

## Individual Meet Results

**Plymouth Leander L1/3 Spring Regional Qualifi 14-Mar-20 to 15-Mar-20 [Ageup: 15/03/2020] LC Meters**

**Location: ifiPlvmouth Life Centre**

**City of Newport Swimming Club [NWMY] Coach: Ross Nicholas**

Time	F/P/S	Event	Place	Points	Improv
<b>Megan Allison (17) F</b>					
NS	F # 104E	Female 17 & Over 100 Free	---	---	---
NS	F # 106E	Female 17 & Over 50 Fly	---	---	---
NS	F # 305E	Female 17 & Over 100 Fly	---	---	---
NS	F # 307E	Female 17 & Over 50 Free	---	---	---
NS	F # 407E	Female 17 & Over 200 Free	---	---	---
<b>Evan Davies (13) M</b>					
1:12.47L	F # 105C	Male 13-14 100 Fly	11	6	---
29.12L	F # 107C	Male 13-14 50 Free	26	---	-0.60
33.86L	F # 205C	Male 13-14 50 Back	9	9	-1.43
2:46.54L	F # 208F	Male 13-14 200 IM	1	20	-1.32
1:07.62L	F # 304C	Male 13-14 100 Free	5	14	0.52
32.06L	F # 306C	Male 13-14 50 Fly	18	---	0.15
1:16.32L	F # 401C	Male 13-14 100 Back	17	---	-8.98
2:26.84L	F # 406C	Male 13-14 200 Free	3	16	---
<b>Benjamin Fox-Wiltshire (14) M</b>					
2:19.34L	F # 103C	Male 13-14 200 Back	2	17	-1.10
26.84L	F # 107C	Male 13-14 50 Free	4	15	0.66
9:05.32L	F # 108D	Male 13-14 800 Free	1	20	---
1:13.21L	F # 202C	Male 13-14 100 Breast	3	16	-19.84
2:20.36L	F # 208F	Male 13-14 200 IM	2	17	1.03
57.80L	F # 304C	Male 13-14 100 Free	3	15.5	0.58
28.82L	F # 306C	Male 13-14 50 Fly	4	15	-0.52
1:04.95L	F # 401C	Male 13-14 100 Back	3	16	-0.02
4:58.59L	F # 403D	Male 13-14 400 IM	2	17	1.34
<b>Tesni Francis-Parker (13) F</b>					
1:07.89L	F # 104C	Female 13-14 100 Free	12	5	-0.85
34.55L	F # 106C	Female 13-14 50 Fly	39	---	1.05
NS	F # 204C	Female 13-14 50 Breast	---	---	---
1:17.11L	F # 305C	Female 13-14 100 Fly	25	---	1.49
31.99L	F # 307C	Female 13-14 50 Free	14	3	0.65
2:30.54L	F # 407C	Female 13-14 200 Free	7	12	0.91
<b>Alex Griffiths (16) M</b>					
24.86L	F # 107D	Male 15-16 50 Free	3	16	---
29.13L	F # 205D	Male 15-16 50 Back	6	13	-1.45
2:22.02L	F # 208H	Male 15-16 200 IM	5	14	---
54.39L	F # 304D	Male 15-16 100 Free	3	16	-5.10
NS	F # 401D	Male 15-16 100 Back	---	---	---
NS	F # 406D	Male 15-16 200 Free	---	---	---
<b>Emily Jones (15) F</b>					
NS	F # 102D	Female 15-16 200 Breast	---	---	---
NS	F # 106D	Female 15-16 50 Fly	---	---	---
NS	F # 204D	Female 15-16 50 Breast	---	---	---
NS	F # 208G	Female 15-16 200 IM	---	---	---
NS	F # 402D	Female 15-16 100 Breast	---	---	---
<b>Lucy Jones (13) F</b>					
2:44.42L	F # 208E	Female 13-14 200 IM	27	---	---
5:08.96L	F # 301C	Female 13-14 400 Free	3	16	-18.15

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<b>Charlotte Keepings (13) F</b>					
1:06.33L	F # 104C	Female 13-14 100 Free	5	14	-0.47
35.18L	F # 106C	Female 13-14 50 Fly	6	13	---
1:17.41L	F # 201C	Female 13-14 100 Back	21	---	---
44.21L	F # 204C	Female 13-14 50 Breast	3	16	-5.10
29.91L	F # 307C	Female 13-14 50 Free	22	---	-0.28
34.84L	F # 405C	Female 13-14 50 Back	15	2	-0.01
<b>Sophie Linton (16) F</b>					
1:00.00L	F # 104D	Female 15-16 100 Free	9	9	0.28
30.65L	F # 106D	Female 15-16 50 Fly	13	4	-0.02
2:28.43L	F # 208G	Female 15-16 200 IM	5	14	1.84
27.92L	F # 307D	Female 15-16 50 Free	5	14	0.35
NS	F # 405D	Female 15-16 50 Back	---	---	---
NS	F # 407D	Female 15-16 200 Free	---	---	---
<b>Scarlet Major (16) F</b>					
59.32L	F # 104D	Female 15-16 100 Free	1	20	---
30.04L	F # 106D	Female 15-16 50 Fly	9	9	---
1:04.87L	F # 201D	Female 15-16 100 Back	2	17	---
2:21.49L	F # 208G	Female 15-16 200 IM	1	20	---
2:21.44L	F # 303D	Female 15-16 200 Back	2	17	-3.43
NS	F # 403E	Female 15-16 400 IM	---	---	---
30.90L	F # 405D	Female 15-16 50 Back	3	16	0.37
<b>Sebastian Major (14) M</b>					
4:33.59L	F # 101C	Male 13-14 400 Free	3	16	-4.19
1:03.72L	F # 105C	Male 13-14 100 Fly	3	16	0.88
27.49L	F # 107C	Male 13-14 50 Free	9	9	0.41
2:23.43L	F # 203F	Male 13-14 200 Fly	1	---	---
59.52L	F # 304C	Male 13-14 100 Free	7	12	-0.06
28.29L	F # 306C	Male 13-14 50 Fly	2	17	-0.61
2:07.54L	F # 406C	Male 13-14 200 Free	2	16.5	-4.38
<b>Jessica Part (16) F</b>					
9:38.62L	F # 108E	Female 15-16 800 Free	5	14	3.20
1:09.38L	F # 305D	Female 15-16 100 Fly	8	11	0.31
<b>Freya Rose (14) F</b>					
1:04.55L	F # 104C	Female 13-14 100 Free	19	---	-1.97
32.62L	F # 106C	Female 13-14 50 Fly	26	---	---
9:57.43L	F # 108C	Female 13-14 800 Free	4	15	5.74
NS	F # 208E	Female 13-14 200 IM	---	---	---
4:48.75L	F # 301C	Female 13-14 400 Free	5	14	-2.38
30.10L	F # 307C	Female 13-14 50 Free	25	---	-0.66
18:59.48L	F # 308C	Female 13-14 1500 Free	1	20	12.27
NS	F # 407C	Female 13-14 200 Free	---	---	---

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<b>Ryan Steven (17) M</b>					
4:45.17L	F # 101E	Male 17 & Over 400 Free	3	16	-9.99
1:08.56L	F # 105E	Male 17 & Over 100 Fly	4	15	---
10:16.36L	F # 108H	Male 17 & Over 800 Free	1	20	-9.30
2:36.85L	F # 203J	Male 17 & Over 200 Fly	1	20	---
2:37.14L	F # 208J	Male 17 & Over 200 IM	2	17	---
30.66L	F # 306E	Male 17 & Over 50 Fly	5	14	---
19:35.37L	F # 308H	Male 17 & Over 1500 Free	1	20	---
5:33.93L	F # 403H	Male 17 & Over 400 IM	1	20	0.96
<b>Isobel Stevens (14) F</b>					
30.53L	F # 106C	Female 13-14 50 Fly	8	11	0.25
9:31.19L	F # 108C	Female 13-14 800 Free	2	17	-5.48
2:25.58L	F # 203E	Female 13-14 200 Fly	1	20	---
4:36.97L	F # 301C	Female 13-14 400 Free	2	17	-6.67
1:06.70L	F # 305C	Female 13-14 100 Fly	4	15	0.35
<b>Jessica Sweeney (14) F</b>					
36.08L	F # 106C	Female 13-14 50 Fly	9	9	-1.77
40.13L	F # 204C	Female 13-14 50 Breast	30	---	-0.62
5:32.61L	F # 301C	Female 13-14 400 Free	8	11	---
<b>Ellie Ward (15) F</b>					
2:58.50L	F # 102D	Female 15-16 200 Breast	15	2	4.96
32.11L	F # 106D	Female 15-16 50 Fly	26	---	0.40
38.44L	F # 204D	Female 15-16 50 Breast	17	---	-0.30
2:39.27L	F # 208G	Female 15-16 200 IM	15	2	5.44
19:04.62L	F # 308E	Female 15-16 1500 Free	2	17	8.42
1:24.96L	F # 402D	Female 15-16 100 Breast	16	1	1.01
34.92L	F # 405D	Female 15-16 50 Back	16	1	0.80
<b>James Watkins (15) M</b>					
4:33.99L	F # 101D	Male 15-16 400 Free	9	9	-4.00
27.49L	F # 107D	Male 15-16 50 Free	27	---	-0.36
1:20.93L	F # 202D	Male 15-16 100 Breast	2	17	-0.15
2:28.37L	F # 208H	Male 15-16 200 IM	12	5	-4.21
59.41L	F # 304D	Male 15-16 100 Free	26	---	-0.41
31.44L	F # 306D	Male 15-16 50 Fly	4	15	0.48