breast	NWMY	3	---	-2.27
	43.46	1:31.58				
	(43.46)	(48.12)				
1:33.52S	P # 20B	Male 12-12 100 Breast	NWMY	3	---	-0.33
	42.88	1:33.52				
	(42.88)	(50.64)				
41.67S	P # 24B	Male 12-12 50 Back	NWMY	12	---	1.13
3:17.10S	F # 27B	Male 12-12 200 IM	NWMY	9	---	5.65
	47.94	1:38.75	2:30.77	3:17.10		
	(47.94)	(50.81)	(52.02)	(46.33)		
2:56.16S	F # 31B	Male 12-12 200 Free	NWMY	13	---	6.11
	39.65	1:25.66	2:12.56	2:56.16		
	(39.65)	(46.01)	(46.90)	(43.60)		
3:13.31S	F # 39B	Male 12-12 200 Breast	NWMY	1	---	-3.64
	44.86	1:35.89	2:26.12	3:13.31		
	(44.86)	(51.03)	(50.23)	(47.19)		
NS	P # 42B	Male 12-12 100 Back	NWMY	---	---	---
41.72S	F # 57B	Male 12-12 50 Breast	NWMY	3	---	-0.77
42.78S	P # 57B	Male 12-12 50 Breast	NWMY	2	---	0.29
Jensen Coppen (14) M						
NS	F # 13A	Male 14-14 200 Breast	NWMY	---	---	---
NS	P # 26A	Male 14-14 100 Breast	NWMY	---	---	---
29.16S	F # 29A	Male 14-14 50 Free	NWMY	5	---	-0.96
29.60S	P # 29A	Male 14-14 50 Free	NWMY	8	---	-0.52
NS	P # 41A	Male 14-14 50 Breast	NWMY	---	---	---
NS	P # 59A	Male 14-14 100 Free	NWMY	---	---	---
Anna Davies (15) F						
1:13.06S	DQ	P # 36B Female 15-16 100 Back	NWMY	---	---	---
		34.92	1:13.06			
		(34.92)	(38.14)			
30.18S	P # 40B	Female 15-16 50 Free	NWMY	14	---	0.77
2:43.61S	F # 43B	Female 15-16 200 IM	NWMY	20	---	1.76
		35.46	1:15.63	2:06.20	2:43.61	
		(35.46)	(40.17)	(50.57)	(37.41)	

Individual Meet Results

South East Wales Regional Championships 03-Feb-17 to 12-Feb-17 [Ageup: 31/12/2017] SC Meters

Location: Newport International Pool

Time	F/P/S	Event	Place	Points	Improv	
Gianni Davies (12) M						
33.40S	F # 4B	Male 12-12 50 Fly	NWMY	1	---	-242.73
33.51S	P # 4B	Male 12-12 50 Fly	NWMY	1	---	-242.62
1:10.29S	F # 10B	Male 12-12 100 Free	NWMY	4	---	---
	33.14	1:10.29				
	(33.14)	(37.15)				
1:11.30S	P # 10B	Male 12-12 100 Free	NWMY	5	---	---
	33.64	1:11.30				
	(33.64)	(37.66)				
37.87S DQ	P # 24B	Male 12-12 50 Back	NWMY	---	---	---
3:00.97S DQ	F # 27B	Male 12-12 200 IM	NWMY	---	---	---
	37.01	1:23.01	2:19.35	3:00.97		
	(37.01)	(46.00)	(56.34)	(41.62)		
2:41.55S	F # 31B	Male 12-12 200 Free	NWMY	8	---	-2.06
	34.71	1:16.88	2:01.00	2:41.55		
	(34.71)	(42.17)	(44.12)	(40.55)		
30.92S	F # 46B	Male 12-12 50 Free	NWMY	2	---	-1.04
31.13S	P # 46B	Male 12-12 50 Free	NWMY	3	---	-0.83
44.15S	P # 57B	Male 12-12 50 Breast	NWMY	6	---	-1.76
44.73S	F # 57B	Male 12-12 50 Breast	NWMY	6	---	-1.18
5:43.41S	F # 61B	Male 12-12 400 Free	NWMY	8	---	-0.12
	35.17	1:17.77	2:01.94	2:44.65	3:28.63	4:13.63
	(35.17)	(42.60)	(44.17)	(42.71)	(43.98)	(45.00)
					(44.88)	(44.90)
Lewis Davies (11) M						
1:16.04S	P # 10A	Male 11-11 100 Free	NWMY	3	---	-8.02
	36.31	1:16.04				
	(36.31)	(39.73)				
1:16.54S	F # 10A	Male 11-11 100 Free	NWMY	3	---	-7.52
	36.66	1:16.54				
	(36.66)	(39.88)				
1:46.38S	P # 20A	Male 11-11 100 Breast	NWMY	7	---	-2.19
	50.31	1:46.38				
	(50.31)	(56.07)				
1:46.79S	F # 20A	Male 11-11 100 Breast	NWMY	6	---	-1.78
	50.40	1:46.79				
	(50.40)	(56.39)				
38.90S	F # 24A	Male 11-11 50 Back	NWMY	2	---	-0.41
39.50S	P # 24A	Male 11-11 50 Back	NWMY	2	---	0.19
2:56.54S	F # 31A	Male 11-11 200 Free	NWMY	10	---	-11.56
	40.15	1:27.23	2:14.50	2:56.54		
	(40.15)	(47.08)	(47.27)	(42.04)		
33.55S	P # 46A	Male 11-11 50 Free	NWMY	2	---	-1.29
33.89S	F # 46A	Male 11-11 50 Free	NWMY	3	---	-0.95

Individual Meet Results

South East Wales Regional Championships 03-Feb-17 to 12-Feb-17 [Ageup: 31/12/2017] SC Meters
Location: Newport International Pool

Time	F/P/S	Event	Place	Points	Improv
Ella Deakin (15) F					
DNF	F # 2E	Female 15-16 800 Free	NWMY	---	---
38.10S	P # 3B	Female 15-16 50 Back	NWMY	---	-0.09
2:33.51S	F # 18B	Female 15-16 200 Free	NWMY	---	-0.80
	35.16	1:13.65 1:53.84 2:33.51			
	(35.16)	(38.49) (40.19) (39.67)			
2:49.75S	F # 28B	Female 15-16 200 Back	NWMY	---	-3.39
	40.13	1:22.42 2:05.91 2:49.75			
	(40.13)	(42.29) (43.49) (43.84)			
43.00S	P # 30B	Female 15-16 50 Breast	NWMY	---	-0.65
NS	P # 36B	Female 15-16 100 Back	NWMY	---	---
Katie English (16) F					
2:30.55S DQ	F # 28B	Female 15-16 200 Back	NWMY	---	---
	33.86	1:11.02 1:50.86 2:30.55			
	(33.86)	(37.16) (39.84) (39.69)			
2:31.59S	F # 43B	Female 15-16 200 IM	NWMY	---	3.33
	32.46	1:10.53 1:57.08 2:31.59			
	(32.46)	(38.07) (46.55) (34.51)			
Jonathan Fairless (18) M					
1:05.04S	F # 5C	Male 17 & Over 100 Back	NWMY	---	4.12
	30.85	1:05.04			
	(30.85)	(34.19)			
1:05.21S	P # 5C	Male 17 & Over 100 Back	NWMY	---	4.29
	31.74	1:05.21			
	(31.74)	(33.47)			
29.70S	P # 14C	Male 17 & Over 50 Fly	NWMY	---	-1.74
4:30.76S	F # 17C	Male 17 & Over 400 Free	NWMY	---	9.27
	31.17	1:04.76 1:38.41 2:12.47 2:46.74 3:20.99 3:55.68 4:30.76			
	(31.17)	(33.59) (33.65) (34.06) (34.27) (34.25) (34.69) (35.08)			
2:21.33S	F # 23C	Male 17 & Over 200 Back	NWMY	---	6.94
1:02.66S	F # 37C	Male 17 & Over 100 Fly	NWMY	---	0.65
	29.26	1:02.66			
	(29.26)	(33.40)			
1:03.40S	P # 37C	Male 17 & Over 100 Fly	NWMY	---	1.39
	29.49	1:03.40			
	(29.49)	(33.91)			
NS	F # 44C	Male 17 & Over 200 IM	NWMY	---	---
NS	F # 48C	Male 17 & Over 200 Free	NWMY	---	---

Individual Meet Results
South East Wales Regional Championships 03-Feb-17 to 12-Feb-17 [Ageup: 31/12/2017] SC Meters
Location: Newport International Pool

Time	F/P/S	Event		Place	Points	Improv
Benjamin Fox-Wiltshire (12) M						
36.04S	F # 4B	Male 12-12 50 Fly	NWMY	6	---	-0.59
37.44S	P # 4B	Male 12-12 50 Fly	NWMY	7	---	0.81
1:12.76S	P # 10B	Male 12-12 100 Free	NWMY	6	---	-2.07
	34.67	1:12.76				
	(34.67)	(38.09)				
1:13.50S	F # 10B	Male 12-12 100 Free	NWMY	7	---	-1.33
	34.86	1:13.50				
	(34.86)	(38.64)				
37.64S	F # 24B	Male 12-12 50 Back	NWMY	2	---	-1.18
37.88S	P # 24B	Male 12-12 50 Back	NWMY	4	---	-0.94
2:35.17S	F # 31B	Male 12-12 200 Free	NWMY	6	---	0.95
	36.27	1:15.83 1:55.83 2:35.17				
	(36.27)	(39.56) (40.00) (39.34)				
1:19.03S	F # 42B	Male 12-12 100 Back	NWMY	3	---	-2.81
	39.05	1:19.03				
	(39.05)	(39.98)				
1:19.35S	P # 42B	Male 12-12 100 Back	NWMY	3	---	-2.49
	39.43	1:19.35				
	(39.43)	(39.92)				
31.89S	F # 46B	Male 12-12 50 Free	NWMY	5	---	-1.04
32.47S	P # 46B	Male 12-12 50 Free	NWMY	7	---	-0.46
1:19.79S	F # 53B	Male 12-12 100 Fly	NWMY	3	---	-8.76
	36.71	1:19.79				
	(36.71)	(43.08)				
1:22.78S	P # 53B	Male 12-12 100 Fly	NWMY	3	---	-5.77
	38.05	1:22.78				
	(38.05)	(44.73)				
41.81S	F # 57B	Male 12-12 50 Breast	NWMY	4	---	-3.40
42.36S	P # 57B	Male 12-12 50 Breast	NWMY	1	---	-2.85

Individual Meet Results
South East Wales Regional Championships 03-Feb-17 to 12-Feb-17 [Ageup: 31/12/2017] SC Meters
Location: Newport International Pool

Time	F/P/S	Event	Place	Points	Improv	
Alex Griffiths (14) M						
1:03.36S	F # 5A	Male 14-14 100 Back	NWMY	1	---	-0.45
	30.01	1:03.36				
	(30.01)	(33.35)				
1:05.18S	P # 5A	Male 14-14 100 Back	NWMY	2	---	1.37
	31.07	1:05.18				
	(31.07)	(34.11)				
29.40S	P # 14A	Male 14-14 50 Fly	NWMY	1	---	0.07
29.93S	F # 14A	Male 14-14 50 Fly	NWMY	1	---	0.60
2:23.60S	F # 23A	Male 14-14 200 Back	NWMY	2	---	---
	33.08	1:09.96	1:47.53	2:23.60		
	(33.08)	(36.88)	(37.57)	(36.07)		
26.10S	F # 29A	Male 14-14 50 Free	NWMY	1	---	0.26
26.16S	P # 29A	Male 14-14 50 Free	NWMY	1	---	0.32
37.22S	F # 41A	Male 14-14 50 Breast	NWMY	2	---	-0.23
37.45S	P # 41A	Male 14-14 50 Breast	NWMY	2	---	---
2:27.72S	F # 44A	Male 14-14 200 IM	NWMY	3	---	---
	31.07	1:07.01	1:53.84	2:27.72		
	(31.07)	(35.94)	(46.83)	(33.88)		
2:08.01S	F # 48A	Male 14-14 200 Free	NWMY	2	---	2.03
	28.40	1:01.04	1:34.89	2:08.01		
	(28.40)	(32.64)	(33.85)	(33.12)		
28.93S	P # 51A	Male 14-14 50 Back	NWMY	1	---	-0.16
29.22S	F # 51A	Male 14-14 50 Back	NWMY	1	---	0.13
57.28S	F # 59A	Male 14-14 100 Free	NWMY	1	---	0.35
	27.20	57.28				
	(27.20)	(30.08)				
57.56S	P # 59A	Male 14-14 100 Free	NWMY	1	---	0.63
	27.29	57.56				
	(27.29)	(30.27)				
Max Harris (15) M						
NS	F # 1E	Male 15-16 1500 Free	NWMY	---	---	---
NS	P # 5B	Male 15-16 100 Back	NWMY	---	---	---
NS	F # 13B	Male 15-16 200 Breast	NWMY	---	---	---
NS	F # 23B	Male 15-16 200 Back	NWMY	---	---	---
NS	P # 26B	Male 15-16 100 Breast	NWMY	---	---	---
34.68S	P # 41B	Male 15-16 50 Breast	NWMY	4	---	1.28
34.69S	F # 41B	Male 15-16 50 Breast	NWMY	4	---	1.29
32.18S	P # 51B	Male 15-16 50 Back	NWMY	5	---	0.02
Sophie Harris (12) F						
1:36.45S	P # 15B	Female 12-12 100 Breast	NWMY	10	---	-3.86
	44.98	1:36.45				
	(44.98)	(51.47)				
35.17S	P # 19B	Female 12-12 50 Free	NWMY	27	---	0.53
NS	F # 22B	Female 12-12 200 IM	NWMY	---	---	---
1:23.29S	P # 47B	Female 12-12 100 Back	NWMY	11	---	-0.70
	40.34	1:23.29				
	(40.34)	(42.95)				
38.90S	P # 58B	Female 12-12 50 Back	NWMY	10	---	0.79

Individual Meet Results
South East Wales Regional Championships 03-Feb-17 to 12-Feb-17 [Ageup: 31/12/2017] SC Meters
Location: Newport International Pool

Time	F/P/S	Event		Place	Points	Improv
Benjamin Hastings (13) M						
35.94S	F # 4C	Male 13-13 50 Fly	NWMY	5	---	-1.76
36.12S	P # 4C	Male 13-13 50 Fly	NWMY	6	---	-1.58
1:12.77S	P # 10C	Male 13-13 100 Free	NWMY	13	---	-6.03
	35.29	1:12.77				
	(35.29)	(37.48)				
2:44.88S	F # 16C	Male 13-13 200 Back	NWMY	4	---	-5.76
	39.59	1:21.39	2:03.71	2:44.88		
	(39.59)	(41.80)	(42.32)	(41.17)		
38.09S	P # 24C	Male 13-13 50 Back	NWMY	10	---	-0.32
2:56.66S	F # 27C	Male 13-13 200 IM	NWMY	7	---	1.04
	37.53	1:21.11	2:16.43	2:56.66		
	(37.53)	(43.58)	(55.32)	(40.23)		
2:37.92S	F # 31C	Male 13-13 200 Free	NWMY	12	---	-10.91
	36.25	1:17.37	1:58.58	2:37.92		
	(36.25)	(41.12)	(41.21)	(39.34)		
1:18.09S	F # 42C	Male 13-13 100 Back	NWMY	7	---	-1.51
	38.58	1:18.09				
	(38.58)	(39.51)				
1:18.33S	P # 42C	Male 13-13 100 Back	NWMY	7	---	-1.27
	38.55	1:18.33				
	(38.55)	(39.78)				
33.57S	P # 46C	Male 13-13 50 Free	NWMY	16	---	-1.13
Ellana Horton (15) F						
2:27.66S	F # 28B	Female 15-16 200 Back	NWMY	5	---	1.29
	34.94	1:12.57	1:50.79	2:27.66		
	(34.94)	(37.63)	(38.22)	(36.87)		
35.18S	F # 30B	Female 15-16 50 Breast	NWMY	1	---	-0.45
35.21S	P # 30B	Female 15-16 50 Breast	NWMY	1	---	-0.42
1:11.23S	P # 36B	Female 15-16 100 Back	NWMY	7	---	1.23
	34.68	1:11.23				
	(34.68)	(36.55)				
2:32.11S	F # 43B	Female 15-16 200 IM	NWMY	8	---	1.61
	34.52	1:12.47	1:55.53	2:32.11		
	(34.52)	(37.95)	(43.06)	(36.58)		
2:42.99S	F # 50B	Female 15-16 200 Breast	NWMY	3	---	1.48
	36.62	1:18.44	2:00.68	2:42.99		
	(36.62)	(41.82)	(42.24)	(42.31)		
1:15.87S	F # 60B	Female 15-16 100 Breast	NWMY	2	---	-0.71
	35.95	1:15.87				
	(35.95)	(39.92)				
1:16.59S	P # 60B	Female 15-16 100 Breast	NWMY	1	---	0.01
	36.08	1:16.59				
	(36.08)	(40.51)				

Individual Meet Results

South East Wales Regional Championships 03-Feb-17 to 12-Feb-17 [Ageup: 31/12/2017] SC Meters

Location: Newport International Pool

Time	F/P/S	Event	Place	Points	Improv	
Finnley Johnson (14) M						
3:06.71S	F # 13A	Male 14-14 200 Breast	NWMY	4	---	-3.44
		41.34 1:28.34 2:18.08 3:06.71 (41.34) (47.00) (49.74) (48.63)				
35.67S	P # 14A	Male 14-14 50 Fly	NWMY	9	---	0.93
1:27.52S	P # 26A	Male 14-14 100 Breast	NWMY	5	---	0.48
		40.89 1:27.52 (40.89) (46.63)				
NS	F # 26A	Male 14-14 100 Breast	NWMY	---	---	---
30.99S	P # 29A	Male 14-14 50 Free	NWMY	16	---	-0.01
40.52S	P # 41A	Male 14-14 50 Breast	NWMY	4	---	-0.79
NS	F # 41A	Male 14-14 50 Breast	NWMY	---	---	---
2:48.33S	F # 44A	Male 14-14 200 IM	NWMY	8	---	3.05
		36.08 1:18.81 2:08.60 2:48.33 (36.08) (42.73) (49.79) (39.73)				
McKenzie Johnston (14) F						
1:17.38S	P # 21A	Female 14-14 100 Free	NWMY	28	---	-1.81
		36.61 1:17.38 (36.61) (40.77)				
35.97S	P # 40A	Female 14-14 50 Free	NWMY	40	---	-0.06
3:03.31S	F # 43A	Female 14-14 200 IM	NWMY	22	---	0.35
		41.46 1:28.08 2:21.96 3:03.31 (41.46) (46.62) (53.88) (41.35)				
Elliot Jones (14) M						
33.05S	P # 29A	Male 14-14 50 Free	NWMY	20	---	-0.91
Emily Jones (12) F						
2:23.05S	F # 8B	Female 12-12 200 Free	NWMY	2	---	-23.24
		32.69 1:08.90 1:46.76 2:23.05 (32.69) (36.21) (37.86) (36.29)				
1:21.38S	P # 15B	Female 12-12 100 Breast	NWMY	2	---	0.36
		39.09 1:21.38 (39.09) (42.29)				
1:21.65S	F # 15B	Female 12-12 100 Breast	NWMY	2	---	0.63
		38.69 1:21.65 (38.69) (42.96)				
37.96S	F # 35B	Female 12-12 50 Breast	NWMY	2	---	0.71
38.21S	P # 35B	Female 12-12 50 Breast	NWMY	2	---	0.96
2:51.27S	F # 45B	Female 12-12 200 Breast	NWMY	2	---	-4.39
		39.12 1:22.76 2:07.35 2:51.27 (39.12) (43.64) (44.59) (43.92)				
Hannah Jones (17) F						
2:13.07S	F # 18C	Female 17 & Over 200 Free	NWMY	11	---	-1.95
		31.42 1:05.31 1:39.41 2:13.07 (31.42) (33.89) (34.10) (33.66)				
1:02.00S	P # 21C	Female 17 & Over 100 Free	NWMY	7	---	0.17
		30.03 1:02.00 (30.03) (31.97)				
1:02.52S	F # 21C	Female 17 & Over 100 Free	NWMY	6	---	0.69
		30.16 1:02.52 (30.16) (32.36)				

Individual Meet Results

South East Wales Regional Championships 03-Feb-17 to 12-Feb-17 [Ageup: 31/12/2017] SC Meters

Location: Newport International Pool

Time	F/P/S	Event	Place	Points	Improv	
Iwan Jones (15) M						
18:22.24S	F # 1E	Male 15-16 1500 Free	NWMY	2	---	1.10
	32.25	1:08.18 1:44.41 2:20.40 2:56.98 3:33.85 4:10.73 4:47.32				
	(32.25)	(35.93) (36.23) (35.99) (36.58) (36.87) (36.88) (36.59)				
	5:24.48	6:01.60 6:38.62 7:15.39 7:52.64 8:29.86 9:07.09 9:45.34				
	(37.16)	(37.12) (37.02) (36.77) (37.25) (37.22) (37.23) (38.25)				
	10:22.87	11:00.56 11:37.43 12:15.15 12:52.75 13:30.24 14:07.42 14:44.45				
	(37.53)	(37.69) (36.87) (37.72) (37.60) (37.49) (37.18) (37.03)				
	15:20.82	15:57.42 16:34.74 17:11.68 17:47.49 18:22.24				
	(36.37)	(36.60) (37.32) (36.94) (35.81) (34.75)				
30.42S	F # 14B	Male 15-16 50 Fly	NWMY	7	---	-0.03
30.42S	P # 14B	Male 15-16 50 Fly	NWMY	8	---	-0.03
4:36.64S	F # 17B	Male 15-16 400 Free	NWMY	5	---	-1.18
	31.02	1:05.45 1:40.36 2:15.94 2:51.49 3:27.31 4:03.42 4:36.64				
	(31.02)	(34.43) (34.91) (35.58) (35.55) (35.82) (36.11) (33.22)				
27.45S	P # 29B	Male 15-16 50 Free	NWMY	12	---	0.44
1:07.23S	P # 37B	Male 15-16 100 Fly	NWMY	11	---	---
	30.66	1:07.23				
	(30.66)	(36.57)				
37.53S	F # 41B	Male 15-16 50 Breast	NWMY	7	---	-0.69
38.19S	P # 41B	Male 15-16 50 Breast	NWMY	7	---	-0.03
1:01.03S	P # 59B	Male 15-16 100 Free	NWMY	13	---	1.40
	28.52	1:01.03				
	(28.52)	(32.51)				
Seren Jones (15) F						
11:24.25S	F # 2E	Female 15-16 800 Free	NWMY	11	---	9.16
	35.75	1:15.40 1:57.34 2:40.36 3:23.69 4:07.75 4:51.95 5:36.13				
	(35.75)	(39.65) (41.94) (43.02) (43.33) (44.06) (44.20) (44.18)				
	6:20.61	7:04.80 7:48.85 8:33.80 9:17.87 10:02.17 10:45.04 11:24.25				
	(44.48)	(44.19) (44.05) (44.95) (44.07) (44.30) (42.87) (39.21)				
33.47S	P # 40B	Female 15-16 50 Free	NWMY	39	---	1.45
Ben Langdon (14) M						
1:10.47S	P # 5A	Male 14-14 100 Back	NWMY	3	---	-0.59
	34.48	1:10.47				
	(34.48)	(35.99)				
1:10.55S	F # 5A	Male 14-14 100 Back	NWMY	3	---	-0.51
	34.38	1:10.55				
	(34.38)	(36.17)				
29.20S DQ	P # 14A	Male 14-14 50 Fly	NWMY	---	---	---
26.45S	F # 29A	Male 14-14 50 Free	NWMY	2	---	-0.25
26.53S	P # 29A	Male 14-14 50 Free	NWMY	2	---	-0.17
1:06.42S	F # 37A	Male 14-14 100 Fly	NWMY	1	---	-2.22
	30.93	1:06.42				
	(30.93)	(35.49)				
1:07.04S	P # 37A	Male 14-14 100 Fly	NWMY	1	---	-1.60
	31.08	1:07.04				
	(31.08)	(35.96)				
NS	F # 48A	Male 14-14 200 Free	NWMY	---	---	---

Individual Meet Results

South East Wales Regional Championships 03-Feb-17 to 12-Feb-17 [Ageup: 31/12/2017] SC Meters

Location: Newport International Pool

Time	F/P/S	Event	Place	Points	Improv	
Ciara Lawlor (15) F						
32.39S	F # 3B	Female 15-16 50 Back	NWMY	2	---	0.39
32.71S	P # 3B	Female 15-16 50 Back	NWMY	3	---	0.71
1:05.68S	P # 21B	Female 15-16 100 Free	NWMY	21	---	0.98
	31.44	1:05.68				
	(31.44)	(34.24)				
2:26.94S	F # 28B	Female 15-16 200 Back	NWMY	4	---	0.33
	34.48	1:11.65	1:49.61	2:26.94		
	(34.48)	(37.17)	(37.96)	(37.33)		
1:09.44S	F # 36B	Female 15-16 100 Back	NWMY	4	---	0.40
	33.77	1:09.44				
	(33.77)	(35.67)				
1:10.51S	P # 36B	Female 15-16 100 Back	NWMY	6	---	1.47
	34.19	1:10.51				
	(34.19)	(36.32)				
NS	P # 40B	Female 15-16 50 Free	NWMY	---	---	---
NS	P # 52B	Female 15-16 50 Fly	NWMY	---	---	---
Sophie Linton (14) F						
2:20.50S	F # 18A	Female 14-14 200 Free	NWMY	5	---	-0.98
	32.43	1:08.55	1:45.44	2:20.50		
	(32.43)	(36.12)	(36.89)	(35.06)		
1:01.60S	F # 21A	Female 14-14 100 Free	NWMY	1	---	-2.52
	29.43	1:01.60				
	(29.43)	(32.17)				
1:02.94S	P # 21A	Female 14-14 100 Free	NWMY	1	---	-1.18
	30.08	1:02.94				
	(30.08)	(32.86)				
28.73S	F # 40A	Female 14-14 50 Free	NWMY	2	---	-0.31
28.81S	P # 40A	Female 14-14 50 Free	NWMY	2	---	-0.23
2:35.88S	F # 43A	Female 14-14 200 IM	NWMY	5	---	-1.57
	33.40	1:13.21	2:00.85	2:35.88		
	(33.40)	(39.81)	(47.64)	(35.03)		
31.06S	F # 52A	Female 14-14 50 Fly	NWMY	1	---	-1.88
32.26S	P # 52A	Female 14-14 50 Fly	NWMY	3	---	-0.68
Scarlet Major (14) F						
NS	F # 2D	Female 14-14 800 Free	NWMY	---	---	---
1:07.76S	P # 36A	Female 14-14 100 Back	NWMY	1	---	1.06
	33.03	1:07.76				
	(33.03)	(34.73)				
1:07.94S	F # 36A	Female 14-14 100 Back	NWMY	1	---	1.24
	33.35	1:07.94				
	(33.35)	(34.59)				
28.01S	F # 40A	Female 14-14 50 Free	NWMY	1	---	0.42
28.31S	P # 40A	Female 14-14 50 Free	NWMY	1	---	0.72
NS	F # 55A	Female 14-14 400 Free	NWMY	---	---	---
1:17.50S	P # 60A	Female 14-14 100 Breast	NWMY	1	---	1.80
	37.13	1:17.50				
	(37.13)	(40.37)				
1:18.07S	F # 60A	Female 14-14 100 Breast	NWMY	1	---	2.37
	37.32	1:18.07				
	(37.32)	(40.75)				

Individual Meet Results

South East Wales Regional Championships 03-Feb-17 to 12-Feb-17 [Ageup: 31/12/2017] SC Meters
Location: Newport International Pool

Time	F/P/S	Event	Place	Points	Improv	
Sebastian Major (11) M						
41.65S	P # 24A	Male 11-11 50 Back	NWMY	5	---	-0.55
44.91S	F # 24A	Male 11-11 50 Back	NWMY	8	---	2.71
3:13.66S	F # 27A	Male 11-11 200 IM	NWMY	3	---	-0.62
	41.80	1:33.79	2:32.96	3:13.66		
	(41.80)	(51.99)	(59.17)	(40.70)		
2:43.15S	F # 31A	Male 11-11 200 Free	NWMY	2	---	-25.06
	37.33	1:19.53	2:02.63	2:43.15		
	(37.33)	(42.20)	(43.10)	(40.52)		
1:28.54S	F # 42A	Male 11-11 100 Back	NWMY	2	---	-4.75
	43.32	1:28.54				
	(43.32)	(45.22)				
1:31.46S	P # 42A	Male 11-11 100 Back	NWMY	3	---	-1.83
	44.23	1:31.46				
	(44.23)	(47.23)				
Alice Manship (16) F						
35.21S	F # 30B	Female 15-16 50 Breast	NWMY	2	---	0.27
35.62S	P # 30B	Female 15-16 50 Breast	NWMY	2	---	0.68
NS	F # 50B	Female 15-16 200 Breast	NWMY	---	---	---
1:17.02S	P # 60B	Female 15-16 100 Breast	NWMY	2	---	0.61
	36.35	1:17.02				
	(36.35)	(40.67)				
1:17.58S	F # 60B	Female 15-16 100 Breast	NWMY	4	---	1.17
	36.99	1:17.58				
	(36.99)	(40.59)				
Millie Mulligan (12) F						
NS	F # 2B	Female 12-12 800 Free	NWMY	---	---	---
NS	F # 8B	Female 12-12 200 Free	NWMY	---	---	---
NS	P # 9B	Female 12-12 50 Fly	NWMY	---	---	---
NS	F # 12B	Female 12-12 400 IM	NWMY	---	---	---
NS	F # 22B	Female 12-12 200 IM	NWMY	---	---	---
NS	P # 25B	Female 12-12 100 Fly	NWMY	---	---	---
2:49.56S	F # 62B	Female 12-12 200 Fly	NWMY	2	---	1.30
	37.95	1:21.24	2:05.78	2:49.56		
	(37.95)	(43.29)	(44.54)	(43.78)		

Individual Meet Results

South East Wales Regional Championships 03-Feb-17 to 12-Feb-17 [Ageup: 31/12/2017] SC Meters
Location: Newport International Pool

Time	F/P/S	Event	Place	Points	Improv	
Ewan Osmond (13) M						
19:43.82S	F # 1C	Male 13-13 1500 Free	NWMY	2	---	-101.07
	34.82	1:13.33 1:52.18 2:31.92 3:11.86 3:51.21 4:31.26 5:11.14				
	(34.82)	(38.51) (38.85) (39.74) (39.94) (39.35) (40.05) (39.88)				
	5:51.00	6:30.49 7:10.31 7:50.14 8:30.63 9:10.74 9:50.79 10:31.21				
	(39.86)	(39.49) (39.82) (39.83) (40.49) (40.11) (40.05) (40.42)				
	11:11.22	11:51.36 12:30.89 13:11.10 13:50.72 14:30.32 15:10.18 15:50.37				
	(40.01)	(40.14) (39.53) (40.21) (39.62) (39.60) (39.86) (40.19)				
	16:29.74	17:08.92 17:48.29 18:27.71 19:06.91 19:43.82				
	(39.37)	(39.18) (39.37) (39.42) (39.20) (36.91)				
1:07.48S	P # 10C	Male 13-13 100 Free	NWMY	3	---	-1.05
	32.45	1:07.48				
	(32.45)	(35.03)				
NS	F # 10C	Male 13-13 100 Free	NWMY	---	---	---
2:42.38S	F # 16C	Male 13-13 200 Back	NWMY	3	---	-3.66
	38.26	1:19.08 2:01.28 2:42.38				
	(38.26)	(40.82) (42.20) (41.10)				
2:23.94S	F # 31C	Male 13-13 200 Free	NWMY	5	---	-1.46
	33.56	1:10.05 1:47.54 2:23.94				
	(33.56)	(36.49) (37.49) (36.40)				
NS	P # 42C	Male 13-13 100 Back	NWMY	---	---	---
4:59.22S	F # 61C	Male 13-13 400 Free	NWMY	4	---	-22.30
	34.28	1:11.59 1:49.80 2:27.86 3:05.73 3:44.00 4:22.05 4:59.22				
	(34.28)	(37.31) (38.21) (38.06) (37.87) (38.27) (38.05) (37.17)				
Joshua Phillips (13) M						
3:14.41S	F # 27C	Male 13-13 200 IM	NWMY	13	---	1.74
	38.31	1:24.68 2:28.91 3:14.41				
	(38.31)	(46.37) (1:04.23) (45.50)				
NS	P # 46C	Male 13-13 50 Free	NWMY	---	---	---
NS	P # 53C	Male 13-13 100 Fly	NWMY	---	---	---
Macy Richards (13) F						
39.42S	P # 9C	Female 13-13 50 Fly	NWMY	21	---	0.40
NS	P # 19C	Female 13-13 50 Free	NWMY	---	---	---
NS	P # 56C	Female 13-13 100 Free	NWMY	---	---	---
Shea Richards (14) F						
NS	P # 3A	Female 14-14 50 Back	NWMY	---	---	---
NS	F # 18A	Female 14-14 200 Free	NWMY	---	---	---
NS	P # 21A	Female 14-14 100 Free	NWMY	---	---	---
NS	P # 30A	Female 14-14 50 Breast	NWMY	---	---	---
NS	P # 36A	Female 14-14 100 Back	NWMY	---	---	---
NS	P # 40A	Female 14-14 50 Free	NWMY	---	---	---
NS	P # 60A	Female 14-14 100 Breast	NWMY	---	---	---

Individual Meet Results
South East Wales Regional Championships 03-Feb-17 to 12-Feb-17 [Ageup: 31/12/2017] SC Meters
Location: Newport International Pool

Time	F/P/S	Event	Place	Points	Improv
Beth Simmons (12) F					
1:26.70S	P # 15B	Female 12-12 100 Breast	NWMY	4	---
	41.39	1:26.70			-1.40
	(41.39)	(45.31)			
1:27.22S	F # 15B	Female 12-12 100 Breast	NWMY	4	---
	41.94	1:27.22			-0.88
	(41.94)	(45.28)			
2:54.76S DQ	F # 22B	Female 12-12 200 IM	NWMY	---	---
	40.70	1:23.13 2:12.29 2:54.76			---
	(40.70)	(42.43) (49.16) (42.47)			
2:49.97S	F # 34B	Female 12-12 200 Back	NWMY	7	---
	40.90	1:23.71 2:07.69 2:49.97			-5.97
	(40.90)	(42.81) (43.98) (42.28)			
3:03.58S	F # 45B	Female 12-12 200 Breast	NWMY	3	---
	42.25	1:29.02 2:16.09 3:03.58			-5.24
	(42.25)	(46.77) (47.07) (47.49)			
1:21.61S	F # 47B	Female 12-12 100 Back	NWMY	7	---
	40.53	1:21.61			-2.94
	(40.53)	(41.08)			
1:22.02S	P # 47B	Female 12-12 100 Back	NWMY	7	---
	40.53	1:22.02			-2.53
	(40.53)	(41.49)			
1:16.28S	P # 56B	Female 12-12 100 Free	NWMY	21	---
	35.96	1:16.28			-1.71
	(35.96)	(40.32)			
Paige Simmons (15) F					
2:35.97S	F # 28B	Female 15-16 200 Back	NWMY	11	---
	36.80	1:15.64 1:55.93 2:35.97			0.07
	(36.80)	(38.84) (40.29) (40.04)			
36.82S	P # 30B	Female 15-16 50 Breast	NWMY	8	---
36.95S	F # 30B	Female 15-16 50 Breast	NWMY	7	---
1:14.53S	P # 36B	Female 15-16 100 Back	NWMY	13	---
	36.64	1:14.53			-0.02
	(36.64)	(37.89)			
NS	F # 50B	Female 15-16 200 Breast	NWMY	---	---
1:20.15S	P # 60B	Female 15-16 100 Breast	NWMY	9	---
	37.82	1:20.15			1.90
	(37.82)	(42.33)			

Individual Meet Results

South East Wales Regional Championships 03-Feb-17 to 12-Feb-17 [Ageup: 31/12/2017] SC Meters
Location: Newport International Pool

Time	F/P/S	Event	Place	Points	Improv	
Adam Steven (11) M						
22:44.73S	F # 1A	Male 11-11 1500 Free	NWMY	1	---	-85.38
	38.92	1:23.53 2:08.90 2:54.08	3:39.94 4:25.23	5:10.67 5:56.24		
	(38.92)	(44.61) (45.37) (45.18)	(45.86) (45.29)	(45.44) (45.57)		
	6:42.32	7:27.41 8:12.83 8:59.34	9:45.89 10:32.38	11:18.82 12:05.08		
	(46.08)	(45.09) (45.42) (46.51)	(46.55) (46.49)	(46.44) (46.26)		
	12:51.19	13:38.19 14:23.99 15:09.47	15:56.37 16:40.94	17:27.03 18:13.08		
	(46.11)	(47.00) (45.80) (45.48)	(46.90) (44.57)	(46.09) (46.05)		
	18:59.09	19:45.43 20:32.10 21:17.80	22:03.27 22:44.73			
	(46.01)	(46.34) (46.67) (45.70)	(45.47) (41.46)			
1:14.72S	F # 10A	Male 11-11 100 Free	NWMY	2	---	-3.40
	35.30	1:14.72				
	(35.30)	(39.42)				
1:15.03S	P # 10A	Male 11-11 100 Free	NWMY	2	---	-3.09
	35.28	1:15.03				
	(35.28)	(39.75)				
1:38.54S	F # 20A	Male 11-11 100 Breast	NWMY	3	---	-3.19
	45.57	1:38.54				
	(45.57)	(52.97)				
1:39.77S	P # 20A	Male 11-11 100 Breast	NWMY	3	---	-1.96
	46.62	1:39.77				
	(46.62)	(53.15)				
2:43.41S	F # 31A	Male 11-11 200 Free	NWMY	3	---	-2.01
	37.96	1:20.38 2:03.24 2:43.41				
	(37.96)	(42.42) (42.86) (40.17)				
3:32.66S	F # 39A	Male 11-11 200 Breast	NWMY	1	---	-14.87
	48.35	1:43.45 2:39.64 3:32.66				
	(48.35)	(55.10) (56.19) (53.02)				
33.78S	P # 46A	Male 11-11 50 Free	NWMY	3	---	-1.09
33.86S	F # 46A	Male 11-11 50 Free	NWMY	2	---	-1.01
44.91S	P # 57A	Male 11-11 50 Breast	NWMY	2	---	-0.74
45.40S	F # 57A	Male 11-11 50 Breast	NWMY	2	---	-0.25
5:41.39S	F # 61A	Male 11-11 400 Free	NWMY	3	---	-15.22
	39.64	1:23.80 2:07.57 2:51.96	3:35.54 4:18.99	5:00.84 5:41.39		
	(39.64)	(44.16) (43.77) (44.39)	(43.58) (43.45)	(41.85) (40.55)		

Individual Meet Results

South East Wales Regional Championships 03-Feb-17 to 12-Feb-17 [Ageup: 31/12/2017] SC Meters
Location: Newport International Pool

Time	F/P/S	Event	Place	Points	Improv	
Emyr Thomas (16) M						
18:44.44S	F # 1E	Male 15-16 1500 Free	NWMY	4	---	15.06
	30.71	1:06.01 1:42.44 2:19.35	2:56.98 3:34.55	4:11.79	4:49.65	
	(30.71)	(35.30) (36.43) (36.91)	(37.63) (37.57)	(37.24)	(37.86)	
	5:27.61	6:05.41 6:43.07 7:21.34	7:58.80 8:36.72	9:14.79	9:52.84	
	(37.96)	(37.80) (37.66) (38.27)	(37.46) (37.92)	(38.07)	(38.05)	
	10:31.05	11:09.61 11:47.67 12:26.36	13:04.61 13:42.35	14:20.74	14:58.86	
	(38.21)	(38.56) (38.06) (38.69)	(38.25) (37.74)	(38.39)	(38.12)	
	15:37.43	16:15.51 16:52.97 17:30.92	18:08.32 18:44.44			
	(38.57)	(38.08) (37.46) (37.95)	(37.40) (36.12)			
4:41.04S	F # 17B	Male 15-16 400 Free	NWMY	7	---	-0.13
	30.16	1:04.74 1:40.33 2:16.61	2:52.95 3:29.57	4:06.11	4:41.04	
	(30.16)	(34.58) (35.59) (36.28)	(36.34) (36.62)	(36.54)	(34.93)	
2:27.70S	F # 23B	Male 15-16 200 Back	NWMY	4	---	-1.50
	34.18	1:11.40 1:50.44 2:27.70				
	(34.18)	(37.22) (39.04) (37.26)				
Grace Thomas (12) F						
39.38S	P # 9B	Female 12-12 50 Fly	NWMY	13	---	-0.78
37.20S	P # 19B	Female 12-12 50 Free	NWMY	33	---	0.12
Niamh Thomas (16) F						
33.74S	P # 3B	Female 15-16 50 Back	NWMY	5	---	-0.06
33.84S	F # 3B	Female 15-16 50 Back	NWMY	5	---	0.04
NS	F # 18B	Female 15-16 200 Free	NWMY	---	---	---
1:05.43S	P # 21B	Female 15-16 100 Free	NWMY	19	---	0.26
	31.51	1:05.43				
	(31.51)	(33.92)				
2:28.12S	F # 28B	Female 15-16 200 Back	NWMY	6	---	0.15
	34.64	1:11.73 1:50.11 2:28.12				
	(34.64)	(37.09) (38.38) (38.01)				
37.93S	P # 30B	Female 15-16 50 Breast	NWMY	9	---	0.06
1:11.54S	F # 36B	Female 15-16 100 Back	NWMY	8	---	1.03
	34.79	1:11.54				
	(34.79)	(36.75)				
1:11.79S	P # 36B	Female 15-16 100 Back	NWMY	8	---	1.28
	34.72	1:11.79				
	(34.72)	(37.07)				
NS	P # 40B	Female 15-16 50 Free	NWMY	---	---	---
NS	F # 43B	Female 15-16 200 IM	NWMY	---	---	---
NS	P # 52B	Female 15-16 50 Fly	NWMY	---	---	---
NS	F # 55B	Female 15-16 400 Free	NWMY	---	---	---
1:20.96S	P # 60B	Female 15-16 100 Breast	NWMY	10	---	0.84
	37.96	1:20.96				
	(37.96)	(43.00)				

Individual Meet Results

South East Wales Regional Championships 03-Feb-17 to 12-Feb-17 [Ageup: 31/12/2017] SC Meters

Location: Newport International Pool

Time	F/P/S	Event	Place	Points	Improv	
Eleanor Walker (12) F						
37.67S	P # 9B	Female 12-12 50 Fly	NWMY	7	---	-0.36
37.76S	F # 9B	Female 12-12 50 Fly	NWMY	8	---	-0.27
1:31.87S	P # 15B	Female 12-12 100 Breast	NWMY	6	---	-0.08
	42.80	1:31.87				
	(42.80)	(49.07)				
1:33.29S	F # 15B	Female 12-12 100 Breast	NWMY	6	---	1.34
	43.79	1:33.29				
	(43.79)	(49.50)				
3:12.62S	F # 45B	Female 12-12 200 Breast	NWMY	4	---	-4.42
	43.48	1:32.59	2:23.08	3:12.62		
	(43.48)	(49.11)	(50.49)	(49.54)		
1:26.77S	P # 47B	Female 12-12 100 Back	NWMY	13	---	-1.87
	41.82	1:26.77				
	(41.82)	(44.95)				
Ellie Ward (13) F						
10:27.41S	F # 2C	Female 13-13 800 Free	NWMY	7	---	-0.84
	34.81	1:14.03	1:53.87	2:33.23	3:13.32	3:53.13
	(34.81)	(39.22)	(39.84)	(39.36)	(40.09)	(39.81)
	5:53.79	6:33.74	7:13.21	7:53.27	8:32.75	9:12.15
	(39.82)	(39.95)	(39.47)	(40.06)	(39.48)	(39.40)
					(38.01)	(37.25)
2:28.61S	F # 8C	Female 13-13 200 Free	NWMY	13	---	-12.33
	33.54	1:12.00	1:51.33	2:28.61		
	(33.54)	(38.46)	(39.33)	(37.28)		
34.40S	F # 9C	Female 13-13 50 Fly	NWMY	7	---	0.17
35.18S	P # 9C	Female 13-13 50 Fly	NWMY	8	---	0.95
1:22.26S	F # 15C	Female 13-13 100 Breast	NWMY	2	---	-2.33
	39.06	1:22.26				
	(39.06)	(43.20)				
1:22.47S	P # 15C	Female 13-13 100 Breast	NWMY	2	---	-2.12
	38.76	1:22.47				
	(38.76)	(43.71)				
31.31S	P # 19C	Female 13-13 50 Free	NWMY	11	---	-0.08
2:46.74S	F # 22C	Female 13-13 200 IM	NWMY	10	---	2.78
	36.77	1:19.70	2:08.13	2:46.74		
	(36.77)	(42.93)	(48.43)	(38.61)		
1:24.25S	P # 25C	Female 13-13 100 Fly	NWMY	11	---	1.58
	39.10	1:24.25				
	(39.10)	(45.15)				
2:44.38S	F # 34C	Female 13-13 200 Back	NWMY	10	---	-4.24
	38.28	1:20.52	2:03.51	2:44.38		
	(38.28)	(42.24)	(42.99)	(40.87)		
38.87S	F # 35C	Female 13-13 50 Breast	NWMY	5	---	-1.18
39.29S	P # 35C	Female 13-13 50 Breast	NWMY	4	---	-0.76
2:57.42S DQ	F # 45C	Female 13-13 200 Breast	NWMY	---	---	---
	40.08	1:26.38	2:12.62	2:57.42		
	(40.08)	(46.30)	(46.24)	(44.80)		
1:19.40S	P # 47C	Female 13-13 100 Back	NWMY	14	---	-0.91
	38.54	1:19.40				
	(38.54)	(40.86)				
William Watkins (12) M						
37.76S	P # 46B	Male 12-12 50 Free	NWMY	19	---	0.55

Individual Meet Results
South East Wales Regional Championships 03-Feb-17 to 12-Feb-17 [Ageup: 31/12/2017] SC Meters
Location: Newport International Pool

Time	F/P/S	Event	Place	Points	Improv
Ryan Woodman (13) M					
1:10.56S	P # 10C	Male 13-13 100 Free	NWMY	10	---
	34.23	1:10.56			-2.83
	(34.23)	(36.33)			
NS	F # 16C	Male 13-13 200 Back	NWMY	---	---
NS	P # 20C	Male 13-13 100 Breast	NWMY	---	---
35.52S	F # 24C	Male 13-13 50 Back	NWMY	3	---
35.66S	P # 24C	Male 13-13 50 Back	NWMY	4	---
1:17.64S	F # 42C	Male 13-13 100 Back	NWMY	6	---
	38.16	1:17.64			-1.85
	(38.16)	(39.48)			
1:18.90S	P # 42C	Male 13-13 100 Back	NWMY	8	---
	39.62	1:18.90			-0.59
	(39.62)	(39.28)			
NS	P # 46C	Male 13-13 50 Free	NWMY	---	---
41.15S	F # 57C	Male 13-13 50 Breast	NWMY	3	---
41.79S	P # 57C	Male 13-13 50 Breast	NWMY	3	---