

Individual Meet Results

South East Wales Regional Championships 02-Feb-18 to 11-Feb-18 [Ageup: 31/12/2018] SC Meters

Location: Newport International Pool

City Of Newport [NWMY] Coach: James Goodwin

Time	F/P/S	Event	Place	Points	Improv
Connor Acland (22) M					
27.08S	P # 14C	Male 17 & Over 50 Fly	4	---	0.83
25.23S	P # 29C	Male 17 & Over 50 Free	5	---	0.83
NS	P # 37C	Male 17 & Over 100 Fly	---	---	---
NS	F # 48C	Male 17 & Over 200 Free	---	---	---
NS	P # 59C	Male 17 & Over 100 Free	---	---	---
Megan Allison (16) F					
9:16.53S	F # 2E	Female 15-16 800 Free	1	---	4.19
	30.80	1:04.55 1:39.04 2:13.85 2:48.23 3:22.80 3:57.68 4:32.73			
	(30.80)	(33.75) (34.49) (34.81) (34.38) (34.57) (34.88) (35.05)			
	5:07.79	5:43.42 6:19.75 6:55.56 7:31.42 8:07.09 8:42.33 9:16.53			
	(35.06)	(35.63) (36.33) (35.81) (35.86) (35.67) (35.24) (34.20)			
NS	P # 11B	Female 15-16 100 Fly	---	---	---
NS	F # 18B	Female 15-16 200 Free	---	---	---
NS	P # 21B	Female 15-16 100 Free	---	---	---
NS	F # 33B	Female 15-16 200 Fly	---	---	---
Lily Bigham (13) F					
3:09.32S	F # 22C	Female 13-13 200 IM	27	---	---
	42.99	1:28.91 2:25.32 3:09.32			
	(42.99)	(45.92) (56.41) (44.00)			
44.24S	P # 35C	Female 13-13 50 Breast	22	---	---
3:25.93S DQ	F # 45C	Female 13-13 200 Breast	---	---	---
	46.62	1:39.50 2:33.85 3:25.93			
	(46.62)	(52.88) (54.35) (52.08)			
1:23.77S	P # 47C	Female 13-13 100 Back	26	---	---
	40.83	1:23.77			
	(40.83)	(42.94)			
39.83S	P # 58C	Female 13-13 50 Back	24	---	---
Eve Bowen (13) F					
2:31.45S	F # 8C	Female 13-13 200 Free	14	---	-1.13
	32.84	1:09.81 1:49.66 2:31.45			
	(32.84)	(36.97) (39.85) (41.79)			
35.06S	P # 9C	Female 13-13 50 Fly	12	---	-1.37
31.81S	P # 19C	Female 13-13 50 Free	17	---	-1.38
44.23S	P # 35C	Female 13-13 50 Breast	21	---	-0.95
1:08.63S	P # 56C	Female 13-13 100 Free	17	---	-5.05
	32.77	1:08.63			
	(32.77)	(35.86)			

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Time	F/P/S	Event	Place	Points	Improv
Aidan Bryce (18) M					
1:01.35S	P # 5C	Male 17 & Over 100 Back	4	---	-0.13
	29.53	1:01.35			
	(29.53)	(31.82)			
1:02.05S	F # 5C	Male 17 & Over 100 Back	4	---	0.57
	30.14	1:02.05			
	(30.14)	(31.91)			
4:11.18S	F # 17C	Male 17 & Over 400 Free	1	---	1.32
	28.03	59.06 1:30.49 2:02.48			
	(28.03)	(31.03) (31.43) (31.99)			
		(32.06) (32.43) (32.01) (32.20)			
2:11.84S	F # 23C	Male 17 & Over 200 Back	2	---	0.51
	31.01	1:04.47 1:38.24 2:11.84			
	(31.01)	(33.46) (33.77) (33.60)			
1:59.19S	F # 48C	Male 17 & Over 200 Free	3	---	-0.89
	27.59	58.00 1:28.93 1:59.19			
	(27.59)	(30.41) (30.93) (30.26)			
29.29S	P # 51C	Male 17 & Over 50 Back	4	---	0.11
29.60S	F # 51C	Male 17 & Over 50 Back	5	---	0.42
55.32S	P # 59C	Male 17 & Over 100 Free	4	---	0.60
	26.47	55.32			
	(26.47)	(28.85)			
55.69S	F # 59C	Male 17 & Over 100 Free	5	---	0.97
	26.92	55.69			
	(26.92)	(28.77)			
Harrison Coppen (13) M					
37.51S	P # 4C	Male 13-13 50 Fly	16	---	-1.53
1:14.06S	P # 10C	Male 13-13 100 Free	21	---	-1.79
	35.48	1:14.06			
	(35.48)	(38.58)			
1:28.67S	F # 20C	Male 13-13 100 Breast	6	---	1.17
	41.64	1:28.67			
	(41.64)	(47.03)			
1:29.26S	P # 20C	Male 13-13 100 Breast	7	---	1.76
	42.47	1:29.26			
	(42.47)	(46.79)			
38.10S	P # 24C	Male 13-13 50 Back	12	---	-0.59
2:58.77S	F # 27C	Male 13-13 200 IM	10	---	2.32
	41.81	1:28.24 2:17.14 2:58.77			
	(41.81)	(46.43) (48.90) (41.63)			
2:44.49S	F # 31C	Male 13-13 200 Free	15	---	-4.15
	38.57	1:21.45 2:03.93 2:44.49			
	(38.57)	(42.88) (42.48) (40.56)			
NS	F # 39C	Male 13-13 200 Breast	---	---	---
NS	P # 42C	Male 13-13 100 Back	---	---	---
NS	P # 46C	Male 13-13 50 Free	---	---	---
NS	P # 57C	Male 13-13 50 Breast	---	---	---

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City Of Newport [NWMY] Coach: James Goodwin

Time	F/P/S	Event	Place	Points	Improv
Jensen Copen (15) M					
1:11.38S	P # 5B	Male 15-16 100 Back	13	---	-0.41
	34.88	1:11.38			
	(34.88)	(36.50)			
2:34.91S	F # 13B	Male 15-16 200 Breast	1	---	-1.78
	33.91	1:13.21 1:52.96 2:34.91			
	(33.91)	(39.30) (39.75) (41.95)			
31.13S	P # 14B	Male 15-16 50 Fly	16	---	-2.28
NS	P # 26B	Male 15-16 100 Breast	---	---	---
NS	P # 29B	Male 15-16 50 Free	---	---	---
32.95S	F # 41B	Male 15-16 50 Breast	1	---	0.13
33.51S	P # 41B	Male 15-16 50 Breast	1	---	0.69
NS	F # 44B	Male 15-16 200 IM	---	---	---
NS	F # 48B	Male 15-16 200 Free	---	---	---
31.43S	P # 51B	Male 15-16 50 Back	8	---	-3.46
31.95S	F # 51B	Male 15-16 50 Back	8	---	-2.94
NS	P # 59B	Male 15-16 100 Free	---	---	---
Anna Darwish (15) F					
39.06S	P # 3B	Female 15-16 50 Back	24	---	-1.24
3:01.67S	F # 28B	Female 15-16 200 Back	22	---	0.01
	40.84	1:26.45 2:14.46 3:01.67			
	(40.84)	(45.61) (48.01) (47.21)			
36.83S	P # 40B	Female 15-16 50 Free	45	---	1.27

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Location: Newport International Pool

City Of Newport [NWMY] Coach: James Goodwin

Time	F/P/S	Event	Place	Points	Improv
Gianni Davies (13) M					
20:07.84S	F # 1	Male 12-12 1500 Free	3	---	-43.81
33.32	1:11.91	1:52.72	2:32.38	3:11.19	3:51.95
(33.32)	(38.59)	(40.81)	(39.66)	(38.81)	(40.76)
5:55.04	6:35.55	7:16.42	7:58.42	8:40.87	9:21.83
(42.31)	(40.51)	(40.87)	(42.00)	(42.45)	(40.96)
11:26.05	12:07.94	12:47.70	13:28.34	14:09.71	14:49.72
(40.10)	(41.89)	(39.76)	(40.64)	(41.37)	(40.01)
16:50.18	17:31.22	18:10.14	18:51.25	19:31.80	20:07.84
(40.16)	(41.04)	(38.92)	(41.11)	(40.55)	(36.04)
32.25S	P # 4C	Male 13-13 50 Fly	5	---	-0.26
32.49S	F # 4C	Male 13-13 50 Fly	7	---	-0.02
1:04.23S	P # 10C	Male 13-13 100 Free	3	---	0.04
30.42	1:04.23				
(30.42)	(33.81)				
1:04.93S	F # 10C	Male 13-13 100 Free	5	---	0.74
30.61	1:04.93				
(30.61)	(34.32)				
2:50.55S	F # 16C	Male 13-13 200 Back	9	---	4.61
40.25	1:24.30	2:08.55	2:50.55		
(40.25)	(44.05)	(44.25)	(42.00)		
NS	F # 31C	Male 13-13 200 Free	---	---	---
1:21.64S	P # 42C	Male 13-13 100 Back	11	---	2.87
37.76	1:21.64				
(37.76)	(43.88)				
28.91S	F # 46C	Male 13-13 50 Free	4	---	-0.67
29.07S	P # 46C	Male 13-13 50 Free	4	---	-0.51
1:27.89S	P # 53C	Male 13-13 100 Fly	10	---	6.36
38.11	1:27.89				
(38.11)	(49.78)				
40.08S	F # 57C	Male 13-13 50 Breast	7	---	-0.12
40.37S	P # 57C	Male 13-13 50 Breast	7	---	0.17
5:20.20S	F # 61C	Male 13-13 400 Free	10	---	-23.21
33.16	1:12.57	1:54.49	2:35.62	3:16.72	3:57.93
(33.16)	(39.41)	(41.92)	(41.13)	(41.10)	(41.21)
				(43.23)	(39.04)
Katie English (17) F					
1:00.56S	F # 21C	Female 17 & Over 100 Free	2	---	0.25
29.19	1:00.56				
(29.19)	(31.37)				
1:00.63S	P # 21C	Female 17 & Over 100 Free	3	---	0.32
29.27	1:00.63				
(29.27)	(31.36)				
28.50S	P # 40C	Female 17 & Over 50 Free	4	---	0.71
28.57S	F # 40C	Female 17 & Over 50 Free	4	---	0.78

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City Of Newport [NWMY] Coach: James Goodwin

Time	F/P/S	Event	Place	Points	Improv
Lili Evans (11) F					
41.75S	F # 9A	Female 11-11 50 Fly	7	---	-1.45
41.93S	P # 9A	Female 11-11 50 Fly	8	---	-1.27
1:53.23S	P # 15A	Female 11-11 100 Breast	12	---	-0.08
54.12	1:53.23				
(54.12)	(59.11)				
37.64S	P # 19A	Female 11-11 50 Free	14	---	-0.56
1:24.35S	P # 56A	Female 11-11 100 Free	13	---	-2.21
40.54	1:24.35				
(40.54)	(43.81)				
46.40S	P # 58A	Female 11-11 50 Back	15	---	0.44
Benjamin Fox-Wiltshire (13) M					
33.61S	P # 4C	Male 13-13 50 Fly	9	---	-1.20
1:08.12S	P # 10C	Male 13-13 100 Free	9	---	-0.77
32.32	1:08.12				
(32.32)	(35.80)				
2:39.68S	F # 16C	Male 13-13 200 Back	4	---	-15.00
37.27	1:17.49	1:58.94	2:39.68		
(37.27)	(40.22)	(41.45)	(40.74)		
1:20.84S	P # 20C	Male 13-13 100 Breast	2	---	-2.92
38.01	1:20.84				
(38.01)	(42.83)				
1:22.11S	F # 20C	Male 13-13 100 Breast	2	---	-1.65
39.03	1:22.11				
(39.03)	(43.08)				
35.00S	F # 24C	Male 13-13 50 Back	4	---	0.63
36.19S	P # 24C	Male 13-13 50 Back	7	---	1.82
2:45.19S	F # 27C	Male 13-13 200 IM	6	---	2.10
36.38	1:19.67	2:06.16	2:45.19		
(36.38)	(43.29)	(46.49)	(39.03)		
2:28.02S	F # 31C	Male 13-13 200 Free	5	---	-6.20
33.96	1:12.02	1:50.26	2:28.02		
(33.96)	(38.06)	(38.24)	(37.76)		
NS	F # 39C	Male 13-13 200 Breast	---	---	---
NS	P # 42C	Male 13-13 100 Back	---	---	---
NS	P # 46C	Male 13-13 50 Free	---	---	---
NS	P # 53C	Male 13-13 100 Fly	---	---	---
37.60S	P # 57C	Male 13-13 50 Breast	2	---	-1.14
38.39S	F # 57C	Male 13-13 50 Breast	3	---	-0.35

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Location: Newport International Pool

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Time	F/P/S	Event	Place	Points	Improv
Alex Griffiths (15) M					
1:01.81S	P # 5B	Male 15-16 100 Back	2	---	-1.55
	29.47	1:01.81			
	(29.47)	(32.34)			
27.58S	P # 14B	Male 15-16 50 Fly	2	---	-1.36
27.86S	F # 14B	Male 15-16 50 Fly	2	---	-1.08
4:23.02S	F # 17B	Male 15-16 400 Free	4	---	-20.69
	30.17	1:03.36 1:36.93 2:10.42 2:44.02 3:17.32 3:50.27 4:23.02			
	(30.17)	(33.19) (33.57) (33.49) (33.60) (33.30) (32.95) (32.75)			
24.94S	F # 29B	Male 15-16 50 Free	2	---	-0.31
25.01S	P # 29B	Male 15-16 50 Free	2	---	-0.24
1:01.18S	P # 37B	Male 15-16 100 Fly	2	---	-6.46
	28.06	1:01.18			
	(28.06)	(33.12)			
1:01.83S	F # 37B	Male 15-16 100 Fly	3	---	-5.81
	28.73	1:01.83			
	(28.73)	(33.10)			
1:59.54S	F # 48B	Male 15-16 200 Free	2	---	-6.44
	28.30	58.67 1:29.01 1:59.54			
	(28.30)	(30.37) (30.34) (30.53)			
28.65S	P # 51B	Male 15-16 50 Back	1	---	-0.28
28.86S	F # 51B	Male 15-16 50 Back	1	---	-0.07
54.06S	P # 59B	Male 15-16 100 Free	2	---	-1.55
	25.98	54.06			
	(25.98)	(28.08)			
54.36S	F # 59B	Male 15-16 100 Free	2	---	-1.25
	26.04	54.36			
	(26.04)	(28.32)			
Sophie Harris (13) F					
1:33.18S	P # 15C	Female 13-13 100 Breast	12	---	-0.44
	43.84	1:33.18			
	(43.84)	(49.34)			
33.73S	P # 19C	Female 13-13 50 Free	33	---	0.01
2:56.41S	F # 22C	Female 13-13 200 IM	18	---	0.76
	42.12	1:27.79 2:17.33 2:56.41			
	(42.12)	(45.67) (49.54) (39.08)			
40.22S	F # 35C	Female 13-13 50 Breast	6	---	-2.72
40.96S	P # 35C	Female 13-13 50 Breast	8	---	-1.98
1:11.54S	P # 56C	Female 13-13 100 Free	31	---	-4.32
	34.93	1:11.54			
	(34.93)	(36.61)			
36.94S	P # 58C	Female 13-13 50 Back	13	---	0.21

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Time	F/P/S	Event	Place	Points	Improv
Benjamin Hastings (14) M					
20:46.58S	F # 1	Male 12-12 1500 Free	3	---	4.99
34.56	1:14.17	1:54.71	2:35.37	3:16.47	3:57.75
(34.56)	(39.61)	(40.54)	(40.66)	(41.10)	(41.28)
6:02.60	6:44.26	7:26.16	8:08.35	8:50.89	9:33.27
(41.68)	(41.66)	(41.90)	(42.19)	(42.54)	(42.38)
11:41.19	12:23.97	13:06.48	13:48.78	14:30.92	15:13.33
(42.48)	(42.78)	(42.51)	(42.30)	(42.14)	(42.41)
17:21.17	18:03.36	18:45.41	19:26.63	20:07.81	20:46.58
(42.24)	(42.19)	(42.05)	(41.22)	(41.18)	(38.77)
1:14.46S	F # 5A	Male 14-14 100 Back	3	---	-1.68
36.07	1:14.46				
(36.07)	(38.39)				
1:14.71S	P # 5A	Male 14-14 100 Back	4	---	-1.43
36.43	1:14.71				
(36.43)	(38.28)				
32.46S	P # 14A	Male 14-14 50 Fly	4	---	-1.74
32.50S	F # 14A	Male 14-14 50 Fly	6	---	-1.70
5:12.88S	F # 17A	Male 14-14 400 Free	6	---	-7.22
34.61	1:14.19	1:54.20	2:34.68	3:14.67	3:55.20
(34.61)	(39.58)	(40.01)	(40.48)	(39.99)	(40.53)
2:39.26S	F # 23A	Male 14-14 200 Back	4	---	-5.62
37.01	1:17.27	1:58.53	2:39.26		
(37.01)	(40.26)	(41.26)	(40.73)		
1:27.33S	P # 26A	Male 14-14 100 Breast	6	---	-2.14
41.14	1:27.33				
(41.14)	(46.19)				
1:27.93S	F # 26A	Male 14-14 100 Breast	6	---	-1.54
41.40	1:27.93				
(41.40)	(46.53)				
2:41.78S	F # 32A	Male 14-14 200 Fly	1	---	-5.85
34.22	1:16.19	1:59.01	2:41.78		
(34.22)	(41.97)	(42.82)	(42.77)		
1:13.18S	P # 37A	Male 14-14 100 Fly	3	---	-1.78
33.81	1:13.18				
(33.81)	(39.37)				
1:13.31S	F # 37A	Male 14-14 100 Fly	3	---	-1.65
33.78	1:13.31				
(33.78)	(39.53)				
5:42.47S	F # 54A	Male 14-14 400 IM	3	---	-4.99
34.33	1:14.91	1:58.93	2:42.48	3:32.73	4:23.13
(34.33)	(40.58)	(44.02)	(43.55)	(50.25)	(50.40)
1:06.99S	P # 59A	Male 14-14 100 Free	7	---	-1.02
32.04	1:06.99				
(32.04)	(34.95)				
1:07.00S	F # 59A	Male 14-14 100 Free	7	---	-1.01
32.21	1:07.00				
(32.21)	(34.79)				

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Time	F/P/S	Event	Place	Points	Improv
Bethan Holmes (12) F					
34.88S	P # 19B	Female 12-12 50 Free	16	---	0.14
3:17.20S	F # 22B	Female 12-12 200 IM	21	---	-0.65
	45.37	1:32.16 2:30.97 3:17.20			
	(45.37)	(46.79) (58.81) (46.23)			
2:59.97S	F # 34B	Female 12-12 200 Back	9	---	-7.07
	42.97	1:30.13 2:16.08 2:59.97			
	(42.97)	(47.16) (45.95) (43.89)			
1:24.10S	P # 47B	Female 12-12 100 Back	10	---	-3.87
	40.82	1:24.10			
	(40.82)	(43.28)			
1:20.07S	P # 56B	Female 12-12 100 Free	16	---	-0.14
	36.43	1:20.07			
	(36.43)	(43.64)			
39.21S	P # 58B	Female 12-12 50 Back	10	---	-0.76
Ellana Horton (16) F					
33.09S	P # 3B	Female 15-16 50 Back	6	---	0.16
33.27S	F # 3B	Female 15-16 50 Back	7	---	0.34
34.92S	P # 30B	Female 15-16 50 Breast	2	---	-0.26
35.24S	F # 30B	Female 15-16 50 Breast	3	---	0.06
1:09.83S	P # 36B	Female 15-16 100 Back	5	---	-0.17
	34.15	1:09.83			
	(34.15)	(35.68)			
1:10.56S	F # 36B	Female 15-16 100 Back	7	---	0.56
	34.25	1:10.56			
	(34.25)	(36.31)			
2:45.69S	F # 50B	Female 15-16 200 Breast	2	---	4.18
	37.92	1:20.46 2:03.05 2:45.69			
	(37.92)	(42.54) (42.59) (42.64)			
1:15.85S	F # 60B	Female 15-16 100 Breast	3	---	-0.02
	35.62	1:15.85			
	(35.62)	(40.23)			
1:16.59S	P # 60B	Female 15-16 100 Breast	3	---	0.72
	36.24	1:16.59			
	(36.24)	(40.35)			
Finnley Johnson (15) M					
38.29S	P # 41B	Male 15-16 50 Breast	11	---	-1.59
2:43.52S	F # 44B	Male 15-16 200 IM	16	---	1.91
	34.70	1:17.03 2:06.22 2:43.52			
	(34.70)	(42.33) (49.19) (37.30)			
Danny Jones (15) M					
28.76S	P # 29B	Male 15-16 50 Free	18	---	-1.24
NS	F # 44B	Male 15-16 200 IM	---	---	---
NS	P # 59B	Male 15-16 100 Free	---	---	---

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South East Wales Regional Championships 02-Feb-18 to 11-Feb-18 [Ageup: 31/12/2018] SC Meters

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City Of Newport [NWMY] Coach: James Goodwin

Time	F/P/S	Event	Place	Points	Improv
Emily Jones (13) F					
1:17.27S	DQ	P # 15C Female 13-13 100 Breast	---	---	---
		37.14 1:17.27			
		(37.14) (40.13)			
30.85S	P # 19C	Female 13-13 50 Free	11	---	-0.42
2:37.25S	F # 22C	Female 13-13 200 IM	4	---	-1.52
		34.65 1:15.97 2:00.43 2:37.25			
		(34.65) (41.32) (44.46) (36.82)			
NS	P # 35C	Female 13-13 50 Breast	---	---	---
NS	F # 38C	Female 13-13 400 Free	---	---	---
Lucy Jones (11) F					
2:40.45S	F # 8A	Female 11-11 200 Free	4	---	-1.89
		37.83 1:18.91 2:00.41 2:40.45			
		(37.83) (41.08) (41.50) (40.04)			
37.78S	P # 9A	Female 11-11 50 Fly	4	---	-2.05
37.93S	F # 9A	Female 11-11 50 Fly	4	---	-1.90
1:35.67S	P # 15A	Female 11-11 100 Breast	3	---	-7.49
		45.53 1:35.67			
		(45.53) (50.14)			
1:35.85S	F # 15A	Female 11-11 100 Breast	3	---	-7.31
		45.14 1:35.85			
		(45.14) (50.71)			
33.12S	P # 19A	Female 11-11 50 Free	3	---	-0.41
NS	P # 56A	Female 11-11 100 Free	---	---	---
NS	P # 58A	Female 11-11 50 Back	---	---	---
Brandon Keenan (13) M					
35.76S	P # 4C	Male 13-13 50 Fly	12	---	-2.51
1:13.81S	P # 10C	Male 13-13 100 Free	19	---	0.04
		35.03 1:13.81			
		(35.03) (38.78)			
2:46.11S	F # 16C	Male 13-13 200 Back	7	---	-25.33
		38.44 1:21.47 2:05.74 2:46.11			
		(38.44) (43.03) (44.27) (40.37)			
1:32.20S	P # 20C	Male 13-13 100 Breast	9	---	-4.56
		43.65 1:32.20			
		(43.65) (48.55)			
1:37.89S	F # 20C	Male 13-13 100 Breast	8	---	1.13
		45.81 1:37.89			
		(45.81) (52.08)			
36.24S	P # 24C	Male 13-13 50 Back	8	---	-1.18
36.27S	F # 24C	Male 13-13 50 Back	6	---	-1.15
2:42.48S	F # 31C	Male 13-13 200 Free	13	---	-2.77
		35.87 1:18.44 1:59.84 2:42.48			
		(35.87) (42.57) (41.40) (42.64)			
1:18.76S	P # 42C	Male 13-13 100 Back	9	---	-2.60
		38.09 1:18.76			
		(38.09) (40.67)			
32.31S	P # 46C	Male 13-13 50 Free	14	---	-1.27
42.62S	P # 57C	Male 13-13 50 Breast	10	---	-3.05

Individual Meet Results

South East Wales Regional Championships 02-Feb-18 to 11-Feb-18 [Ageup: 31/12/2018] SC Meters

Location: Newport International Pool

City Of Newport [NWMY] Coach: James Goodwin

Time	F/P/S	Event	Place	Points	Improv
Jack Knight (15) M					
1:03.79S	P # 5B	Male 15-16 100 Back	5	---	-0.61
	30.73	1:03.79			
	(30.73)	(33.06)			
1:04.14S	F # 5B	Male 15-16 100 Back	3	---	-0.26
	31.76	1:04.14			
	(31.76)	(32.38)			
2:16.86S	F # 23B	Male 15-16 200 Back	2	---	-13.72
	32.66	1:08.32 1:44.46 2:16.86			
	(32.66)	(35.66) (36.14) (32.40)			
27.05S	P # 29B	Male 15-16 50 Free	7	---	-2.87
1:04.43S	P # 37B	Male 15-16 100 Fly	7	---	-5.43
	29.78	1:04.43			
	(29.78)	(34.65)			
1:04.71S	F # 37B	Male 15-16 100 Fly	7	---	-5.15
	29.67	1:04.71			
	(29.67)	(35.04)			
2:07.24S	F # 48B	Male 15-16 200 Free	8	---	-18.20
	29.04	1:02.00 1:35.05 2:07.24			
	(29.04)	(32.96) (33.05) (32.19)			
58.03S	P # 59B	Male 15-16 100 Free	9	---	-1.25
	27.94	58.03			
	(27.94)	(30.09)			
Ben Langdon (15) M					
28.46S	F # 14B	Male 15-16 50 Fly	5	---	-1.45
28.72S	P # 14B	Male 15-16 50 Fly	6	---	-1.19
26.33S	F # 29B	Male 15-16 50 Free	6	---	-0.12
26.49S	P # 29B	Male 15-16 50 Free	5	---	0.04
1:03.14S	P # 37B	Male 15-16 100 Fly	3	---	-3.28
	29.53	1:03.14			
	(29.53)	(33.61)			
1:03.63S	F # 37B	Male 15-16 100 Fly	4	---	-2.79
	29.58	1:03.63			
	(29.58)	(34.05)			
2:06.72S	F # 48B	Male 15-16 200 Free	6	---	-1.47
	29.24	1:01.23 1:33.89 2:06.72			
	(29.24)	(31.99) (32.66) (32.83)			

Individual Meet Results

South East Wales Regional Championships 02-Feb-18 to 11-Feb-18 [Ageup: 31/12/2018] SC Meters

Location: Newport International Pool

City Of Newport [NWMY] Coach: James Goodwin

Time	F/P/S	Event	Place	Points	Improv
Sophie Linton (15) F					
1:01.51S	F # 21B	Female 15-16 100 Free	4	---	0.05
	29.61	1:01.51			
	(29.61)	(31.90)			
1:01.54S	P # 21B	Female 15-16 100 Free	4	---	0.08
	29.54	1:01.54			
	(29.54)	(32.00)			
27.74S	F # 40B	Female 15-16 50 Free	1	---	-0.92
28.12S	P # 40B	Female 15-16 50 Free	1	---	-0.54
2:32.55S	F # 43B	Female 15-16 200 IM	2	---	-3.33
	32.80	1:11.81 1:58.04 2:32.55			
	(32.80)	(39.01) (46.23) (34.51)			
30.37S	F # 52B	Female 15-16 50 Fly	2	---	-0.69
30.64S	P # 52B	Female 15-16 50 Fly	2	---	-0.42
Sebastian Major (12) M					
1:20.90S	F # 42B	Male 12-12 100 Back	4	---	-7.64
	40.24	1:20.90			
	(40.24)	(40.66)			
1:20.94S	P # 42B	Male 12-12 100 Back	4	---	-7.60
	40.42	1:20.94			
	(40.42)	(40.52)			
30.41S	F # 46B	Male 12-12 50 Free	4	---	-2.50
30.78S	P # 46B	Male 12-12 50 Free	4	---	-2.13
1:16.23S	F # 53B	Male 12-12 100 Fly	2	---	-6.93
	36.19	1:16.23			
	(36.19)	(40.04)			
1:17.08S	P # 53B	Male 12-12 100 Fly	2	---	-6.08
	36.29	1:17.08			
	(36.29)	(40.79)			
43.64S	P # 57B	Male 12-12 50 Breast	5	---	-6.42
43.80S	F # 57B	Male 12-12 50 Breast	5	---	-6.26
5:11.57S	F # 61B	Male 12-12 400 Free	4	---	-27.89
	35.89	1:16.17 1:56.60 2:36.30 3:16.11 3:55.96 4:35.44 5:11.57			
	(35.89)	(40.28) (40.43) (39.70) (39.81) (39.85) (39.48) (36.13)			
Alice Manship (17) F					
NS	P # 30C	Female 17 & Over 50 Breast	---	---	---
NS	P # 60C	Female 17 & Over 100 Breast	---	---	---
Millie Mulligan (13) F					
10:14.82S	F # 2C	Female 13-13 800 Free	3	---	-33.80
	34.20	1:12.18 1:50.23 2:28.95 3:06.64 3:45.30 4:24.50 5:03.13			
	(34.20)	(37.98) (38.05) (38.72) (37.69) (38.66) (39.20) (38.63)			
	5:42.75	6:21.64 7:01.95 7:40.64 8:19.31 8:59.16 9:37.88 10:14.82			
	(39.62)	(38.89) (40.31) (38.69) (38.67) (39.85) (38.72) (36.94)			
NS	P # 9C	Female 13-13 50 Fly	---	---	---
NS	F # 12C	Female 13-13 400 IM	---	---	---
NS	P # 25C	Female 13-13 100 Fly	---	---	---
NS	F # 62C	Female 13-13 200 Fly	---	---	---

Individual Meet Results

South East Wales Regional Championships 02-Feb-18 to 11-Feb-18 [Ageup: 31/12/2018] SC Meters

Location: Newport International Pool

City Of Newport [NWMY] Coach: James Goodwin

Time	F/P/S	Event	Place	Points	Improv
Megan Peacock (13) F					
35.48S	P # 19C	Female 13-13 50 Free	37	---	-0.21
NS	P # 35C	Female 13-13 50 Breast	---	---	---
NS	F # 45C	Female 13-13 200 Breast	---	---	---
Joshua Phillips (14) M					
31.66S	P # 51A	Male 14-14 50 Back	1	---	-0.90
31.85S	F # 51A	Male 14-14 50 Back	2	---	-0.71
DNF	P # 59A	Male 14-14 100 Free	---	---	---
Neve Powell (14) F					
3:08.15S	F # 43A	Female 14-14 200 IM	29	---	-2.78
42.27	1:30.03	2:24.73	3:08.15		
(42.27)	(47.76)	(54.70)	(43.42)		
40.15S	P # 52A	Female 14-14 50 Fly	22	---	0.26
Katie Preece (13) F					
31.45S	P # 19C	Female 13-13 50 Free	15	---	-0.11
2:57.84S	F # 22C	Female 13-13 200 IM	21	---	2.69
38.15	1:23.35	2:19.35	2:57.84		
(38.15)	(45.20)	(56.00)	(38.49)		
43.41S	P # 35C	Female 13-13 50 Breast	16	---	-1.52
1:17.91S	P # 47C	Female 13-13 100 Back	12	---	-1.88
37.66	1:17.91				
(37.66)	(40.25)				
1:09.55S	P # 56C	Female 13-13 100 Free	21	---	-1.71
33.15	1:09.55				
(33.15)	(36.40)				
37.01S	P # 58C	Female 13-13 50 Back	14	---	-0.55
Toby Preece (11) M					
38.87S	F # 4A	Male 11-11 50 Fly	3	---	-3.72
40.33S	P # 4A	Male 11-11 50 Fly	5	---	-2.26
38.42S	P # 24A	Male 11-11 50 Back	2	---	-2.06
38.71S	F # 24A	Male 11-11 50 Back	2	---	-1.77
32.84S	P # 46A	Male 11-11 50 Free	3	---	-0.46
32.99S	F # 46A	Male 11-11 50 Free	3	---	-0.31
44.29S	F # 57A	Male 11-11 50 Breast	4	---	-0.79
44.50S	P # 57A	Male 11-11 50 Breast	4	---	-0.58
Freya Rose (13) F					
NS	F # 8C	Female 13-13 200 Free	---	---	---
33.38S	P # 19C	Female 13-13 50 Free	32	---	-0.90
1:12.65S	P # 56C	Female 13-13 100 Free	35	---	-1.99
34.32	1:12.65				
(34.32)	(38.33)				
40.18S	P # 58C	Female 13-13 50 Back	26	---	-2.36
Darshan Selvakumaran (14) M					
33.87S	P # 14A	Male 14-14 50 Fly	8	---	-1.31
34.71S	F # 14A	Male 14-14 50 Fly	8	---	-0.47
32.26S	P # 29A	Male 14-14 50 Free	11	---	-1.20

Individual Meet Results

South East Wales Regional Championships 02-Feb-18 to 11-Feb-18 [Ageup: 31/12/2018] SC Meters

Location: Newport International Pool

City Of Newport [NWMY] Coach: James Goodwin

Time	F/P/S	Event	Place	Points	Improv
Beth Simmons (13) F					
1:22.65S	P # 15C	Female 13-13 100 Breast	2	---	-1.43
	39.40	1:22.65			
	(39.40)	(43.25)			
1:23.10S	F # 15C	Female 13-13 100 Breast	3	---	-0.98
	39.52	1:23.10			
	(39.52)	(43.58)			
2:44.39S	F # 22C	Female 13-13 200 IM	9	---	-0.49
	36.31	1:18.12 2:04.42 2:44.39			
	(36.31)	(41.81) (46.30) (39.97)			
2:45.74S	F # 34C	Female 13-13 200 Back	7	---	0.21
	38.76	1:19.87 2:03.58 2:45.74			
	(38.76)	(41.11) (43.71) (42.16)			
39.99S	F # 35C	Female 13-13 50 Breast	5	---	-0.94
40.31S	P # 35C	Female 13-13 50 Breast	6	---	-0.62
2:58.01S	F # 45C	Female 13-13 200 Breast	2	---	-1.09
	42.48	1:27.77 2:12.67 2:58.01			
	(42.48)	(45.29) (44.90) (45.34)			
1:11.49S	P # 56C	Female 13-13 100 Free	30	---	-0.73
	34.39	1:11.49			
	(34.39)	(37.10)			
Thillai Sivaramakrishnan (14) M					
34.53S	P # 14A	Male 14-14 50 Fly	10	---	-0.52
32.95S	P # 29A	Male 14-14 50 Free	12	---	-0.84

Individual Meet Results

South East Wales Regional Championships 02-Feb-18 to 11-Feb-18 [Ageup: 31/12/2018] SC Meters

Location: Newport International Pool

City Of Newport [NWMY] Coach: James Goodwin

Time	F/P/S	Event	Place	Points	Improv
Adam Steven (12) M					
21:04.61S	F # 1A	Male 12-12 1500 Free	2	---	-100.12
	37.67	1:18.54 1:59.57 2:41.47 3:23.45 4:05.79 4:47.87 5:30.13			
	(37.67)	(40.87) (41.03) (41.90) (41.98) (42.34) (42.08) (42.26)			
	6:11.89	6:54.23 7:36.36 8:19.40 9:02.10 9:44.16 10:26.68 11:09.66			
	(41.76)	(42.34) (42.13) (43.04) (42.70) (42.06) (42.52) (42.98)			
	11:52.95	12:35.71 13:19.59 14:02.68 14:46.01 15:28.91 16:11.44 16:53.77			
	(43.29)	(42.76) (43.88) (43.09) (43.33) (42.90) (42.53) (42.33)			
	17:36.77	18:19.61 19:02.79 19:45.66 20:25.39 21:04.61			
	(43.00)	(42.84) (43.18) (42.87) (39.73) (39.22)			
36.71S DQ	P # 4B	Male 12-12 50 Fly	---	---	---
1:10.01S	F # 10B	Male 12-12 100 Free	4	---	-1.85
	33.99	1:10.01			
	(33.99)	(36.02)			
1:10.43S	P # 10B	Male 12-12 100 Free	4	---	-1.43
	33.33	1:10.43			
	(33.33)	(37.10)			
1:26.15S	F # 20B	Male 12-12 100 Breast	1	---	-10.67
	39.89	1:26.15			
	(39.89)	(46.26)			
1:27.65S	P # 20B	Male 12-12 100 Breast	1	---	-9.17
	40.65	1:27.65			
	(40.65)	(47.00)			
2:27.25S	F # 31B	Male 12-12 200 Free	2	---	-16.16
	34.81	1:13.32 1:51.51 2:27.25			
	(34.81)	(38.51) (38.19) (35.74)			
3:08.40S	F # 39B	Male 12-12 200 Breast	3	---	-24.26
	42.27	1:30.67 2:20.11 3:08.40			
	(42.27)	(48.40) (49.44) (48.29)			
30.00S	F # 46B	Male 12-12 50 Free	3	---	-1.61
30.25S	P # 46B	Male 12-12 50 Free	3	---	-1.36
5:09.48S	F # 61B	Male 12-12 400 Free	3	---	-31.91
	34.79	1:14.11 1:54.10 2:33.46 3:13.47 3:53.42 4:33.34 5:09.48			
	(34.79)	(39.32) (39.99) (39.36) (40.01) (39.95) (39.92) (36.14)			

Individual Meet Results

South East Wales Regional Championships 02-Feb-18 to 11-Feb-18 [Ageup: 31/12/2018] SC Meters

Location: Newport International Pool

City Of Newport [NWMY] Coach: James Goodwin

Time	F/P/S	Event	Place	Points	Improv
Ryan Steven (16) M					
19:05.93S	F # 1	Male 12-12 1500 Free	8	---	1.67
	31.43	1:07.94 1:44.86 2:22.15 2:59.20 3:36.80 4:14.67 4:52.40			
	(31.43)	(36.51) (36.92) (37.29) (37.05) (37.60) (37.87) (37.73)			
	5:30.32	6:08.00 6:46.38 7:25.54 8:03.65 8:42.32 9:21.20 9:59.61			
	(37.92)	(37.68) (38.38) (39.16) (38.11) (38.67) (38.88) (38.41)			
	10:38.24	11:17.81 11:57.03 12:36.42 13:15.31 13:54.65 14:33.98 15:13.37			
	(38.63)	(39.57) (39.22) (39.39) (38.89) (39.34) (39.33) (39.39)			
	15:52.82	16:31.94 17:11.13 17:50.44 18:29.06 19:05.93			
	(39.45)	(39.12) (39.19) (39.31) (38.62) (36.87)			
31.32S	P # 14B	Male 15-16 50 Fly	17	---	-1.56
4:48.75S	F # 17B	Male 15-16 400 Free	14	---	1.59
	32.02	1:08.38 1:45.39 2:23.00 3:00.46 3:37.49 4:14.41 4:48.75			
	(32.02)	(36.36) (37.01) (37.61) (37.46) (37.03) (36.92) (34.34)			
27.99S	P # 29B	Male 15-16 50 Free	11	---	0.02
2:38.63S	F # 32B	Male 15-16 200 Fly	6	---	-1.34
	35.02	1:14.51 1:56.31 2:38.63			
	(35.02)	(39.49) (41.80) (42.32)			
1:09.45S	P # 37B	Male 15-16 100 Fly	13	---	-2.10
	32.18	1:09.45			
	(32.18)	(37.27)			
2:14.54S	F # 48B	Male 15-16 200 Free	14	---	-0.82
	32.77	1:07.10 1:41.47 2:14.54			
	(32.77)	(34.33) (34.37) (33.07)			
1:00.83S	P # 59B	Male 15-16 100 Free	17	---	-0.96
	29.71	1:00.83			
	(29.71)	(31.12)			

Individual Meet Results

South East Wales Regional Championships 02-Feb-18 to 11-Feb-18 [Ageup: 31/12/2018] SC Meters

Location: Newport International Pool

City Of Newport [NWMY] Coach: James Goodwin

Time	F/P/S	Event	Place	Points	Improv
Isobel Stevens (13) F					
2:22.30S	F # 8C	Female 13-13 200 Free	8	---	-3.12
	33.35	1:09.84 1:47.14 2:22.30			
	(33.35)	(36.49) (37.30) (35.16)			
32.86S	F # 9C	Female 13-13 50 Fly	6	---	-1.73
33.74S	P # 9C	Female 13-13 50 Fly	8	---	-0.85
5:35.58S	F # 12C	Female 13-13 400 IM	2	---	-5.69
	36.31	1:17.83 2:01.36 2:43.45 3:31.14 4:20.08 4:59.24 5:35.58			
	(36.31)	(41.52) (43.53) (42.09) (47.69) (48.94) (39.16) (36.34)			
30.30S	P # 19C	Female 13-13 50 Free	10	---	-1.22
2:42.17S	F # 22C	Female 13-13 200 IM	7	---	-4.78
	35.56	1:17.67 2:06.34 2:42.17			
	(35.56)	(42.11) (48.67) (35.83)			
1:13.18S	P # 25C	Female 13-13 100 Fly	3	---	-5.57
	34.24	1:13.18			
	(34.24)	(38.94)			
1:13.93S	F # 25C	Female 13-13 100 Fly	3	---	-4.82
	34.45	1:13.93			
	(34.45)	(39.48)			
NS	P # 35C	Female 13-13 50 Breast	---	---	---
NS	F # 38C	Female 13-13 400 Free	---	---	---
1:05.86S	P # 56C	Female 13-13 100 Free	10	---	-2.48
	31.55	1:05.86			
	(31.55)	(34.31)			
2:45.08S	F # 62C	Female 13-13 200 Fly	2	---	3.13
	35.68	1:17.77 2:01.80 2:45.08			
	(35.68)	(42.09) (44.03) (43.28)			
Jessica Sweeney (13) F					
3:24.59S	F # 45C	Female 13-13 200 Breast	12	---	-7.16
	46.03	1:38.54 2:32.49 3:24.59			
	(46.03)	(52.51) (53.95) (52.10)			
Emyr Thomas (17) M					
17:58.49S	F # 1	Male 12-12 1500 Free	2	---	7.67
	29.85	1:03.32 1:38.15 2:12.92 2:48.42 3:23.80 4:00.26 4:36.61			
	(29.85)	(33.47) (34.83) (34.77) (35.50) (35.38) (36.46) (36.35)			
	5:12.71	5:49.21 6:25.43 7:01.99 7:38.80 8:15.63 8:52.12 9:28.59			
	(36.10)	(36.50) (36.22) (36.56) (36.81) (36.83) (36.49) (36.47)			
	10:05.32	10:41.83 11:18.59 11:55.96 12:32.40 13:09.48 13:45.96 14:22.70			
	(36.73)	(36.51) (36.76) (37.37) (36.44) (37.08) (36.48) (36.74)			
	14:59.21	15:36.64 16:12.69 16:49.58 17:25.22 17:58.49			
	(36.51)	(37.43) (36.05) (36.89) (35.64) (33.27)			
4:28.02S	F # 17C	Male 17 & Over 400 Free	5	---	-3.29
	30.00	1:03.61 1:37.40 2:12.22 2:45.89 3:20.52 3:55.46 4:28.02			
	(30.00)	(33.61) (33.79) (34.82) (33.67) (34.63) (34.94) (32.56)			
2:19.11S	F # 23C	Male 17 & Over 200 Back	4	---	-3.36
	32.64	1:07.70 1:43.90 2:19.11			
	(32.64)	(35.06) (36.20) (35.21)			
2:04.57S	F # 48C	Male 17 & Over 200 Free	5	---	-4.65
	28.48	1:00.00 1:32.63 2:04.57			
	(28.48)	(31.52) (32.63) (31.94)			

Individual Meet Results

South East Wales Regional Championships 02-Feb-18 to 11-Feb-18 [Ageup: 31/12/2018] SC Meters

Location: Newport International Pool

City Of Newport [NWMY] Coach: James Goodwin

Time	F/P/S	Event	Place	Points	Improv
Lowri Trenchard (12) F					
1:44.62S	P # 15B	Female 12-12 100 Breast	13	---	-3.25
	49.61	1:44.62			
	(49.61)	(55.01)			
47.10S	P # 35B	Female 12-12 50 Breast	14	---	0.50
Eleanor Walker (13) F					
34.90S	P # 9C	Female 13-13 50 Fly	11	---	-0.48
6:12.07S	F # 12C	Female 13-13 400 IM	6	---	0.11
	37.85	1:24.34 2:11.71 2:57.65 3:50.60 4:41.84 5:27.57 6:12.07			
	(37.85)	(46.49) (47.37) (45.94) (52.95) (51.24) (45.73) (44.50)			
1:24.85S	F # 15C	Female 13-13 100 Breast	4	---	-3.78
	40.03	1:24.85			
	(40.03)	(44.82)			
1:28.68S	P # 15C	Female 13-13 100 Breast	5	---	0.05
	42.21	1:28.68			
	(42.21)	(46.47)			
2:51.47S	F # 22C	Female 13-13 200 IM	15	---	-6.09
	35.76	1:17.77 2:08.77 2:51.47			
	(35.76)	(42.01) (51.00) (42.70)			
1:17.58S	F # 25C	Female 13-13 100 Fly	4	---	-5.33
	35.60	1:17.58			
	(35.60)	(41.98)			
1:18.85S	P # 25C	Female 13-13 100 Fly	5	---	-4.06
	35.81	1:18.85			
	(35.81)	(43.04)			
2:47.93S	F # 34C	Female 13-13 200 Back	8	---	-2.39
	39.55	1:23.02 2:06.94 2:47.93			
	(39.55)	(43.47) (43.92) (40.99)			
39.74S	F # 35C	Female 13-13 50 Breast	4	---	-1.13
39.76S	P # 35C	Female 13-13 50 Breast	4	---	-1.11
3:07.28S	F # 45C	Female 13-13 200 Breast	6	---	-2.85
	41.91	1:29.26 2:19.72 3:07.28			
	(41.91)	(47.35) (50.46) (47.56)			
1:19.81S	P # 47C	Female 13-13 100 Back	16	---	-1.05
	38.74	1:19.81			
	(38.74)	(41.07)			
36.10S	F # 58C	Female 13-13 50 Back	8	---	-1.65
36.12S	P # 58C	Female 13-13 50 Back	7	---	-1.63
Emily Walker (11) F					
1:50.80S	P # 15A	Female 11-11 100 Breast	11	---	-2.16
	53.00	1:50.80			
	(53.00)	(57.80)			
40.05S	P # 19A	Female 11-11 50 Free	20	---	-2.48
52.16S	P # 35A	Female 11-11 50 Breast	9	---	-0.23
3:55.08S	F # 45A	Female 11-11 200 Breast	6	---	-5.44
	55.00	1:55.33 2:55.15 3:55.08			
	(55.00)	(1:00.33) (59.82) (59.93)			

Individual Meet Results

South East Wales Regional Championships 02-Feb-18 to 11-Feb-18 [Ageup: 31/12/2018] SC Meters

Location: Newport International Pool

City Of Newport [NWMY] Coach: James Goodwin

Time	F/P/S	Event	Place	Points	Improv
Ellie Ward (14) F					
9:56.70S	F # 2D	Female 14-14 800 Free	4	---	-25.87
	33.14	1:09.74 1:48.09 2:25.64 3:02.70 3:39.63 4:17.40 4:55.21			
	(33.14)	(36.60) (38.35) (37.55) (37.06) (36.93) (37.77) (37.81)			
	5:32.94	6:11.23 6:49.13 7:27.19 8:04.94 8:42.76 9:19.76 9:56.70			
	(37.73)	(38.29) (37.90) (38.06) (37.75) (37.82) (37.00) (36.94)			
34.13S	F # 3A	Female 14-14 50 Back	8	---	-0.87
34.29S	P # 3A	Female 14-14 50 Back	8	---	-0.71
5:29.11S	F # 6A	Female 14-14 400 IM	2	---	-7.01
	36.45	1:18.96 2:02.43 2:44.47 3:29.23 4:13.97 4:52.22 5:29.11			
	(36.45)	(42.51) (43.47) (42.04) (44.76) (44.74) (38.25) (36.89)			
2:21.13S	F # 18A	Female 14-14 200 Free	12	---	-7.48
	32.78	1:08.88 1:45.94 2:21.13			
	(32.78)	(36.10) (37.06) (35.19)			
1:05.39S	P # 21A	Female 14-14 100 Free	13	---	-3.60
	31.22	1:05.39			
	(31.22)	(34.17)			
2:36.81S	F # 28A	Female 14-14 200 Back	8	---	-7.57
	37.46	1:17.82 1:58.35 2:36.81			
	(37.46)	(40.36) (40.53) (38.46)			
37.25S	F # 30A	Female 14-14 50 Breast	4	---	-1.17
37.71S	P # 30A	Female 14-14 50 Breast	5	---	-0.71
1:14.54S	P # 36A	Female 14-14 100 Back	11	---	-2.50
	35.87	1:14.54			
	(35.87)	(38.67)			
29.80S	P # 40A	Female 14-14 50 Free	9	---	-1.51
2:35.28S	F # 43A	Female 14-14 200 IM	3	---	-5.57
	33.42	1:14.00 1:59.10 2:35.28			
	(33.42)	(40.58) (45.10) (36.18)			
2:46.69S	F # 50A	Female 14-14 200 Breast	2	---	-4.64
	38.39	1:21.36 2:04.71 2:46.69			
	(38.39)	(42.97) (43.35) (41.98)			
32.18S	P # 52A	Female 14-14 50 Fly	6	---	-1.11
32.27S	F # 52A	Female 14-14 50 Fly	5	---	-1.02
4:55.36S	F # 55A	Female 14-14 400 Free	6	---	-9.10
	33.48	1:10.38 1:48.72 2:27.33 3:04.98 3:42.83 4:19.84 4:55.36			
	(33.48)	(36.90) (38.34) (38.61) (37.65) (37.85) (37.01) (35.52)			
1:20.39S	F # 60A	Female 14-14 100 Breast	3	---	-0.38
	37.85	1:20.39			
	(37.85)	(42.54)			
1:20.42S	P # 60A	Female 14-14 100 Breast	3	---	-0.35
	38.18	1:20.42			
	(38.18)	(42.24)			

Individual Meet Results
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Location: Newport International Pool
City Of Newport [NWMY] Coach: James Goodwin

Time	F/P/S	Event	Place	Points	Improv
James Watkins (14) M					
3:04.50S	F # 13A	Male 14-14 200 Breast	5	---	-9.25
	39.74	1:25.29 2:14.46 3:04.50			
	(39.74)	(45.55) (49.17) (50.04)			
34.54S	P # 14A	Male 14-14 50 Fly	11	---	-1.12
1:24.58S	F # 26A	Male 14-14 100 Breast	4	---	-5.67
	39.43	1:24.58			
	(39.43)	(45.15)			
1:24.90S	P # 26A	Male 14-14 100 Breast	4	---	-5.35
	39.75	1:24.90			
	(39.75)	(45.15)			
30.77S	P # 29A	Male 14-14 50 Free	8	---	-0.47
30.82S	F # 29A	Male 14-14 50 Free	7	---	-0.42
William Watkins (13) M					
34.52S	P # 46C	Male 13-13 50 Free	20	---	-0.90